

## Dancing With Covid

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## Dancing protein clouds: Intrinsically disordered proteins in health and disease, Part A

An A-Z celebration of the world of ballet, from the renowned American Ballet Theatre. A is for

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arabesque, B is for Baryshnikov, and C is for Coppélia in this beautifully illustrated, rhyming A-Z of ballet terminology, stars, dances, positions, creators, history, and more. In partnership with the American Ballet Theatre, here is a book that fans will adore, from children just starting ballet to adults who avidly follow this graceful artform. Written by the acclaimed author of *A Is for Audra: Broadway's Leading Ladies from A-Z*, the dazzling, creative wordplay forms a graceful pas de deux with the stylish, swooping lines and rich color of the sumptuous illustrations, making this a highly giftable book to give to any dance fan. A glossary of terms, biographies, and dance history completes this beautiful and informational volume.

### **Nutcracker Nation**

"Sarah Kaufman offers an old-fashioned cure for a modern-day ailment. The remedy for our culture of coarseness is grace...This is an elegant, compelling, and, yes, graceful book."  
—Daniel H. Pink, author of *Drive* In this joyful exploration of grace's many forms, Pulitzer Prize-winning critic Sarah L. Kaufman celebrates a too-often-forgotten philosophy of living that promotes human connection and fulfillment. Drawing on the arts, sports, the humanities, and everyday life—as well as the latest findings in neuroscience and health research—Kaufman illuminates how our bodies and our brains are designed for grace. She promotes a holistic appreciation and practice of grace, as the joining of body, mind, and spirit, and as a way to nurture ourselves and others.

### **Nigeria**

In *Dance of the Trillions*, David Lubin tells the story of what makes money flow from high-income countries to lower-income ones; what makes it flow out again; and how developing countries have sought protection against the volatility of international capital flows. The book traces an arc from the 1970s, when developing countries first gained access to international financial markets, to the present day. Underlying this story is a discussion of how the relationship between developing countries and global finance appears to be moving from one governed by the “Washington Consensus” to one more likely to be shaped by Beijing.

### **Dance Nation**

This book is both a handbook for defining and completing a research project, and an astute introduction to the neglected history and changeable philosophy of modern social science.

### **Dancing Cats and Neglected Murderesses**

*Who Says Elephants Can't Dance?* sums up Lou Gerstner's historic business achievement, bringing IBM back from the brink of insolvency to lead the computer business once again. Offering a unique case study drawn from decades of experience at some of America's top companies -- McKinsey, American Express, RJR Nabisco -- Gerstner's insights into

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management and leadership are applicable to any business, at any level. Ranging from strategy to public relations, from finance to organization, Gerstner reveals the lessons of a lifetime running highly successful companies.

### **Perpetual Motion**

Telling a riveting true story of the emergence and development of an American icon, this book traces swing dancing from its origins to its status as a modern-day art form. • Contains insights from personal interviews with a variety of prominent dancers, scholars, and historians • Presents a chronology of the emergence of vernacular American dancing and the development of swing, from colonial times to the present day • Includes numerous illustrations and photographs depicting the diverse influences on the genre, from legendary musicians to iconic swing dancers and more • Contains a select bibliography of diverse source material, such as books, films, and magazine and newspaper articles • Provides a helpful index offering access to names, places, people, and all important subjects

### **Love Saves the Day**

A winning, irreverent debut novel about a family wrestling with its future and its past—for readers of J. Courtney Sullivan, Meg Wolitzer, Mona Simpson, and Jhumpa Lahiri **NAMED ONE OF THE BEST BOOKS OF THE YEAR BY THE BOSTON GLOBE, KIRKUS REVIEWS,**

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BUSTLE, AND EMILY GOULD, THE MILLIONS With depth, heart, and agility, debut novelist Mira Jacob takes us on a deftly plotted journey that ranges from 1970s India to suburban 1980s New Mexico to Seattle during the dot.com boom. *The Sleepwalker's Guide to Dancing* is an epic, irreverent testimony to the bonds of love, the pull of hope, and the power of making peace with life's uncertainties. Celebrated brain surgeon Thomas Eapen has been sitting on his porch, talking to dead relatives. At least that is the story his wife, Kamala, prone to exaggeration, tells their daughter, Amina, a photographer living in Seattle. Reluctantly Amina returns home and finds a situation that is far more complicated than her mother let on, with roots in a trip the family, including Amina's rebellious brother Akhil, took to India twenty years earlier. Confronted by Thomas's unwillingness to explain himself, strange looks from the hospital staff, and a series of puzzling items buried in her mother's garden, Amina soon realizes that the only way she can help her father is by coming to terms with her family's painful past. In doing so, she must reckon with the ghosts that haunt all of the Eapens. Praise for *The Sleepwalker's Guide to Dancing* "With wit and a rich understanding of human foibles, Jacob unspools a story that will touch your heart."—People "Optimistic, unpretentious and refreshingly witty."—Associated Press "By turns hilarious and tender and always attuned to shifts of emotion . . . [Jacob's] characters shimmer with life."—Entertainment Weekly "A rich, engrossing debut told with lightness and care."—The Kansas City Star "[A] sprawling, poignant, often humorous novel . . . Told with humor and sympathy for its characters, the book serves as a bittersweet lesson in the binding power of family, even when we seek to break out from it."—O: The Oprah Magazine "Moving forward and back in time, Jacob balances comedy and romance with indelible sorrow. . . . When her plot springs surprises, she lets them happen just

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as they do in life: blindsidingly right in the middle of things.”—The Boston Globe

### **Dancing with Parkinson's**

"Tyler Feder shares her story of her mother's first oncology appointment to facing reality as a motherless daughter in this graphic memoir"--

### **The Art of Grace: On Moving Well Through Life**

Parenting is hard. So what do you do when you're parenting a child who has experienced trauma or has extra challenges? You often feel alone and inadequate. You want so much to help your child, but you are at the end of your own rope. You feel guilty that sometimes you want to just quit. What can you do - how can you make it through the day - how can you help your child while also taking care of yourself? Maybe someone you love is parenting a traumatized child. Or perhaps you are a social worker, counselor, or other professional who sees families like these every day. You want to know how to better help them. In *Dancing with a Porcupine*, Jennie Owens shares with humor and raw honesty the compelling story of her struggle to save her own life while caring for three children she and her husband adopted from foster care. How could she stay loving, giving, and forgiving in the midst of a daily battle with children acting out the rage, resentment, and pain of their own traumatic pasts? When faith, endurance, and creativity are not enough, what's next?

### **B Is for Ballet: A Dance Alphabet (American Ballet Theatre)**

At publication date, a free ebook version of this title will be available through Luminos, University of California Press's Open Access publishing program. Visit [www.luminosoa.org](http://www.luminosoa.org) to learn more. *Revolutionary Bodies* is the first English-language primary source–based history of concert dance in the People's Republic of China. Combining over a decade of ethnographic and archival research, Emily Wilcox analyzes major dance works by Chinese choreographers staged over an eighty-year period from 1935 to 2015. Using previously unexamined film footage, photographic documentation, performance programs, and other historical and contemporary sources, Wilcox challenges the commonly accepted view that Soviet-inspired revolutionary ballets are the primary legacy of the socialist era in China's dance field. The digital edition of this title includes nineteen embedded videos of selected dance works discussed by the author.

### **The Dancing Mouse**

Examines the reasons people develop viral diseases, surveys current viral research, and discusses its implications for the AIDS epidemic and future viral diseases

### **Dancing at the Pity Party**

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The first book, hard cover, 32 pages, color. Junga and Grandma take a trip.

### **Who Says Elephants Can't Dance?**

This poetic and uplifting picture book illustrated by the #1 New York Times bestselling illustrator of *We Are the Gardeners* by Joanna Gaines follows a young girl born with cerebral palsy as she pursues her dream of becoming a dancer. Like many young girls, Eva longs to dance. But unlike many would-be dancers, Eva has cerebral palsy. She doesn't know what dance looks like for someone who uses a wheelchair. Then Eva learns of a place that has created a class for dancers of all abilities. Her first movements in the studio are tentative, but with the encouragement of her instructor and fellow students, Eva becomes more confident. Eva knows she's found a place where she belongs. At last her dream of dancing has come true.

### **I Will Dance**

A new exploration of how digital media assert the relevance of dance in a wired world How has the Internet changed dance? Dance performances can now be seen anywhere, can be looped endlessly at user whim, and can integrate crowds in unprecedented ways. Dance practices are evolving to explore these new possibilities. In *Perpetual Motion*, Harmony Bench argues that dance is a vital part of civil society and a means for building participation and community. She

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looks at how, after 9/11, it became a crucial way of recuperating the common character of public spaces. She explores how crowdsourcing dance contributes to the project of performing a common world, as well as the social relationships forged when we look at dance as a gift in the era of globalization. Throughout, she asks how dance brings people together in digital spaces and what dance's digital travels might mean for how we experience and express community. From original research on dance today to political economies of digital media to the philosophy of dance, *Perpetual Motion* provides an ambitious, invigorating look at a commonly shared practice.

### **Final Bow for Yellowface: Dancing Between Intention and Impact**

"Kitty O'Meara...offers us wisdom that can help during the COVID-19 pandemic and beyond. She is challenging us to grow."—Deepak Chopra, MD, author, *Metahuman* "Kitty O'Meara is the poet laureate of the pandemic"—*O, The Oprah Magazine* "An eloquent, heartwarming reflection that will resonate with generations to come... encouragement for a brighter tomorrow."—Kate Winslet "And the People Stayed Home is an uplifting perspective on the resilience of the human spirit and the healing potential we have to change our world for the better." —Shelf Awareness "Images of nature healing show the author's vision of hope for the future...The accessible prose and beautiful images make this a natural selection for young readers, but older ones may appreciate the work's deeper meaning."—Kirkus Reviews "This is a perfectly illustrated version of a poem that continues to be relevant."—School Library Journal "A stunning and peaceful offering of introspection and hope."—The Children's Book Review Ten

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Best Children's Books of 2020: "A calming, optimistic read, and a salve for children trying their best to navigate this time." —Smithsonian Magazine "It captured the kind of optimism people need right now."—Esquire (UK) "Thank you, Kitty O'Meara...for pointing out that at this very moment, this very day, we can seize the opportunity to restore wholeness to our world."—Sy Montgomery, bestselling author of *The Good Good Pig* and *The Soul of an Octopus* "A poem by American writer Kitty O'Meara has deservedly gone viral."—Edinburgh Evening News

*And the People Stayed Home* is a beautifully produced picture book featuring Kitty O'Meara's popular, globally viral prose poem about the coronavirus pandemic, which has a hopeful and timeless message. Kitty O'Meara, author of *And the People Stayed Home*, has been called the "poet laureate of the pandemic." This illustrated children's book (ages 4-8) will also appeal to readers of all ages. O'Meara's thoughtful poem about the pandemic, quarantine, and the future suggests there is meaning to be found in our shared experience of the coronavirus and conveys an optimistic message about the possibility of profound healing for people and the planet. Her words encourage us to look within, listen deeply, and connect with ourselves and the earth in order to heal. O'Meara, a former teacher and chaplain and a spiritual director, clearly captures important aspects of the pandemic experience. Her words, written in March 2020 and shared on Facebook, immediately resonated nationally and internationally and were widely circulated on social media, covered in mainstream news media, and inspired an outpouring of creativity from musicians, dancers, artists, filmmakers, and more. The many highlights include an original composition by John Corigliano that was premiered by Renée Fleming.

## **The Sleepwalker's Guide to Dancing**

A fascinating exploration of an ancient system of beliefs and its links to the evolution of dance. From southern Greece to northern Russia, people have long believed in female spirits, bringers of fertility, who spend their nights and days dancing in the fields and forests. So appealing were these spirit-maidens that they also took up residence in nineteenth-century Romantic literature. Archaeologist and linguist by profession, folk dancer by avocation, Elizabeth Wayland Barber has sleuthed through ethnographic lore and archaeological reports of east and southeast Europe, translating enchanting folktales about these “dancing goddesses” as well as eyewitness accounts of traditional rituals—texts that offer new perspectives on dance in agrarian society. She then traces these goddesses and their dances back through the Romans and Greeks to the first farmers of Europe. Along the way, she locates the origins of many customs, including coloring Easter eggs and throwing rice at the bride. The result is a detective story like no other and a joyful reminder of the human need to dance.

## **Dancing Through It**

While it has long been understood that the circulation of discourse, bodies, artifacts, and ideas plays an important constitutive force in our cultures and communities, circulation, as a concept and a phenomenon, has been underexamined in studies of rhetoric and writing. In an effort to

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give circulation its rhetorical due, *Circulation, Writing, and Rhetoric* introduces a wide range of studies that foreground circulation in both theory and practice. Contributors to the volume specifically explore the connections between circulation and public rhetorics, urban studies, feminist rhetorics, digital communication, new materialism, and digital research. Circulation is a cultural-rhetorical process that impacts various ecologies, communities, and subjectivities in an ever-increasing globally networked environment. As made evident in this collection, circulation occurs in all forms of discursive production, from academic arguments to neoliberal policies to graffiti to tweets and bitcoins. Even in the case of tombstones, borrowed text achieves only partial stability before it is recirculated and transformed again. This communicative process is even more evident in the digital realm, the underlying infrastructures of which we have yet to fully understand. As public spaces become more and more saturated with circulating texts and images and as networked relations come to the center of rhetorical focus, *Circulation, Writing, and Rhetoric* will be a vital interdisciplinary resource for approaching the contemporary dynamics of rhetoric and writing. Contributors: Aaron Beveridge, Casey Boyle, Jim Brown, Naomi Clark, Dànielle Nicole DeVoss, Rebecca Dingo, Sidney I. Dobrin, Jay Dolmage, Dustin Edwards, Jessica Enoch, Tarez Samra Graban, Byron Hawk, Gerald Jackson, Gesa E. Kirsch, Heather Lang, Sean Morey, Jenny Rice, Thomas Rickert, Jim Ridolfo, Nathaniel A. Rivers, Jacqueline Jones Royster, Donnie Johnson Sackey, Michele Simmons, Dale M. Smith, Patricia Sullivan, John Tinnell, Kathleen Blake Yancey

### **Dancing in God's Earthquake**

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Dancing Queen in Quarantine is a story of a little girl's journey through the Covid quarantine experience. Through dance, we see how her life changed, how she coped with those changes, and how her community was her comfort. Questions throughout the story provide opportunities for discussion about the reader's experience and reaction to quarantine.

### **Dancing Queen in Quarantine**

Somewhere in America, an army of pre-teen competitive dancers plots to take over the world. And if their new routine is good enough, they'll claw their way to the top at Nationals in Tampa Bay. A play about ambition, growing up, and how to find our souls in the heat of it all.

### **And the People Stayed Home (Family Book, Coronavirus Kids Book, Nature Book)**

"In a time of great changes in culture and consciousness, ancient biblical wisdom may reveal new meanings and points the way toward spiritual and social renewal"--

### **Dancing on Broken Glass**

The actor recalls memories from his life, including meeting William Shatner at a Star Trek convention and his relationship with his Aunt Val.

### **Circulation, Writing, and Rhetoric**

"A combination of striking watercolors and inspirational poetry and prose, *The Heron Dance Book of Love and Gratitude* celebrates the open heart and the beauty and mystery of the natural world"--Provided by publisher.

### **The Shortest Day**

"A glimpse into the fragile psyche of a dancer." —The Washington Post Jenifer Ringer, a principal dancer with the New York City Ballet, was thrust into the headlines after her weight was commented on by a New York Times critic, and her response ignited a public dialogue about dance and weight. Ballet aficionados and aspiring performers of all ages will want to join Ringer behind the scenes as she shares her journey from student to star and candidly discusses both her struggle with an eating disorder and the media storm that erupted after the Times review. An unusually upbeat account of life on the stage, *Dancing Through It* is also a coming-of-age story and an inspiring memoir of faith and of triumph over the body issues that torment all too many women and men.

### **Dancing With COVID**

Opening with David Mancuso's seminal "Love Saves the Day" Valentine's party, Tim

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Lawrence tells the definitive story of American dance music culture in the 1970s—from its subterranean roots in NoHo and Hell’s Kitchen to its gaudy blossoming in midtown Manhattan to its wildfire transmission through America’s suburbs and urban hotspots such as Chicago, Boston, San Francisco, Los Angeles, Newark, and Miami. Tales of nocturnal journeys, radical music making, and polymorphous sexuality flow through the arteries of *Love Saves the Day* like hot liquid vinyl. They are interspersed with a detailed examination of the era’s most powerful djs, the venues in which they played, and the records they loved to spin—as well as the labels, musicians, vocalists, producers, remixers, party promoters, journalists, and dance crowds that fueled dance music’s tireless engine. *Love Saves the Day* includes material from over three hundred original interviews with the scene's most influential players, including David Mancuso, Nicky Siano, Tom Moulton, Loleatta Holloway, Giorgio Moroder, Francis Grasso, Frankie Knuckles, and Earl Young. It incorporates more than twenty special dj discographies—listing the favorite records of the most important spinners of the disco decade—and a more general discography cataloging some six hundred releases. *Love Saves the Day* also contains a unique collection of more than seventy rare photos.

### **Junga the Dancing Yeti**

Enigmatic drawings of cats engaged in unusual activities, and somber portraits of women guilty of bizarre murders demonstrate a dry and subtle sense of humor

### **A Dancing Matrix**

A powerfully written novel offering an intimate look at a beautiful marriage and how bipolar disorder and cancer affect it, *Dancing on Broken Glass* by Ka Hancock perfectly illustrates the enduring power of love. Lucy Houston and Mickey Chandler probably shouldn't have fallen in love, let alone gotten married. They're both plagued with faulty genes—he has bipolar disorder, and she has a ravaging family history of breast cancer. But when their paths cross on the night of Lucy's twenty-first birthday, sparks fly, and there's no denying their chemistry. Cautious every step of the way, they are determined to make their relationship work—and they put it all in writing. Mickey promises to take his medication. Lucy promises not to blame him for what is beyond his control. He promises honesty. She promises patience. Like any marriage, they have good days and bad days—and some very bad days. In dealing with their unique challenges, they make the heartbreaking decision not to have children. But when Lucy shows up for a routine physical just shy of their eleventh anniversary, she gets an impossible surprise that changes everything. Everything. Suddenly, all their rules are thrown out the window, and the two of them must redefine what love really is. An unvarnished portrait of a marriage that is both ordinary and extraordinary, *Dancing on Broken Glass* takes readers on an unforgettable journey of the heart.

### **Apollo's Angels**

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"Dancing protein clouds: Intrinsically disordered proteins in the norm and pathology" represents a set of selected studies on a variety of research topics related to intrinsically disordered proteins. Topics in this update include structural and functional characterization of several important intrinsically disordered proteins, such as 14-3-3 proteins and their partners, as well as proteins from muscle sarcomere; representation of intrinsic disorder-related concept of protein structure-function continuum; discussion of the role of intrinsic disorder in phenotypic switching; consideration of the role of intrinsically disordered proteins in the pathogenesis of neurodegenerative diseases and cancer; discussion of the roles of intrinsic disorder in functional amyloids; demonstration of the usefulness of the analysis of translational diffusion of unfolded and intrinsically disordered proteins; consideration of various computational tools for evaluation of functions of intrinsically disordered regions; and discussion of the role of shear stress in the amyloid formation of intrinsically disordered regions in the brain. Provides some recent studies on the intrinsically disordered proteins and their functions, as well as on the involvement of intrinsically disordered proteins in pathogenesis of various diseases. Contains numerous illustrative materials (color figures, diagrams, and tables) to help the readers to delve in the information provided. Includes contributions from recognized experts in the field.

### **Dancing with a Porcupine**

Thomas Kaltenbrunner presents a comprehensive survey of contact improvisation, offering practical examples and ideas which have been tried and tested in his own workshops.

### **Dance of the Trillions**

China is now the world's fourth largest economy and growing very fast. India's economic salience is also on the rise. Together these two countries will profoundly influence the pace and nature of global economic change. Drawing upon the latest research, this volume analyzes the influences on the rapid future development of these two countries and examines how their growth is likely to impinge upon other countries. It considers international trade, industrialization, foreign investment and capital flows, and the implications of their broadening environmental footprints. It also discusses how the two countries have tackled poverty, inequality and governance issues and whether progress in these areas will be a key to rapid and stable growth.

### **Salsa Dancing into the Social Sciences**

Who would have guessed that one short conversation with New York City Ballet Artistic Director Peter Martins would change the course of how we approach America's favorite holiday ballet, and serve as a catalyst for changing how we talk about race in America? Phil Chan, arts advocate and co-founder of Final Bow for Yellowface, chronicles his journey navigating conversations around race, representation, and inclusion arising from issues in presenting one short dance—the Chinese variation from *The Nutcracker*. Armed with new vocabulary, he recounts his process and pitfalls in advising Salt Lake City's Ballet West on the presentation of

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a lost Balanchine work from 1925, *Le Chant du Rossignol*. Chan encounters orientalism, cultural appropriation, and yellowface, and witnesses firsthand the continuing evolution of an Old World aristocratic dance form in a New World democratic environment. As a storyteller, Chan presents a mix of dance and Chinese American history, personal anecdotes, and best practices for any professional arts organization to use for navigating issues around race, while outlining an essential path American ballet must take in order for our beloved art form to stay alive for a growingly diverse 21st century audience.

### **The Heron Dance Book of Love and Gratitude**

Nigeria, the United States' most important strategic partner in West Africa, is in grave trouble. While Nigerians often claim they are masters of dancing on the brink without falling off, the disastrous administration of President Goodluck Jonathan, the radical Islamic insurrection Boko Haram, and escalating violence in the delta and the north may finally provide the impetus that pushes it into the abyss of state failure. In this thoroughly updated edition, John Campbell explores Nigeria's post-colonial history and presents a nuanced explanation of the events and conditions that have carried this complex, dynamic, and very troubled giant to the edge. Central to his analysis are the oil wealth, endemic corruption, and elite competition that have undermined Nigeria's nascent democratic institutions and alienated an increasingly impoverished population. However, state failure is not inevitable, nor is it in the interest of the United States. Campbell provides concrete new policy options that would not only allow the United States to help Nigeria avoid state failure but also to play a positive role in Nigeria's

political, social, and economic development.

### **Swing Dancing**

Dancing Across Borders presents formal and non-formal settings of dance education where initiatives in different countries transcend borders: cultural and national borders, subject borders, professional borders and socio-economic borders. It includes chapters featuring different theoretical perspectives on dance and cultural diversity, alongside case narratives that show these perspectives in a specific cultural setting. In this way, each section charts the processes, change and transformation in the lives of young people through dance. Key themes include how student learning is enhanced by cultural diversity, experiential teaching and learning involving social, cross-cultural and personal dimensions. This conceptually aligns with the current UNESCO protocols that accent empathy, creativity, cooperation, collaboration alongside skills- and knowledge-based learning in an endeavour to create civic mindedness and a more harmonious world. This volume is an invaluable resource for teachers, policy makers, artists and scholars interested in pedagogy, choreography, community dance practice, social and cultural studies, aesthetics and interdisciplinary arts. By understanding the impact of these cross-border collaborative initiatives, readers can better understand, promote and create new ways of thinking and working in the field of dance education for the benefit of new generations.

### **Revolutionary Bodies**

Trisha loves the eight days of Hanukkah, when her mother stays home from work, her Babushka makes delicious potato latkes, and her Grampa carves wonderful animals out of wood as gifts for Trisha and her brother. In the middle of her family's preparation for the festival of lights, Trisha visits her closest neighbors, expecting to find them decorating their house for Christmas. Instead they are all bedridden with scarlet fever. Trisha's family is one of the few who has been spared from the epidemic. It is difficult for them to enjoy their Hanukkah feast when they know that their neighbors won't be able to celebrate their holiday. Then Grampa has an inspiration: they will cut down trees, decorate them, and secretly deliver them to the neighbors, "But what can we decorate them with?" Babushka asks. Although it is a sacrifice, Trisha realizes that Grampa's carved animals are the perfect answer. Soon her living room is filled with trees -- but that is only the first miracle of many during an incredible holiday season. Based on a long cherished childhood memory, this story celebrates the miracle of true friendship.

### **Dancing Barefoot**

The daughter of a Chilean father and a Filipina mother, Cecilia Rodriguez Aragon grew up as a shy, timid child in a small midwestern town during the 1960s. Targeted by school bullies and dismissed by many of her teachers, she worried that people would find out the truth: that she

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was INTF. Incompetent. Nerd. Terrified. Failure. This feeling stayed with her well into her twenties when she was told that “girls can’t do science” or “women just don’t know how to handle machines.” Yet in the span of just six years, Cecilia became the first Latina pilot to secure a place on the United States Unlimited Aerobatic Team and earn the right to represent her country at the Olympics of aviation, the World Aerobatic Championships. How did she do it? Using mathematical techniques to overcome her fear, Cecilia performed at air shows in front of millions of people. She jumped out of airplanes and taught others how to fly. She learned how to fund-raise and earn money to compete at the world level. She worked as a test pilot and contributed to the design of experimental airplanes, crafting curves of metal and fabric that shaped air to lift inanimate objects high above the earth. And best of all, she surprised everyone by overcoming the prejudices people held about her because of her race and her gender. *Flying Free* is the story of how Cecilia Aragon broke free from expectations and rose above her own limits by combining her passion for flying with math and logic in unexpected ways. You don’t have to be a math whiz or a science geek to learn from her story. You just have to want to soar.

### **Flying Free**

This book explores the experience and value of dancing for people living with the neurodegenerative disorder Parkinson’s disease. Linking aesthetic values to well-being, Sara Houston articulates the importance of the dancing experience for those with Parkinson’s, and argues that the benefits of participatory dance are best understood through the experiences,

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lives, needs and challenges of people living with Parkinson's who have chosen to dance. Presenting personal narratives from a study that investigates the experience of people with Parkinson's who dance, intertwined with the social and political contexts in which the dancers live, this volume examines the personal and systemic issues as well as the attitudes and identities that shape people's relationship to dance. Taking this new primary research as a starting point, *Dancing with Parkinson's* builds an argument for how dance becomes a way of helping people live well with Parkinson's.

### **Dancing with Giants**

In this seasonal treasure, Newbery Medalist Susan Cooper's beloved poem heralds the winter solstice, illuminated by Caldecott Honoree Carson Ellis's strikingly resonant illustrations. So the shortest day came, and the year died . . . As the sun set on the shortest day of the year, early people would gather to prepare for the long night ahead. They built fires and lit candles. They played music, bringing their own light to the darkness, while wondering if the sun would ever rise again. Written for a theatrical production that has become a ritual in itself, Susan Cooper's poem "The Shortest Day" captures the magic behind the returning of the light, the yearning for traditions that connect us with generations that have gone before -- and the hope for peace that we carry into the future. Richly illustrated by Carson Ellis with a universality that spans the centuries, this beautiful book evokes the joy and community found in the ongoing mystery of life when we celebrate light, thankfulness, and festivity at a time of rebirth. Welcome Yule!

### **Dancing Across Borders**

My brain woke up after the painkillers left my bloodstream. All I could hear inside my head was "Write the book." I didn't understand, and soon, painkillers were needed once again. When I rid myself of them a second time, the words turned into a demand. "Write the book!" Enter my world as I navigate through the unknown. Let me lead you through my dance with emotional highs and lows and show you how the kindness of others lifted me up. This is a story of an ordinary individual battling through an extraordinary experience, with a virus no one understands, during a year no one saw coming.

### **The Dancing Goddesses: Folklore, Archaeology, and the Origins of European Dance**

The Nutcracker is the most popular ballet in the world, adopted and adapted by hundreds of communities across the United States and Canada every Christmas season. In this entertainingly informative book, Jennifer Fisher offers new insights into the Nutcracker phenomenon, examining it as a dance scholar and critic, a former participant, an observer of popular culture, and an interviewer of those who dance, present, and watch the beloved ballet. Fisher traces The Nutcracker's history from its St. Petersburg premiere in 1892 through its emigration to North America in the mid-twentieth century to the many productions of recent years. She notes that after it was choreographed by another Russian immigrant to the New

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World, George Balanchine, the ballet began to thrive and variegate: Hawaiians added hula, Canadians added hockey, Mark Morris set it in the swinging sixties, and Donald Byrd placed it in Harlem. The dance world underestimates *The Nutcracker* at its peril, Fisher suggests, because the ballet is one of its most powerfully resonant traditions. After starting life as a Russian ballet based on a German tale about a little girl's imagination, *The Nutcracker* has become a way for Americans to tell a story about their communal values and themselves.

### **The Trees of the Dancing Goats**

**NATIONAL BESTSELLER** For more than four hundred years, the art of ballet has stood at the center of Western civilization. Its traditions serve as a record of our past. Lavishly illustrated and beautifully told, *Apollo's Angels*—the first cultural history of ballet ever written—is a groundbreaking work. From ballet's origins in the Renaissance and the codification of its basic steps and positions under France's Louis XIV (himself an avid dancer), the art form wound its way through the courts of Europe, from Paris and Milan to Vienna and St. Petersburg. In the twentieth century, émigré dancers taught their art to a generation in the United States and in Western Europe, setting off a new and radical transformation of dance. Jennifer Homans, a historian, critic, and former professional ballerina, wields a knowledge of dance born of dedicated practice. Her admiration and love for the ballet, as *Entertainment Weekly* notes, brings "a dancer's grace and sure-footed agility to the page." **NAMED ONE OF THE BEST BOOKS OF THE YEAR BY THE NEW YORK TIMES BOOK REVIEW • LOS ANGELES TIMES • SAN FRANCISCO CHRONICLE • PUBLISHERS WEEKLY**

### Contact Improvisation

"This book is the direct result of what, at the time of its occurrence, seemed to be an unimportant incident in the course of my scientific work--the presentation of a pair of dancing mice to the Harvard Psychological Laboratory. My interest in the peculiarities of behavior which the creatures exhibited, as I watched them casually from day to day, soon became experiment-impelling, and almost before I realized it, I was in the midst of an investigation of their senses and intelligence. The longer I observed and experimented with them, the more numerous became the problems which the dancers presented to me for solution. From a study of the senses of hearing and sight I was led to investigate, in turn, the various forms of activity of which the mice are capable; the ways in which they learn to react adaptively to new or novel situations; the facility with which they acquire habits; the duration of habits; the roles of the various senses in the acquisition and performance of certain habitual acts; the efficiency of different methods of training; and the inheritance of racial and individually acquired forms of behavior. The purposes which I have had in mind as I planned and wrote the book are three: first, to present directly, clearly, and briefly the results of my investigation; second, to give as complete an account of the dancing mouse as a thorough study of the literature on the animal and long-continued observation on my own part should make possible; third, to provide a supplementary text-book on mammalian behavior and on methods of studying animal behavior for use in connection with courses in Comparative Psychology, Comparative Physiology, and Animal Behavior"--Preface. (PsycINFO Database Record (c) 2005 APA, all rights reserved).

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