

Is It You Me Or Adult A D D Stopping The Rollar Coaster When Someone You Love Has Attention Deficit Disorder

You Me Everything Adult ADHD-Focused Couple Therapy Love is You & Me. Astrology for Real Relationships The Season of You & Me You, Me, and the Sea You, Me, We! (Set of 2 Fill-In Books) Between You and Me You and Me and Him Is It You or Is It Me? You, Me and a Family Between You & Me: Confessions of a Comma Queen You, Me, and ADHD You, Me, and Her. Tales of You, Me and Them You, Me, and We Me and White Supremacy Is it You, Me, Or Adult A.D.D.? Is it You, Me, Or Adult A.D.D.? You and Me One Boy's Struggles Is it You, Me, Or Adult A.D.D.? You, Me and Other People You, Me and the Movies Between the World and Me Me, You, Us You Mean I'm Not Lazy, Stupid or Crazy?! You, Me and God You & Me & why We are in Love You and Me Forever: Marriage in Light of Eternity The You and Me Book You, Me and Empathy Four Days of You and Me Healing ADD When an Adult You Love Has ADHD Between You & Me You & Me God, Is That You, Me, Or the Devil You and I, Me and You Thank You, Me

You Me Everything

Adult ADHD-Focused Couple Therapy

Presents a guide to maintaining a relationship with an adult diagnosed with the disorder, with information on the basics, challenges, and options for treatment.

Love is You & Me.

Phyre knows there is something life-changing about her new drama teacher, Mia, from the moment they meet. As Phyre rehearses for the school play, she comes to realize that the unrequited feelings she has for Mia go deeper than she's ever experienced. Especially with a teacher. Or a woman. All the while, Phyre's best friend-addressed throughout the story in the second person, as "you"-stands by, ready to help Phyre make sense of her feelings. But just as Mia doesn't understand what Phyre feels, Phyre can't fathom the depth of her best friend's feelings until it's almost too late for a happy ending. Characters come to life through the innovative screenplay format of this dazzling debut, and unanswered questions-is "you" male or female?-will have readers talking.

Astrology for Real Relationships

Like all great ideals, Love - the kind written with a capital letter - often seems elusive. So then maybe it's better, as Aurelia Alcais does, to talk about the kind written in lower case, the more intimate kind of love, the kind that intertwines with our lives and creeps into the cracks of the everyday.

The Season of You & Me

"Equal parts wry comedy and touching family drama, it's ultimately a heartbreaker that'll stay with you long after you're done." —Marie Claire "Glass of chilled ros é , check. Comfy chair, check. Box of tissues, check. You Me Everything is everything you need for a moving, funny,

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heartbreaking, and ultimately joyous read.” --Susan Wiggs, #1 New York Times bestselling author of *Map of the Heart* Set in the French countryside on an idyllic summer vacation, a delicious, tender novel about finding joy and love even in the most unexpected places. Jess and her ten-year-old son William set off to spend the summer at Château de Roussignol, deep in the rich, sunlit hills of the Dordogne. There, Jess’s ex-boyfriend—and William’s father—Adam, runs a beautiful hotel in a restored castle. Lush gardens, a gorgeous pool, delectable French food, and a seemingly never-ending wine list—what’s not to like? Jess is bowled over by what Adam has accomplished, but she’s in France for a much more urgent reason: to make Adam fall in love with his own son. But Adam has other ideas, and another girlfriend—and he doesn’t seem inclined to change the habits of a lifetime just because Jess and William have appeared on the scene. Jess isn’t surprised, but William—who has quickly come to idolize his father—wants nothing more than to spend time with him. But Jess can’t allow Adam to let their son down—because she is tormented by a secret of her own, one that nobody—especially William—must discover. By turns heartwrenching and hopeful, *You Me Everything* is a novel about one woman’s fierce determination to grab hold of the family she has and never let go, and a romantic story as heady as a crisp Sancerre on a summer day.

You, Me, and the Sea

A modern, inclusive guide to astrology that will illuminate your love life as well as your relationships with your family, your friends, and yourself. When it comes to friendship, family, and romance, we all want the same things: to love and be loved, to communicate, to fight fair, and to feel okay in our own skin. *Astrology for Real Relationships* is a modern, practical guide to life’s least practical matters--relationships of all kinds and matters of the heart--that will help you understand your blind spots, blocks, and fears so you can make choices that leave you happy and fulfilled. Full of real talk about attraction, dating, sex, frenemies, self-love, and how to deal with family, this book will help you build and maintain strong connections--with your crushes, your spouse, your boss, or your mom--and uncover and get what you really want in relationships, not what you think you should want.

You, Me, We! (Set of 2 Fill-In Books)

Are they meant to be, or better apart? Every May 7th, the students at Coffee County High School take a class trip. And every year, Lulu’s relationship with Alex Rouvelis gets a little more complicated. Freshman year they went from sworn enemies to more than friends after a close encounter in an escape room. It’s been hard for Lulu to quit Alex ever since. Through break-ups, make-ups, and dating other people, each year’s trip class brings the pair back together and forces them to confront their undeniable connection. From the science museum to Six Flags; New York City to London, Lulu learns one thing is for sure: love is the biggest trip of all.

Between You and Me

This charming story uses verse, beautiful illustrations and a little person called Quinn to model the meaning of empathy. Quinn shows an abundance of understanding, compassion and kindness towards others. Empathy is a learnt trait, and one to nurture in all children. Included are Discussion Questions and activities to promote empathy.

You and Me and Him

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Love is me, and love is you. You see, when you smile I smile too. When you're around, the skies are blue. It's like being happy . . . times two! Monica Sheehan's delightful follow-up to *Be Happy!* reminds readers about the surprisingly simple acts that demonstrate love: giving a hug, sharing your toys, being a good friend, and much more. This vibrant, uplifting title all about love makes a perfect gift for Valentine's Day or any time of the year!

Is It You or Is It Me?

'Compelling, chilling and an incredibly impressive' Alexandra Brown 'Shocking, and very cleverly crafted' The Book Review Caf é 'Disturbing and chilling' Northern Crime Reviews 'A gripping psychological thriller with a level of tension that will leave you breathless' Tracy Book Lover

You, Me and a Family

You and Me is a loving tribute to how fate brought two best friends together. An adorable cat muses about the what-ifs in life: What if he had slept late that one special morning? What if he'd missed his train on that fateful day? Then he might never have met his favorite person in the world, and his entire life would be different! Two friends delight in the incredible power of serendipity in this charming tale. Illustrated by the bestselling Peter H. Reynolds, *You and Me* is the ultimate gift for the closest of friends on Valentine's Day or any day of the year.

Between You & Me: Confessions of a Comma Queen

From Robin Constantine, author of *The Promise of Amazing* and *The Secrets of Attraction*, comes a funny and heartfelt summer romance set in New Jersey. Perfect for fans of Sarah Mlynowski, Jenny Han, and Morgan Matson. Cassidy Emmerich is reeling from a sudden, humiliating breakup. The last thing she wants to do is stick around and be reminded of her ex everywhere she goes. On impulse, she decides to spend the summer with her father and his family at their Jersey Shore bed-and-breakfast. A different scene and a new job working as a camp counselor seem like the perfect recipe for forgetting Gavin as quickly as possible—not to mention for avoiding him until he leaves for college. Bryan Lakewood is sick of nevers. You'll never walk. You'll never surf. You'll never slow dance with a girl and have her put her head on your shoulder. Last year he made one false move—now he's paralyzed and needs to use a wheelchair. But this summer, he's back at his camp job and is determined to reclaim his independence—and his confidence. Cass is expecting two months of healing her broken heart. Bryan is expecting a summer of tough adjustments. Neither is expecting to fall in love.

You, Me, and ADHD

From the USA Today bestselling author of *All the Summer Girls* and *Dog Crazy* comes a spellbinding and suspenseful tale inspired by *Wuthering Heights* that illuminates the ways in which hope—and even magic—can blossom in the darkest of places. To find her way, she must abandon everything she loves... As a child, Merrow Shawe believes she is born of the sea: strong, joyous, and wild. Her beloved home is Horseshoe Cliff, a small farm on the coast of Northern California where she spends her days exploring fog-cloaked bluffs, swimming in the cove, and basking in the light of golden sunsets as her father entertains her with fantastical stories. It is an enchanting childhood, but it is not without hardship—the mystery of Merrow's mother's death haunts her, as does the increasingly senseless cruelty of her older brother,

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Bear. Then, like sea glass carried from a distant land, Amir arrives in Merrow's life. He's been tossed about from India to New York City and now to Horseshoe Cliff, to stay with her family. Merrow is immediately drawn to his spirit, his passion, and his resilience in the face of Bear's viciousness. Together they embrace their love of the sea, and their growing love for each other. But the ocean holds secrets in its darkest depths. When tragedy strikes, Merrow is forced to question whether Amir is really the person she believed him to be. In order to escape the danger she finds herself in and find her own path forward, she must let go of the only home she's ever known, and the only boy she's ever loved.

You, Me, and Her.

The stunning debut novel from Fionnuala Kearney - already a Top Ten Irish Times bestseller

Tales of You, Me and Them

A pair of activity books to inspire bonding between parents and kids You, Me, We! is a set of fill-in books that give parents and children an opportunity to express themselves and connect with each other in the process. Filled with activities that appeal to the kid and the kid-at-heart, these identical books are designed so that a parent and child can capture memories, share interests, and collaborate on silliness at the same time! Created by Erin Jang (@indigobunting) and kid-tested by her son Miles, these boldly designed books are gender-neutral and written for moms, dads, sons, and daughters alike. They are ideal for taking on vacation, breaking out on a rainy day, or doing a page at a time as a nightly ritual. An easy way to capture the parent-child relationship at a moment in time, You, Me, We! will become a treasure in the making. Special Features Two paperback books packaged together with a clear acetate jacket Activities are suitable for ages 7 and up Full-color illustrations throughout

You, Me, and We

#1 NEW YORK TIMES BESTSELLER • NATIONAL BOOK AWARD WINNER • NAMED ONE OF TIME'S TEN BEST NONFICTION BOOKS OF THE DECADE • PULITZER PRIZE FINALIST • NATIONAL BOOK CRITICS CIRCLE AWARD FINALIST • ONE OF OPRAH'S "BOOKS THAT HELP ME THROUGH" • NOW AN HBO ORIGINAL SPECIAL EVENT Hailed by Toni Morrison as "required reading," a bold and personal literary exploration of America's racial history by "the most important essayist in a generation and a writer who changed the national political conversation about race" (Rolling Stone) NAMED ONE OF THE MOST INFLUENTIAL BOOKS OF THE DECADE BY CNN • NAMED ONE OF PASTE'S BEST MEMOIRS OF THE DECADE • NAMED ONE OF THE TEN BEST BOOKS OF THE YEAR BY The New York Times Book Review • O: The Oprah Magazine • The Washington Post • People • Entertainment Weekly • Vogue • Los Angeles Times • San Francisco Chronicle • Chicago Tribune • New York • Newsday • Library Journal • Publishers Weekly In a profound work that pivots from the biggest questions about American history and ideals to the most intimate concerns of a father for his son, Ta-Nehisi Coates offers a powerful new framework for understanding our nation's history and current crisis. Americans have built an empire on the idea of "race," a falsehood that damages us all but falls most heavily on the bodies of black women and men—bodies exploited through slavery and segregation, and, today, threatened, locked up, and murdered out of all proportion. What is it like to inhabit a black body and find a way to live within it? And how can we all honestly reckon with this fraught history and free ourselves from its burden? Between the World and Me is Ta-Nehisi Coates's attempt to

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answer these questions in a letter to his adolescent son. Coates shares with his son—and readers—the story of his awakening to the truth about his place in the world through a series of revelatory experiences, from Howard University to Civil War battlefields, from the South Side of Chicago to Paris, from his childhood home to the living rooms of mothers whose children's lives were taken as American plunder. Beautifully woven from personal narrative, reimagined history, and fresh, emotionally charged reportage, *Between the World and Me* clearly illuminates the past, bravely confronts our present, and offers a transcendent vision for a way forward.

Me and White Supremacy

As an educator and mother of a child with ADHD, I have gained a lot of medical information about this condition. Bryan's book however, helped me understand my daughter's disorder in a new, insightful way. I never considered her point of view before, with concern to ADHD, and how it must be affecting her. Bryan coming forward like this and bravely revealing his struggles with ADD has benefited me and my family beyond measure. Thank you, Bryan - Jennifer Williams, an ADHD mother with BA in Early Childhood Education."

Is it You, Me, Or Adult A.D.D.?

A family to call her own Returning to Nelson Harbor hospital, Dr. Alexandra Prendergast sees work as a distraction from the loss of the baby she'd always longed for. But working with single dad Mario Forelli, who's bringing up his little girl, Sophia, only reinforces dreams of a family that for Alex can never come true. Alex tries to resist Mario's continental charm, but in doing so she sees a vulnerability beneath his proud facade. Maybe a family for all three of them is closer than they think....

Is it You, Me, Or Adult A.D.D.?

Padgett Powell, author of the acclaimed *The Interrogative Mood* and "one of the few truly important American writers of our time" (Sam Lipsyte), returns with a hilarious Southern send-up of Samuel Beckett's classic *Waiting for Godot*. Truly a master of envelope-pushing, post-postmodern American fiction, in a class with Nicholas Baker and Lydia Davis, Powell brilliantly blends the sublime, the trivial, and the oddball in *You & Me*, as two loquacious gents on a porch discuss all manner of subjects, from the mundane to the spiritual to the downright ridiculous. At once outrageously funny and profound, *You & Me* is yet another brilliant, boundary-bursting masterwork, proving once again that, "there are few writers who understand both the beauty and the absurdity of language as well as Padgett Powell" (Kevin Wilson, author of *The Family Fang*) and that, "Padgett Powell is one of the best writers in America, and one of the funniest, too" (Ian Frazier). *You & Me: A Novel* won the James Tait Black Prize for Fiction.

You and Me

"Thank You, Me" is an illustrated children's picture book about expressing gratitude for our bodies. Have you ever thanked your body for everything that it allows you to do? Follow along as "Thank you, Me" expresses thanks to our bodies, and say "thank you" to your eyes, nose, mouth, ears, hands, and feet. Say thanks to your brain and your lungs. And last but not least, say thanks to your heart--because that is the place where the best "thank you's" start. Go

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beyond the book and start your own gratitude journal! What are you thankful for, and why?

One Boy's Struggle

Is it You, Me, Or Adult A.D.D.?

It's Your Love Story in a Book What's the craziest thing you've done for each other? What are you most looking forward to sharing in the future? What's your song? The You & Me Book will help you answer these questions and more. It's a chance for you as a couple to explore your own love story. You will discover things you didn't know about each other, your life together, and your hopes and dreams for the future--it's a gift that no one else can give. Packed with creative and quirky prompts, ideas, and activities, The You & Me Book offers a fresh way to see how "you" and "me" create "we."

You, Me and Other People

The New York Times and USA Today bestseller! This eye-opening book challenges you to do the essential work of unpacking your biases, and helps white people take action and dismantle the privilege within themselves so that you can stop (often unconsciously) inflicting damage on people of color, and in turn, help other white people do better, too. "Layla Saad is one of the most important and valuable teachers we have right now on the subject of white supremacy and racial injustice."—New York Times bestselling author Elizabeth Gilbert Based on the viral Instagram challenge that captivated participants worldwide, Me and White Supremacy takes readers on a 28-day journey, complete with journal prompts, to do the necessary and vital work that can ultimately lead to improving race relations. Updated and expanded from the original workbook (downloaded by nearly 100,000 people), this critical text helps you take the work deeper by adding more historical and cultural contexts, sharing moving stories and anecdotes, and including expanded definitions, examples, and further resources, giving you the language to understand racism, and to dismantle your own biases, whether you are using the book on your own, with a book club, or looking to start family activism in your own home. This book will walk you step-by-step through the work of examining: Examining your own white privilege What allyship really means Anti-blackness, racial stereotypes, and cultural appropriation Changing the way that you view and respond to race How to continue the work to create social change Awareness leads to action, and action leads to change. For readers of White Fragility, White Rage, So You Want To Talk About Race, The New Jim Crow, How to Be an Anti-Racist and more who are ready to closely examine their own beliefs and biases and do the work it will take to create social change. "Layla Saad moves her readers from their heads into their hearts, and ultimately, into their practice. We won't end white supremacy through an intellectual understanding alone; we must put that understanding into action."—Robin DiAngelo, author of New York Times bestseller White Fragility

You, Me and the Movies

You, Me and ADHD is an activity book that will help young people with ADHD recognise their superpowers. Written by Izzy Dog, a very clever dog who herself has ADHD, the book can be used in both home and education settings. You, Me and ADHD contains a combination of tried and tested activities and exercises, designed to help young people with ADHD recognise their special traits and learn how to manage them. The book itself is bright and colourful, and will

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capture the attention of ADHD readers - while not being too distracting.

Between the World and Me

Welcome to Me, You, Us? the book to fill out together! This is a creative space for you to share with your friends or a loved one. Just flip to a random page and use the prompts to jot down whatever silly thoughts or sweet memories pop into your brain. Write fortune cookies to each other! Decide on your perfect theme song! Brainstorm ideas for your matching tattoos! You can fill out each page with a different friend, or complete the whole book with a special someone. And the best part? Not only will you have fun getting playful together, you'll also end up with an amazing time capsule to look back on!

Me, You, Us

Candice is unable to stop dreaming about Dr. Gallo in spite of her promising relationship with Patrick, a situation that is complicated by the escaped Threefer Killers.

You Mean I'm Not Lazy, Stupid or Crazy?!

Two people. Ten classic films. A love story you'll never forget. _____ Arden has just started university when she meets Mac – and quickly falls head over heels for the handsome, charismatic film lecturer. Their love affair is dramatic, exciting and all-consuming; the sort of thing you only see in the movies. It couldn't last. But thirty years later, leading a very different life, Arden is visiting a friend in hospital when she suddenly comes across the man she never forgot. Badly injured in an accident, Mac can only make brief references to the classic films they once watched together: Casablanca, A Star is Born, Pretty Woman among others and they make Arden remember everything. The bittersweet memories of their relationship help Arden re-connect with the world in a way she no longer thought was possible. But will a movie-worthy love ever be hers again? A romantic, moving and inspiring love story that readers of David Nicholls, Jojo Moyes and Richard Curtis films will adore. _____ What everyone is saying about You, Me and the Movies: 'I LOVED THIS BOOK!! You, Me and The Movies is beautifully crafted, funny, uplifting and guaranteed to leave you smiling!!! This is one of those BIG WONDERFUL books that pulls you in and doesn't let you go until the very last page.' Lauren North, author of THE PERFECT BETRAYAL 'Imagine "One Day" with movies' 'It's a feel good story, a great holiday read' 'I loved this book it would make a great Richard Curtis movie' 'Pulls you in and doesn't let you go until the very last page' 'It's feel-good, poignant and very, very funny' 'It made me laugh, cry and want to watch lots more old movies'

You, Me and God

Since ADHD became a well-known condition, decades ago, much of the research and clinical discourse has focused on youth. In recent years, attention has expanded to the realm of adult ADHD and the havoc it can wreak on many aspects of adult life, including driving safety, financial management, education and employment, and interpersonal difficulties. Adult ADHD-Focused Couple Therapy breaks new ground in explaining and suggesting approaches for treating the range of challenges that ADHD can create within a most important and delicate relationship: the intimate couple. With the help of contributors who are experts in their specialties, Pera and Robin provide the clinician with a step-by-step, nuts-and-bolts approach to help couples enhance their relationship and improve domestic cooperation. This

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comprehensive guide includes psychoeducation, medication guidelines, cognitive interventions, co-parenting techniques, habit change and communication strategies, and ADHD-specific clinical suggestions around sexuality, money, and cyber-addictions. More than twenty detailed case studies provide real-life examples of ways to implement the interventions.

You & Me & why We are in Love

This book is for anyone that has ever struggled to know the voice of God confidently. It is a book that covers everything a person needs to know about hearing and discerning the voice of God. It more specifically addresses how we can know the difference between God's voice, our voice, and Satan's voice.

You and Me Forever: Marriage in Light of Eternity

An updated edition of the classic self-help book for people with Attention Deficit Disorder! With over a quarter million copies in print, *You Mean I'm Not Lazy, Stupid or Crazy?!* is one of the bestselling books on attention deficit disorder (ADD) ever written. There is a great deal of literature about children with ADD. But what do you do if you have ADD and aren't a child anymore? This indispensable reference—the first of its kind written for adults with ADD by adults with ADD—focuses on the experiences of adults, offering updated information, practical how-tos and moral support to help readers deal with ADD. It also explains the diagnostic process that distinguishes ADD symptoms from normal lapses in memory, lack of concentration or impulsive behavior. Here's what's new: -The new medications and their effectiveness -The effects of ADD on human sexuality -The differences between male and female ADD—including falling estrogen levels and its impact on cognitive function -The power of meditation -How to move forward with coaching And the book still includes advice about: -Achieving balance by analyzing one's strengths and weaknesses -Getting along in groups, at work and in intimate and family relationships—including how to decrease discord and chaos -Learning the mechanics and methods for getting organized and improving memory -Seeking professional help, including therapy and medication

The You and Me Book

“Do not ignore a call from me when you know I am feeling neurotic about a boy. That is Best Friend 101.” —Nash Maggie and Nash are outsiders. She's overweight. He's out of the closet. The best of friends, they have seen each other through thick and thin, but when Tom moves to town at the start of the school year, they have something unexpected in common: feelings for the same guy. This warm, witty novel—with a clear, true voice and a clever soundtrack of musical references—sings a song of love and forgiveness.

You, Me and Empathy

Four Days of You and Me

Marriage is great, but it's not forever. It's until death do us part. Then come eternal rewards or regrets depending on how we spent our lives. In his latest book, Francis Chan joins together with his wife Lisa to address the question many couples wonder at the altar: “How do I have a healthy marriage?” Setting aside typical topics on marriage, Francis and Lisa dive into

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Scripture to understand what it means to have a relationship that satisfies the deepest parts of our souls. In the same way Crazy Love changed the way we saw our personal relationship with God, You and Me Forever: Marriage in Light of Eternity will radically shift the way we see one of the most important relationships in our life. Jesus was right. We have it all backwards. The way to have a great marriage is by not focusing on marriage. Whether you are single, dating or married, You and Me Forever will help you discover the adventure that you were made for and learn how to thrive in it. 100% of the net proceeds from this book will support various ministries including those that help provide shelter and rehabilitation for thousands of children and exploited women around the world. For more information, please visit: youandmeforever.org

Healing ADD

You, Me, and Her is a collection of original poems and personal essays about love, loss, abuse, heartbreak, and being unapologetically yourself as a woman. You, Me, and Her was created to hold hands with the reader and to remind them that they are never alone.

When an Adult You Love Has ADHD

Tales of You, Me and Them, is a collection of eight short stories. A village flows through the heart of the main characters in these stories. The author remembers her childhood and holidays spent in Keeladi, a South Indian village, and lets her imagination flow as she connects her stories to this little village that fascinated her immensely. The stories carry the battles, triumphs and failures in everyday lives of everyday people. It transforms the lives of ordinary men and women, into very real and, yet, extraordinary tales. There is love, hatred, revenge, pain, desire, dreams, challenges, and then, there is hope. Hope that can light up many lives, including yours, mine and theirs. Each story will leave a lasting impression on you, making you realize how simple, and yet, how so complicated life happens to be.

Between You & Me

In this provocative new look at romantic relationships, psychologist Scott Wetzler explores the widespread phenomenon of misplaced anger that seems to define couple dynamics in the 1990s. He finds a wary, secretive, and combative atmosphere clouding relationships. Partners are feeling hurt and bruised by the very people with whom they are most vulnerable. In desperation and puzzlement, they are asking, "Who's at fault here? Is it you or is it me?" What seems to be driving this "inside-out" dynamic, says Dr. Wetzler, is our increasing inability to tolerate the uncomfortable feelings that intimacy arouses--anger, anxiety, frustration, disappointment, or self-doubt. We have become utterly cynical about love and find it easier to hold our partners responsible for our psychological frailties than to own up to and work through the confusing emotions that inevitably accompany falling and being in love. Written in a strong narrative style with illuminating case examples throughout, here is a book of relationship advice for grownups.

You & Me

The reader will learn to enjoy a happy and loving marriage? Whether their marriage is flourishing or floundering, you can benefit from the insights of Dr. Gene and Sue Lingerfelt as they share real and practical ideas for making every marriage better. Readers will discover need to launch and continue marital growth as they discover just how tightly God can bind

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them together, and how, based on principles found in God's Word, every couple can achieve what God intended a marriage like heaven on earth!

God, Is That You, Me, Or the Devil

You and I, Me and You

"Hilarious...This book charmed my socks off." —Patricia O'Conner, New York Times Book Review
Mary Norris has spent more than three decades working in The New Yorker's renowned copy department, helping to maintain its celebrated high standards. In *Between You & Me*, she brings her vast experience with grammar and usage, her good cheer and irreverence, and her finely sharpened pencils to help the rest of us in a boisterous language book as full of life as it is of practical advice. Named a Best Book of the Year by NPR, Amazon, Wall Street Journal, Publishers Weekly, Kirkus, and Library Journal.

Thank You, Me

Attention Deficit Disorder (ADD) is a national health crisis that continues to grow—yet it remains one of the most misunderstood and incorrectly treated illnesses today. Now, using breakthrough diagnostic techniques, Dr. Daniel Amen has discovered that there are six distinct types of ADD, each requiring a different treatment. With recommendations for prescription drugs, nutraceutical therapy, cognitive reprogramming, parenting and educational strategies, biofeedback, self-hypnosis and more, Dr. Amen's revolutionary approach provides a treatment program that can lead sufferers of ADD to a normal, peaceful, and fully functional life. Sufferers from ADD often say, "The harder I try, the worse it gets." Dr. Amen tells them, for the first time, how to get well.

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