

Gods Hotel A Doctor A Hospital And A Pilgrimage To The Heart Of Medicine

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VacationUnder the KnifeElderhoodIntimate DeceptionThe Kite RunnerHundreds of Interlaced FingersMedical HumanitiesBetterRooted in the Earth,
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My Secret

Nothing destroys trust like sexual betrayal. Beyond broken vows, a woman who discovers that the man she loves has been viewing pornography or having an affair must deal with devastating blows to her self-image and self-worth. She must grapple with the fact that the man she thought she knew has lied and deceived her. She may even bear the brunt of shame and judgment when the people around her find out. Drawing from her experience both as a marriage and family therapist and a woman who personally experienced the devastation of sexual betrayal, Dr. Sheri Keffer walks women impacted by betrayal through the pain and toward recovery. She explains how the trauma of betrayal affects our minds, bodies, spirits, and sexuality. She offers practical tools for dealing with emotional triggers and helps women understand the realities of sexual addiction. And she shows women how to practice self-care, develop healthy boundaries, protect themselves from abuse or manipulation, and find freedom from the burden of shame and guilt.

The Food of the Gods

Surgeon Arnold van de Laar uses his own experience and expertise to tell this engrossing history of surgery through 28 famous operations—from Louis XIV and Einstein to JFK and Houdini. From the story of the desperate man from seventeenth-century Amsterdam who grimly cut a stone out of his own bladder to Bob Marley's deadly toe, *Under the Knife* offers a wealth of fascinating and unforgettable insights into medicine and history via the operating room. What happens during an operation? How does the human body respond to being attacked by a knife, a bacterium, a cancer cell or a bullet? And, as medical advances continuously push the boundaries of what medicine can cure, what are the limits of surgery? With stories spanning the dark centuries of bloodletting and amputations without anaesthetic through today's sterile, high-tech operating rooms, *Under the Knife* is both a rich cultural history, and a modern anatomy class for us all.

Island Practice

Hailed by the critics and lauded by readers for its riotously funny and scathing portrayal of America in an age of trial by media, materialism, and violence,

Vernon God Little was an international sensation when it was first published in 2003 and awarded the prestigious Man Booker Prize. The memorable portrait of America is seen through the eyes of a wry, young, protagonist. Fifteen-year-old Vernon narrates the story with a cynical twang and a four-letter barb for each of his townsfolk, a medley of characters. With a plot involving a school shooting and death-row reality TV shows, Pierre's effortless prose and dialogue combine to form a novel of postmodern gamesmanship.

How We Do Harm

A collection of artfully decorated postcards with secrets anonymously written on them by people from all over the world and sent to the founder of PostSecret, a community art project that evolved into a website.

Alcoholics Anonymous

The New York Times bestselling author of *Complications* examines, in riveting accounts of medical failure and triumph, how success is achieved in a complex and risk-filled profession. The struggle to perform well is universal: each one of us faces fatigue, limited resources, and imperfect abilities in whatever we do. But nowhere is this drive to do better more important than in medicine, where lives are on the line with every decision. In his new book, Atul Gawande explores how doctors strive to close the gap between best intentions and best performance in the face of obstacles that sometimes seem insurmountable. Gawande's gripping stories of diligence, ingenuity, and what it means to do right by people take us to battlefield surgical tents in Iraq, to labor and delivery rooms in Boston, to a polio outbreak in India, and to malpractice courtrooms around the country. He discusses the ethical dilemmas of doctors' participation in lethal injections, examines the influence of money on modern medicine, and recounts the astoundingly contentious history of hand washing. And as in all his writing, Gawande gives us an inside look at his own life as a practicing surgeon, offering a searingly honest firsthand account of work in a field where mistakes are both unavoidable and unthinkable. At once unflinching and compassionate, *Better* is an exhilarating journey narrated by "arguably the best nonfiction doctor-writer around" (Salon). Gawande's investigation into medical professionals and how they progress from merely good to great provides rare insight into the elements of success, illuminating every area of human endeavor.

Extreme Medicine

A top neurologist explains the difficulty of diagnosing brain diseases through such cases as a college quarterback who keeps calling the same play and a salesman who continuously drives around a traffic circle.

Sooner Or Later

Shelter in God

This is the way the world ends: with a nanosecond of computer error in a Defense Department laboratory and a million casual contacts that form the links in a chain letter of death. And here is the bleak new world of the day after: a world stripped of its institutions and emptied of 99 percent of its people. A world in which a handful of panicky survivors choose sides -- or are chosen. A world in which good rides on the frail shoulders of the 108-year-old Mother Abigail -- and the worst nightmares of evil are embodied in a man with a lethal smile and unspeakable powers: Randall Flagg, the dark man. In 1978 Stephen King published *The Stand*, the novel that is now considered to be one of his finest works. But as it was first published, *The Stand* was incomplete, since more than 150,000 words had been cut from the original manuscript. Now Stephen King's apocalyptic vision of a world blasted by plague and embroiled in an elemental struggle between good and evil has been restored to its entirety. *The Stand : The Complete And Uncut Edition* includes more than five hundred pages of material previously deleted, along with new material that King added as he reworked the manuscript for a new generation. It gives us new characters and endows familiar ones with new depths. It has a new beginning and a new ending. What emerges is a gripping work with the scope and moral complexity of a true epic. For hundreds of thousands of fans who read *The Stand* in its original version and wanted more, this new edition is Stephen King's gift. And those who are reading *The Stand* for the first time will discover a triumphant and eerily plausible work of the imagination that takes on the issues that will determine our survival.

Complications

One of Publishers Weekly's Top Ten Mystery/Thrillers of the Year One of Kirkus Reviews' Ten Best Crime Novels of the Year One of Gillian Flynn's "Recommendations for the Season" on Today Edgar(R) Award Nominee for Best Novel ALA Reading List Award for Best Mystery 1845: New York City forms its first police force. The great potato famine hits Ireland. These two events will change New York City forever... Timothy Wilde tends bar, saving every dollar in hopes of winning the girl of his dreams. But when his dreams are destroyed by a fire that devastates downtown Manhattan, he is left with little choice but to accept a job in the newly minted New York City Police Department. Returning exhausted from his rounds one night, Tim collides with a girl no more than ten years old... covered in blood. She claims that dozens of bodies are buried in the forest north of Twenty-Third Street. Timothy isn't sure whether to believe her, but as the image of a brutal killer is slowly revealed and anti-Irish rage infects the city, the reluctant copper star is engaged in a battle that may cost him everything...

God's Hotel

A project manager must not only master methods and processes, but also have the ability to deal with new, unexpected and critical situations. The book deals with these challenges, the passion for projects and the creativity which is required in order to lead projects and bring them to a successful conclusion. Experienced project managers report on exciting tasks in various countries, daily life as project managers and about their personal experiences and learning effects. Readers will experience the fascinating appeal of the job of a "project manager", which also means constantly being prepared to get into a new task. Furthermore, the book provides ideas about how to overcome social, cultural, organisational, financial, bureaucratic or other hurdles. Not only classic project managers - engineers and economists -, but also lawyers or industrial engineers, who work in projects or are interested in project work, will be inspired by this book, how personal commitment and professional, organisational and social capabilities combine to form this unique profession.

Cutting for Stone

What would you do with your life if your health were completely restored? If you're chronically sick, tired, or depressed, you need a medical examination that includes, but goes beyond, the exact location of your symptoms. Integrative medicine pioneer Dr. Michael Finkelstein has helped tens of thousands of patients achieve extraordinary health with his slow medicine prescription of Skillful Living. In this refreshing book, he guides you through the essential questions for understanding various symptoms and their causes, on a path you may never have thought would lead you to solutions. Each chapter includes the key components of a successful consultation—from revealing lessons to practical prescriptions—along with illustrative anecdotes from real patients. Taking you beyond conventional medicine to examine the intricate network of factors that lie behind many common illnesses, Dr. Finkelstein empowers you to take your health back and walk down the slow medicine path—one where the answers are in the questions.

Guide to Becoming a Physician

Over 21 million copies sold worldwide

Reaching Down the Rabbit Hole

Shelter-in-place orders around the world have people questioning, “Does God see us? Can he help us through this nerve-racking time? Dr. David Jeremiah shares through psalms that God is always walking beside us. Now is the time to Shelter in God. Renowned pastor and teacher Dr. David Jeremiah believes comfort can be found in the Psalms, both now during the coronavirus pandemic and during all of life’s greatest challenges. This newly collected volume will show how finding refuge in God is always our safest place. Shelter in God offers hope in a time of uncertainty and relief to people who are experiencing real troubles and fear. Find ways to worship in times of trouble, experience prayer in pressure, show grace when you are at your wits’ end, and with God’s help, triumph over trouble. Shelter in God is an invaluable source of help and encouragement for people facing major obstacles during the COVID-19 pandemic and beyond. Portions of Shelter in God were previously included in Dr. Jeremiah’s classic When Your World Falls Apart.

The Stand (Movie Tie-In Edition)

A portrait of America's last surviving almshouse describes the author's practice at Laguna Honda Hospital, explaining how its patients and low-tech focus on "attentive medicine" transformed her views about health care.

I Know This Much Is True

The Poisonwood Bible

The beloved debut novel about an affluent Indian family forever changed by one fateful day in 1969, from the author of *The Ministry of Utmost Happiness* **NEW YORK TIMES BESTSELLER • MAN BOOKER PRIZE WINNER** Compared favorably to the works of Faulkner and Dickens, Arundhati Roy's modern classic is equal parts powerful family saga, forbidden love story, and piercing political drama. The seven-year-old twins Estha and Rahel see their world shaken irrevocably by the arrival of their beautiful young cousin, Sophie. It is an event that will lead to an illicit liaison and tragedies accidental and intentional, exposing "big things [that] lurk unsaid" in a country drifting dangerously toward unrest. Lush, lyrical, and unnerving, *The God of Small Things* is an award-winning landmark that started for its author an esteemed career of fiction and political commentary that continues unabated.

A Doctor's Dozen

"The story begins following four seemingly unconnected characters: hard-charging Waikiki hotel general manager Gordon Coburn; anthropologist Kip Stallybrass, who is researching headhunters in Borneo; aristocratic London party girl Lady Gloria Ryder; and ruthless paparazzi photographer Mislov Rapolovitch. As the story progresses, the four plots slowly, satisfyingly converge where a conference on Shamanistic Practice has been scheduled at Coburn's hotel. But as all four characters draw nearer to their revelations, a hurricane bears down on the island"--P. [4] of cover.

The Soul of Care

This 1963 masterpiece is widely considered one of the best novels of the greatest Russian writers of science fiction. Yet until now the only English version (unavailable for over thirty years) was based on a German translation, and was full of errors, infelicities, and misunderstandings. Now, in a new translation by Olena Bormashenko, whose translation of the authors' *Roadside Picnic* has received widespread acclaim, here is the definitive edition of this brilliant work. It tells the story of Don Rumata, who is sent from Earth to the medieval kingdom of Arkanar with instructions to observe and to save what he can. Masquerading as an arrogant nobleman, a dueler and a brawler, Don Rumata is never defeated, but can never kill. With his doubt and compassion, and his deep love for a local girl named Kira, Rumata wants to save the kingdom from the machinations of Don Reba, the first minister to the king. But given his orders, what role can he play? *Hard to Be a God* has inspired a role-playing video game and two movies, including Aleksei German's long-awaited swan song. This long overdue translation will reintroduce one of the most profound Soviet-era novels to an eager audience. Arkady and Boris Strugatsky were famous and popular Russian writers of science fiction, with more than 25 novels and novellas to their names. Hari Kunzru is the author of highly praised novels including *Gods Without Men* and *The Impressionist*. Olena Bormashenko is the acclaimed translator of the Strugatskys' *Roadside Picnic*.

Experiencing Project Management

Alcoholics Anonymous (also known as the Big Book in recovery circles) sets forth cornerstone concepts of recovery from alcoholism and tells the stories of men and women who have overcome the disease. The fourth edition includes twenty-four new stories that provide contemporary sharing for newcomers seeking recovery from alcoholism in A.A. during the early years of the 21st century. Sixteen stories are retained from the third edition, including the "Pioneers of A.A." section, which helps the reader remain linked to A.A.'s historic roots, and shows how early members applied this simple but profound

program that helps alcoholics get sober today. Approximately 21 million copies of the first three editions of "Alcoholics Anonymous" have been distributed. It is expected that the new fourth edition will play its part in passing on A.A.'s basic message of recovery. This fourth edition has been approved by the General Service Conference of Alcoholics Anonymous, in the hope that many more may be led toward recovery by reading its explanation of the A.A. program and its varied examples of personal experiences which demonstrate that the A.A. program works.

Slow Medicine

How We Do Harm exposes the underbelly of healthcare today—the overtreatment of the rich, the under treatment of the poor, the financial conflicts of interest that determine the care that physicians' provide, insurance companies that don't demand the best (or even the least expensive) care, and pharmaceutical companies concerned with selling drugs, regardless of whether they improve health or do harm. Dr. Otis Brawley is the chief medical and scientific officer of The American Cancer Society, an oncologist with a dazzling clinical, research, and policy career. How We Do Harm pulls back the curtain on how medicine is really practiced in America. Brawley tells of doctors who select treatment based on payment they will receive, rather than on demonstrated scientific results; hospitals and pharmaceutical companies that seek out patients to treat even if they are not actually ill (but as long as their insurance will pay); a public primed to swallow the latest pill, no matter the cost; and rising healthcare costs for unnecessary—and often unproven—treatments that we all pay for. Brawley calls for rational healthcare, healthcare drawn from results-based, scientifically justifiable treatments, and not just the peddling of hot new drugs. Brawley's personal history – from a childhood in the gang-ridden streets of black Detroit, to the green hallways of Grady Memorial Hospital, the largest public hospital in the U.S., to the boardrooms of The American Cancer Society—results in a passionate view of medicine and the politics of illness in America - and a deep understanding of healthcare today. How We Do Harm is his well-reasoned manifesto for change.

Acts of God While on Vacation

The story of Pecola Breedlove profiles an eleven-year-old African-American girl growing up in an America that values blue-eyed blondes and the tragedy that results from her longing to be accepted.

Under the Knife

A young, hopeful doctor's memoir—an unforgettable love story and an informative journey into the world of medicine and kidney transplantation that ultimately asks: What does it mean to let go of something that you love, even if it is life itself? When Vanessa fell in love with Robert, she had no idea that the relationship would thoroughly transform her life. Robert suffered from end-stage kidney disease, which required him to endure years of debilitating dialysis to stay alive, at least until his failed organ could be replaced by a kidney transplant. Although Vanessa was a primary care doctor, she developed a deeper understanding of the difficulties Robert faced with dialysis and in finding a donor. Despite their being early in their relationship, she volunteered one of her own kidneys—and discovered that she was a match. This life-affirming experience forged a bond that would become a pillar of Vanessa and Robert's

marriage—and the beginning of her new career. Motivated by Robert’s experience and her newfound knowledge, Vanessa became a nephrologist—a kidney doctor—and discovered far more about the realities of the specialty. Shaped by Vanessa’s remarkable experiences as a doctor, a woman of color, a mother, and a kidney donor, *Hundreds of Interlaced Fingers* is a love story, an exposé, and a clarion call for us all to consider the dualities of both loving and letting go.

Elderhood

Barbara Kingsolver's acclaimed international bestseller tells the story of an American missionary family in the Congo during a poignant chapter in African history. It spins the tale of the fierce evangelical Baptist, Nathan Price, who takes his wife and four daughters on a missionary journey into the heart of darkness of the Belgian Congo in 1959. They carry with them to Africa all they believe they will need from home, but soon find that all of it - from garden seeds to the King James Bible - is calamitously transformed on African soil. Told from the perspective of the five women, this is a compelling exploration of African history, religion, family, and the many paths to redemption. *The Poisonwood Bible* was nominated for the Pulitzer Prize in 1999 and was chosen as the best reading group novel ever at the Penguin/Orange Awards. It continues to be read and adored by millions worldwide.

Intimate Deception

Burnout affects a third of our population and over half of our health professionals. For the second group, the impact is magnified, as consequences play out not only on a personal level, but also on a societal level and lead to medical errors, suboptimal care, low levels of patient satisfaction, and poor clinical outcomes. Achieving wellbeing requires strategies for change. In this book, Dr. Pipas shares twelve lessons and strategies for improved health that she has learned from patients, students, and colleagues over her twenty years working as a family physician. Each lesson is based on observation and research, and begins with a story of an exemplary patient whose challenges and successes reflect the theme of the lesson. Along with the lessons, the author offers plans for action, which taken together create the framework for a healthy life. Each lesson concludes with resources and a "health challenge."

The Kite Runner

Victoria Sweet's new book, *SLOW MEDICINE*, is on sale now! For readers of Paul Kalanithi’s *When Breath Becomes Air*, a medical “page-turner” that traces one doctor’s “remarkable journey to the essence of medicine” (*The San Francisco Chronicle*). San Francisco’s Laguna Honda Hospital is the last almshouse in the country, a descendant of the Hôtel-Dieu (God’s hotel) that cared for the sick in the Middle Ages. Ballet dancers and rock musicians, professors and thieves—“anyone who had fallen, or, often, leapt, onto hard times” and needed extended medical care—ended up here. So did Victoria Sweet, who came for two months and stayed for twenty years. Laguna Honda, relatively low-tech but human-paced, gave Sweet the opportunity to practice a kind of attentive medicine that has almost vanished. Gradually, the place transformed the way she understood her work. Alongside the modern view of the body as a machine to be fixed, her extraordinary patients evoked an older idea, of the body as a garden to be tended. *God’s Hotel* tells their story and the story of the hospital itself, which, as efficiency experts, politicians, and architects descended, determined to turn it into a modern “health care facility,” revealed its

own surprising truths about the essence, cost, and value of caring for the body and the soul.

Hundreds of Interlaced Fingers

A doctor's account of her own experience of death, heaven and return to life with a new realization of her purpose on earth. Dr Mary Neal, an orthopaedic surgeon, was on a kayaking holiday in Chile. Sceptical of near death experiences, she was to have her life transformed when her kayak became wedged in rocks at the bottom of a waterfall and was underwater for so long that her heart stopped. *To Heaven And Back* is Mary's faith-enriching story of her spiritual journey, her first-hand experience of heaven and its continuing life-enhancing effects.

Medical Humanities

With his stunning debut novel, *She's Come Undone*, Wally Lamb won the adulation of critics and readers with his mesmerizing tale of one woman's painful yet triumphant journey of self-discovery. Now, this brilliantly talented writer returns with *I Know This Much Is True*, a heartbreaking and poignant multigenerational saga of the reproductive bonds of destruction and the powerful force of forgiveness. A masterpiece that breathtakingly tells a story of alienation and connection, power and abuse, devastation and renewal--this novel is a contemporary retelling of an ancient Hindu myth. A proud king must confront his demons to achieve salvation. Change yourself, the myth instructs, and you will inhabit a renovated world. When you're the same brother of a schizophrenic identical twin, the tricky thing about saving yourself is the blood it leaves on your hands--the little inconvenience of the look-alike corpse at your feet. And if you're into both survival of the fittest and being your brother's keeper--if you've promised your dying mother--then say so long to sleep and hello to the middle of the night. Grab a book or a beer. Get used to Letterman's gap-toothed smile of the absurd, or the view of the bedroom ceiling, or the influence of random selection. Take it from a godless insomniac. Take it from the uncrazy twin--the guy who beat the biochemical rap. Dominick Birdsey's entire life has been compromised and constricted by anger and fear, by the paranoid schizophrenic twin brother he both deeply loves and resents, and by the past they shared with their adoptive father, Ray, a spit-and-polish ex-Navy man (the five-foot-six-inch sleeping giant who snoozed upstairs weekdays in the spare room and built submarines at night), and their long-suffering mother, Concettina, a timid woman with a harelip that made her shy and self-conscious: She holds a loose fist to her face to cover her defective mouth--her perpetual apology to the world for a birth defect over which she'd had no control. Born in the waning moments of 1949 and the opening minutes of 1950, the twins are physical mirror images who grow into separate yet connected entities: the seemingly strong and protective yet fearful Dominick, his mother's watchful "monkey"; and the seemingly weak and sweet yet noble Thomas, his mother's gentle "bunny." From childhood, Dominick fights for both separation and wholeness--and ultimately self-protection--in a house of fear dominated by Ray, a bully who abuses his power over these stepsons whose biological father is a mystery. I was still afraid of his anger but saw how he punished weakness--pounced on it. Out of self-preservation I hid my fear, Dominick confesses. As for Thomas, he just never knew how to play defense. He just didn't get it. But Dominick's talent for survival comes at an enormous cost, including the breakup of his marriage to the warm, beautiful Dessa, whom he still loves. And it will be put to the ultimate test when Thomas, a Bible-spouting zealot, commits an unthinkable act that threatens the tenuous balance of both his and Dominick's lives. To save himself, Dominick must confront not only the pain of his past but the dark secrets he has locked deep within himself, and the sins of his ancestors--a quest that will lead him beyond the confines of his blue-collar New England town to the volcanic foothills of Sicily's Mount

Etna, where his ambitious and vengefully proud grandfather and a namesake Domenico Tempesta, the *sostegno del famiglia*, was born. Each of the stories Ma told us about Papa reinforced the message that he was the boss, that he ruled the roost, that what he said went. Searching for answers, Dominick turns to the whispers of the dead, to the pages of his grandfather's handwritten memoir, *The History of Domenico Onofrio Tempesta, a Great Man from Humble Beginnings*. Rendered with touches of magic realism, Domenico's fablelike tale--in which monkeys enchant and religious statues weep--becomes the old man's confession--an unwitting legacy of contrition that reveals the truth's of Domenico's life, Dominick learns that power, wrongly used, defeats the oppressor as well as the oppressed, and now, picking through the humble shards of his deconstructed life, he will search for the courage and love to forgive, to expiate his and his ancestors' transgressions, and finally to rebuild himself beyond the haunted shadow of his twin. Set against the vivid panoply of twentieth-century America and filled with richly drawn, memorable characters, this deeply moving and thoroughly satisfying novel brings to light humanity's deepest needs and fears, our aloneness, our desire for love and acceptance, our struggle to survive at all costs. Joyous, mystical, and exquisitely written, *I Know This Much Is True* is an extraordinary reading experience that will leave no reader untouched.

Better

A brilliant and courageous doctor reveals, in gripping accounts of true cases, the power and limits of modern medicine. Sometimes in medicine the only way to know what is truly going on in a patient is to operate, to look inside with one's own eyes. This book is exploratory surgery on medicine itself, laying bare a science not in its idealized form but as it actually is -- complicated, perplexing, and profoundly human. Atul Gawande offers an unflinching view from the scalpel's edge, where science is ambiguous, information is limited, the stakes are high, yet decisions must be made. In dramatic and revealing stories of patients and doctors, he explores how deadly mistakes occur and why good surgeons go bad. He also shows us what happens when medicine comes up against the inexplicable: an architect with incapacitating back pain for which there is no physical cause; a young woman with nausea that won't go away; a television newscaster whose blushing is so severe that she cannot do her job. Gawande offers a richly detailed portrait of the people and the science, even as he tackles the paradoxes and imperfections inherent in caring for human lives. At once tough-minded and humane, *Complications* is a new kind of medical writing, nuanced and lucid, unafraid to confront the conflicts and uncertainties that lie at the heart of modern medicine, yet always alive to the possibilities of wisdom in this extraordinary endeavor. *Complications* is a 2002 National Book Award Finalist for Nonfiction.

Rooted in the Earth, Rooted in the Sky

"A profound exploration of what it means for all of us to live--and to die--with dignity and purpose." --People "Visceral and lyrical." --The Atlantic As the American born daughter of immigrants, Dr. Sunita Puri knew from a young age that the gulf between her parents' experiences and her own was impossible to bridge, save for two elements: medicine and spirituality. Between days spent waiting for her mother, an anesthesiologist, to exit the OR, and evenings spent in conversation with her parents about their faith, Puri witnessed the tension between medicine's impulse to preserve life at all costs and a spiritual embrace of life's temporality. And it was that tension that eventually drew Puri, a passionate but unsatisfied medical student, to palliative medicine--a new specialty attempting to translate the border between medical intervention and quality-of-life care. Interweaving evocative stories of Puri's family and the patients she cares for, *That Good Night* is a stunning meditation on impermanence and the role of medicine in helping us to live and die well, arming

readers with information that will transform how we communicate with our doctors about what matters most to us.

The God of Small Things

"Published in Great Britain under the title *Extremes: life, death and the limits of the human body* by Hodder & Stoughton. First published in the United States of America by The Penguin Press, 2014."--Title page verso.

The Gods of Gotham

Rooted in the Earth, Rooted in the Sky is a detailed study of the medicine of Hildegard of Bingen, a medieval mystic, theologian and composer, who also wrote a practical medical text. Although there has been an explosion of interest in Hildegard's music, theology, illuminations and medicine in the last two decades, this is the first book to use her remarkable text to revise not only our conception of Hildegard but also of premodern medicine itself. It does so by contextualizing her work with primary and secondary historical sources, unedited manuscripts, anthropological and archeological evidence and linguistic analyses. Its surprising conclusion is that the premodern body was more like a plant than a machine or a computer program, and the physician more like a gardener than a mechanic or a computer programmer.

On My Own Country

Published in 1904 *The Food of the Gods* is a forgotten H.G. Wells classic; it is sci-fi and dystopia at its best written by the creator and master of the genre. Following extensive research in the field of ?growthOCO, Mr Bensington and Professor Redwood light upon a new mysterious element, a food that causes greatly accelerated development. Initially christening their discovery ?The Food of the GodsOCO, the two scientists are overwhelmed by the possible ramifications of their creation. With Aunt Jane refusing to give house room to their experiments, Mr Besington is forced to take his laboratory out into the wide world, and chooses a farm at Hicklebyrow in Kent that offers him the chance to test his new substance on chickens, which duly grow monstrous, six or seven times their usual size. With the farmer, Mr Skinner, failing to contain the spread of the Food, chaos soon reigns as reports come in of the local populationOCO's encounter with monstrous wasps, earwigs and rats. When the chickens escape, they leave carnage in their wake. Keen not to be outdone, the Skinners and Redwoods have both been feeding their children the compound illicitly ? their eventual offspring will constitute a new age of giants. Public opinion rapidly turns against the scientists and society as a whole rebels against the worldOCO's new flora and fauna. Daily life has changed shockingly and now politicians are involved, trying to stamp out the Food of the Gods and the giant race. Comic and at times surprisingly touching and tragic, WellsOCO story is a cautionary tale warning against the rampant advances of science but also of the dangers of greed and political infighting and shameless vote-seeking."

Hard to Be a God

Marion and Shiva Stone are twin brothers born of a secret union between a beautiful Indian nun and a brash British surgeon. Orphaned by their mother's death and their father's disappearance and bound together by a preternatural connection and a shared fascination with medicine, the twins come of age as Ethiopia hovers on the brink of revolution. Moving from Addis Ababa to New York City and back again, *Cutting for Stone* is an unforgettable story of love and betrayal, medicine and ordinary miracles—and two brothers whose fates are forever intertwined.

God's Hotel

A moving memoir and an extraordinary love story that shows how an expert physician became a family caregiver and learned why care is so central to all our lives and yet is at risk in today's world. When Dr. Arthur Kleinman, an eminent Harvard psychiatrist and social anthropologist, began caring for his wife, Joan, after she was diagnosed with early-onset Alzheimer's disease, he found just how far the act of caregiving extended beyond the boundaries of medicine. In *The Soul of Care: The Moral Education of a Husband and a Doctor*, Kleinman delivers a deeply human and inspiring story of his life in medicine and his marriage to Joan, and he describes the practical, emotional and moral aspects of caretaking. He also writes about the problems our society faces as medical technology advances and the cost of health care soars but caring for patients no longer seems important. Caregiving is long, hard, unglamorous work—at moments joyous, more often tedious, sometimes agonizing, but it is always rich in meaning. In the face of our current political indifference and the challenge to the health care system, he emphasizes how we must ask uncomfortable questions of ourselves, and of our doctors. To give care, to be "present" for someone who needs us, and to feel and show kindness are deep emotional and moral experiences, enactments of our core values. The practice of caregiving teaches us what is most important in life, and reveals the very heart of what it is to be human.

Slow Medicine

With a Foreword by Nathaniel Philbrick, author of the bestseller *In the Heart of the Sea* If you need an appendectomy, he can do it with a stone scalpel he carved himself. If you have a condition nobody can diagnose—"creeping eruption" perhaps—he can identify what it is, and treat it. A baby with toe-tourniquet syndrome, a human leg that's washed ashore, a horse with Lyme disease, a narcoleptic falling face-first in the street, a hermit living underground—hardly anything is off-limits for Dr. Timothy J. Lepore. This is the spirited, true story of a colorful, contrarian doctor on the world-famous island of Nantucket. Thirty miles out to sea, in a strikingly offbeat place known for wealthy summer people but also home to independent-minded, idiosyncratic year-rounders, Lepore holds the life of the island, often quite literally, in his hands. He's surgeon, medical examiner, football team doctor, tick expert, unofficial psychologist, accidental homicide detective, occasional veterinarian. When crisis strikes, he's deeply involved. He's treated Jimmy Buffett, Chris Matthews, and various Kennedy relatives, but he makes house calls for anyone and lets people pay him nothing—or anything: oatmeal raisin cookies, a weather-beaten .44 Magnum, a picture of a Nepalese shaman. Lepore can be controversial and contradictory, espousing conservative views while performing abortions and giving patients marijuana cookies. He has unusual hobbies: he's a gun fanatic, roadkill collector, and concocter of pastimes like knitting dog-hair sweaters. Ultimately, *Island Practice* is about a doctor utterly essential to a community at a time when medicine is increasingly money-driven and impersonal. Can he remain a maverick even as a healthcare chain subsumes his hospital? Every community has—or, some would say, needs—a Doctor Lepore, and his island's drive to retain individuality in a cookie-cutter world is echoed across the country.

That Good Night

This textbook uses concepts and methods of the humanities to enhance understanding of medicine and health care.

Vernon God Little

Organ transplantation saves lives, yet thousands die through lack of organs. What lies behind our failure to donate? Janet Radcliffe Richards casts a sharp critical eye on the moral arguments, forcing us to confront the logic and implications of our own position. A book for everyone concerned with clear thinking on moral issues.

The Bluest Eye

Finalist for the Pulitzer Prize in General Nonfiction A New York Times Bestseller Longlisted for the Andrew Carnegie Medal for Excellence in Nonfiction Winner of the WSU AOS Bonner Book Award As revelatory as Atul Gawande's *Being Mortal*, physician and award-winning author Louise Aronson's *Elderhood* is an essential, empathetic look at a vital but often disparaged stage of life. For more than 5,000 years, "old" has been defined as beginning between the ages of 60 and 70. That means most people alive today will spend more years in elderhood than in childhood, and many will be elders for 40 years or more. Yet at the very moment that humans are living longer than ever before, we've made old age into a disease, a condition to be dreaded, denigrated, neglected, and denied. Reminiscent of Oliver Sacks, noted Harvard-trained geriatrician Louise Aronson uses stories from her quarter century of caring for patients, and draws from history, science, literature, popular culture, and her own life to weave a vision of old age that's neither nightmare nor utopian fantasy--a vision full of joy, wonder, frustration, outrage, and hope about aging, medicine, and humanity itself. *Elderhood* is for anyone who is, in the author's own words, "an aging, i.e., still-breathing human being."

To Heaven and Back

In the quarter-century that Victoria Sweet has been a doctor, 'healthcare' has replaced medicine, 'providers' look at their laptops more than at their patients, and the ruthless pursuit of efficiency has vanquished the effectiveness of treatment. Victoria Sweet knows that there is an alternative way, because she has lived and practised it. In her new book, she reflects with compassion, wit, and profound insight on experiences drawn from her time in medical school, internship, and residencies, the path to the 'slow medicine' in which she has been pioneer and inspiration.

Careless Thought Costs Lives

If you or a family member suffer from a life-threatening illness and have been told there is little chance of a medical cure or remission, "Sooner or Later" is written for you. It offers the reader a safe place to help process the turbulent emotions during the diagnosis phase and remain sane, rational and in control.

Pertinent questions to ask specialists, written in a way reader and provider understand, empower patients and their families to seek the appropriate level of care. To date, no other book offers the information and tools to take control and make good decisions to maintain the best quality of life. "Sooner or Later is a rare treasure. This book shines with compassion, wisdom, humor, and truth. I believe it should be must reading for everyone. Really " Christiane Northrup, M.D.

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