

Sacred Luxuries Fragrance Aromatherapy And Cosmetics In Ancient Egypt

Scents of Time EGYPTIAN LUXURIES: fragrance, aromatherapy and cosmetics in pharaonic times
The Secret Lore of Egypt
The Other Dickens
An Ancient Egyptian Herbal
Science and Technology in Homeric Epics
City of the Dead
Sacred Luxuries
Gattefosse's Aromatherapy
Strange and Wonderful
The Encyclopedia of Ancient Egypt
Sacred Smoke
Lost Tombs
The Ladies' Book of Etiquette, and Manual of Politeness
The Art of Perfumery
Art Scents
Essential Oils in Spiritual Practice
Essence and Alchemy
Handbook to Life in Ancient Egypt
Scents & Sexuality
The Book of Perfumes
Water Magic
If There Ever was
The Books of Jeu and the Pistis Sophia as Handbooks to Eternity
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Perfumes
Making Aromatherapy Creams & Lotions
The Wall Decoration of Three Theban Tombs (TT 77, 175, and 249)
The Perfume Handbook
Aroma
Sacred Luxuries
Coming to My Senses
The Ancient Egyptians
Fragrant
Kyphi
The Bible Hand-book
Flavours and Fragrances
The Cat in Ancient Egypt
Sacred Scents

Scents of Time

In *The Books of Jeu and the Pistis Sophia as Handbooks to Eternity* Erin Evans offers an in-depth examination of the Coptic Books of Jeu and Pistis Sophia, demonstrating their system of cosmology and ritual practice, and their relationship to other contemporary Gnostic myths and ideas.

EGYPTIAN LUXURIES: fragrance, aromatherapy and cosmetics in pharaonic times

"The ancient Egyptians were skilled in the use of herbs and spices for medicines, cooking, cosmetics, perfumes, and many other purposes. Drawing on texts written by the Egyptians and their neighbors, and on works by classical authors and the Copts, Lise Manniche has reconstructed an herbal of 94 species of plants and trees used from before the pharaohs to the late Coptic period. Each plant is named in Latin and English, and where known in ancient Egyptian, Greek, and modern Arabic. An account is given of the plants' special properties, with authentic recipes for cosmetics and cures. In her introduction the author discusses the many uses the ancient Egyptians made of herbs and flowers, and the importance of plants for funerary and festive occasions." --Publisher description.

The Secret Lore of Egypt

Mandy Aftel is widely acclaimed as a trailblazer in natural perfumery. Over two decades of sourcing the finest aromatic ingredients from all over the world and creating artisanal fragrances, she has been an evangelist for the transformative power of scent. In *Fragrant*, through five major players in the epic of aroma, she explores the profound connection between our sense of smell and the appetites that move us, give us pleasure, make us fully alive. She imparts the essentials of scent literacy and includes recipes for easy-to-make fragrances and edible and useful concoctions.

The Other Dickens

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Smell is a social phenomenon, given particular meanings and values by different cultures. Odours form the building blocks of cosmologies, class hierarchies, and political odours. They can enforce social structures or transgress them, unite people or divide them, empower or disempower. The authors argue that the sociology of smell is repressed in the modern West, and its social history ignored. This book breaks the "olfactory silence" of modernity. It offers the first comprehensive exploration of the cultural role of odours in Western history - from antiquity to the present. It also covers a wide variety of non-Western societies. Its topics range from the medieval concept of the "odour of sanctity", to the aromatherapies of South America, and from olfactory stereotypes of gender and ethnicity in the modern West to the role of smell in postmodernity. Its subject matter will fascinate anyone who likes to nose around in the inner workings of culture.

An Ancient Egyptian Herbal

Science and Technology in Homeric Epics

The origins of the art of fragrance are traced back to ancient Egypt in this ground-breaking analysis of perfumes, aromatherapy, and cosmetics employed in the pharaoh's court.

City of the Dead

Sacred Luxuries

Shares recipes for bath preparations designed to reduce stress, promote sleep, alleviate hangovers, and improve one's health

Gattefosse's Aromatherapy

Using essential oils to influence your energetic make-up and karmic patterns • Details how to identify which tattvas--the Five Great Elements--are dominant in your energetic make-up • Explores the energetic signatures of the essential oils associated with each tattva and chakra, including their archetypes, sacred geometry, sacred sounds, and colors • Explains how to identify your personal vibrational signature, purify your energy body, impart vibrational properties to jewelry, and work with yantras and mantras The tattvas, the Five Great Elements--earth, water, fire, air/wind, and ether/space--create and sustain not only the universe but also all of its inhabitants. Each of us has a unique combination of these elemental energies behind our personal characteristics--everything from the color of our eyes to our behaviors and emotional temperament. What tattvas are dominant in your make-up can also be influenced by your surroundings and by karma. Essential oils, in addition to working biologically and chemically, also work at the energetic level, making them ideal for working with the tattvas. Teaching you how to use essential oils to affect the very fabric of your being, Candice Covington details how the Tattvas Method of essential oils allow you to access the deepest, most hidden aspects of Self, those beyond the reach of the mind, the very energetic causation patterns that set all behaviors and thoughts into motion. She reveals how the tattvas are the energy that animate each chakra and how we can use their archetypal energy to shape our inner life and align with our greater soul purpose. The author provides energetic profiles of each tattva, chakra, and essential oil, explains their relationships to one another, and details

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how to identify what tattva or chakra is dominant at any given time. Exploring the energetic signatures of the tattvic essential oils, she details their elemental make-up, animal and deity archetypes, sacred geometry symbols, sacred syllables, and colors. She reveals how to discover the energy patterns responsible for directing unhealthy life patterns and explains how to identify your personal vibrational signature, purify your energy body, and craft your own unique ritual practice with essential oils. Showing how essential oils are powerful vibrational tools for effecting change, the author reveals how they allow each of us to deliberately steer our own destiny, fulfill our personal dharma, and be all that our souls intended us to be.

Strange and Wonderful

A wealth of information on ancient Egypt.

The Encyclopedia of Ancient Egypt

This book is an introduction to the world of aroma chemicals, essential oils, fragrances and flavour compositions for the food, cosmetics and pharmaceutical industry. Present technology, the future use of resources and biotechnological approaches for the production of the respective chemical compounds are described. The book has an integrated and interdisciplinary approach on future industrial production and the issues related to this topic.

Sacred Smoke

True aristocrat of domestic animals, the cat has a distinguished ancestry. Most modern cats are thought to be descended from the cats of ancient Egypt, so these creatures represent a living link between ancient Egyptian civilization and our own. Drawing on a vast range of sources, this text examines the significance of cats in Egyptian religion and art.

Lost Tombs

'I've long wished perfumery to be taken seriously as an art, and for scent critics to be as fierce as opera critics, and for the wearers of certain "fragrances" to be hissed in public, while others are cheered. This year has brought *Perfumes: The Guide* by Luca Turin and Tania Sanchez, which I breathed in, rather than read, in one delighted gulp.' Hilary Mantel, *Guardian* *Perfumes: The Guide* is the culmination of Turin's lifelong obsession and rare scientific flair and Sanchez's stylish and devoted blogging about every scent that she's ever loved and loathed. Together they make a fine and utterly persuasive argument for the unrecognised craft of perfume-making. Perfume writing has certainly never been this honest, compelling or downright entertaining.

The Ladies' Book of Etiquette, and Manual of Politeness

An explanation of aromatherapy, what it is and how it works with especial reference to fifty plants and essences. It includes a guide to the plants and essential oils used in aromatherapy and how they can keep the body and mind healthy.

The Art of Perfumery

The Ladies' Book of Etiquette, And Manual of Politeness: A Complete Handbook for the Use of

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the by Florence Hartley, first published in 1872, is a rare manuscript, the original residing in one of the great libraries of the world. This book is a reproduction of that original, which has been scanned and cleaned by state-of-the-art publishing tools for better readability and enhanced appreciation. Restoration Editors' mission is to bring long out of print manuscripts back to life. Some smudges, annotations or unclear text may still exist, due to permanent damage to the original work. We believe the literary significance of the text justifies offering this reproduction, allowing a new generation to appreciate it.

Art Scents

In 1948 I was posted, as a Political Officer, to a remote part of south-west Arabia on the edge of the great desert called the Empty Quarter. In valleys made fertile by seasonal flood-waters lay the remains of an ancient civilization. I found inscriptions and the ruin sites of towns, palaces and temples. Almost buried under the sand dunes were the tumbled walls of a great city. From here, two thousand years before, huge camel caravans had trudged their way along 1600 miles of burning sand and rocks to Petra and Gaza, burdened with a most precious cargo - frankincense, myrrh and other perfume materials for the courts, temples and perfume shops of Rome. My book Frankincense and Myrrh delved into the details of this romantic trade and led to a broader interest in the perfumes of ancient times. Then, researching on behalf of a perfume house into the Arab contribution to perfumery, I came across the collection of perfume recipes assembled by the Arab philosopher-scientist Yaqub al-Kindi, which have never been translated into English (some, which I have translated myself, are now included in an appendix to this book). I realized that in that work I had found key evidence to demonstrate how the medieval Arab perfume makers had been the bridge in perfume history between ancient and modern times. Perfumery could now be seen as an art with a continuous history of development since the dawn of civilization.

Essential Oils in Spiritual Practice

The Art of Perfumery And Methods of Obtaining the Odors of Plants by G.W. Septimus Piesse s. Among the nations of antiquity, an offering of perfumes was regarded as a token of the most profound respect and homage. Incense, or Frankincense, which exudes by incision and dries as a gum, from *_Arbor-thurifera_*, was formerly burnt in the temples of all religions, in honor of the divinities that were there adored. Many of the primitive Christians were put to death because they would not offer incense to idols. "Of the use of these luxuries by the Greeks, and afterwards by the Romans, Pliny and Seneca gives much information respecting perfume drugs, the method of collecting them, and the prices at which they sold. Oils and powder perfumery were most lavishly used, for even three times a day did some of the luxurious people anoint and scent themselves, carrying their precious perfumes with them to the baths in costly and elegant boxes called NARTHECIA." In the Romish Church incense is used in many ceremonies, and particularly at the solemn funerals of the hierarchy, and o We are delighted to publish this classic book as part of our extensive Classic Library collection. Many of the books in our collection have been out of print for decades, and therefore have not been accessible to the general public. The aim of our publishing program is to facilitate rapid access to this vast reservoir of literature, and our view is that this is a significant literary work, which deserves to be brought back into print after many decades. The contents of the vast majority of titles in the Classic Library have been scanned from the original works. To ensure a high quality product, each title has been meticulously hand curated by our staff. Our philosophy has been guided by a desire to provide the reader with a book that is as close as possible to ownership of the original work. We hope that you will enjoy this wonderful classic work, and that for you it

becomes an enriching experience.

Essence and Alchemy

Handbook to Life in Ancient Egypt

Here is the missing link in Essential Oil literature, the first modern work written by the man who coined the word 'Aromatherapy.' In July 1910 René - Maurice Gattefossé discovered the healing properties of lavender oil after severely burning his hands in a laboratory explosion. This led him into a lifetime of research into Essential Oils. His remarkable book was first published in 1937 and has been out of print for many years. Now translated, it has been edited by Robert Tisserand, author of three books on aromatherapy (including the best-seller, *The Art of Aromatherapy*), editorial adviser of the *Journal of Alternative and Complementary Medicine* and editor of *The International Journal of Aromatherapy*. The book is a fascinating blend of ancient and modern knowledge and aromatherapists will find it an essential tool of reference. Extensive notes are provided by Robert Tisserand at the back of the book. Chapters include those on human smells and animal smells, toxicity, the properties of essential oils and their constituents, the treatment of many diseases, and over fifty case studies from doctors.

Scents & Sexuality

Catherine Hogarth, who came from a cultured Scots family, married Charles Dickens in 1836, the same year he began serializing his first novel. Together they traveled widely, entertained frequently, and raised ten children. In 1858, the celebrated writer pressured Catherine to leave their home, unjustly alleging that she was mentally disordered-unfit and unloved as wife and mother. Constructing a plotline nearly as powerful as his stories of Scrooge and Little Nell, Dickens created the image of his wife as a depressed and uninteresting figure, using two of her three sisters against her, by measuring her presumed weaknesses against their strengths. This self-serving fiction is still widely accepted. In the first comprehensive biography of Catherine Dickens, Lillian Nayder debunks this tale in retelling it, wresting away from the famous novelist the power to shape his wife's story. Nayder demonstrates that the Dickenses' marriage was long a happy one; more important, she shows that the figure we know only as "Mrs. Charles Dickens" was also a daughter, sister, and friend, a loving mother and grandmother, a capable household manager, and an intelligent person whose company was valued and sought by a wide circle of women and men. Making use of the Dickenses' banking records and legal papers as well as their correspondence with friends and family members, Nayder challenges the long-standing view of Catherine Dickens and offers unparalleled insights into the relations among the four Hogarth sisters, reclaiming those cherished by the famous novelist as Catherine's own and illuminating her special bond with her youngest sister, Helen, her staunchest ally during the marital breakdown. Drawing on little-known, unpublished material and forcing Catherine's husband from center stage, *The Other Dickens* revolutionizes our perception of the Dickens family dynamic, illuminates the legal and emotional ambiguities of Catherine's position as a "single" wife, and deepens our understanding of what it meant to be a woman in the Victorian age.

The Book of Perfumes

Water Magic

In the Homeric Epics, important references to specific autonomous systems and mechanisms of very advanced technology, such as automata and artificial intelligence, as well as to almost modern methods of design and production are included. Even if those features of Homeric science were just poetic concepts (which on many occasions does not explain the astonishing details of design and manufacture, like the ones included in the present volume), they seem to prove that these achievements were well within human capability. In addition, the substantial development of machine theory during the early post-Homeric age shows that the Homeric descriptions were a kind of prophetic conception of these machines, and scientific research must be a quest for the fundamental principles of knowledge available during the Late Bronze Age and the dawn of the Iron Age. Such investigations must of necessity be strongly interdisciplinary and also proceed continuously in time, since, as science progresses, new elements of knowledge are discovered in the Homeric Epics, amenable to scientific analysis. This book brings together papers presented at the international symposium Science and Technology in Homeric Epics, which took place at Ancient Olympia in 2006. It includes a total of 41 contributions, mostly original research papers, covering diverse fields of science and technology, in the modern sense of these words.

If There Ever was

An artisan perfumer reveals a lost art and its mysterious, sensual history. For centuries, people have taken what seems to be an instinctive pleasure in rubbing scents into their skin. Perfume has helped them to pray, to heal, and to make love. And as long as there has been perfume, there have been perfumers, or rather the priests, shamans, and apothecaries who were their predecessors. Yet, in many ways, perfumery is a lost art, its creative and sensual possibilities eclipsed by the synthetic ingredients of which contemporary perfumes are composed, which have none of the subtlety and complexity of essences derived from natural substances, nor their lush histories. *Essence and Alchemy* resurrects the social and metaphysical legacy that is entwined with the evolution of perfumery, from the dramas of the spice trade to the quests of the alchemists to whom today's perfumers owe a philosophical as well as a practical debt. Mandy Aftel tracks scent through the boudoir and the bath and into the sanctums of worship, offering insights on the relationship of scent to sex, solitude, and the soul. Along the way, she imparts instruction in the art of perfume compositions, complete with recipes, guiding the reader in a process of transformation of materials that continues to follow the alchemical dictum *solve et coagula* (dissolve and combine) and is itself aesthetically and spiritually transforming.

The Books of Jeu and the Pistis Sophia as Handbooks to Eternity

Nourish and revitalize your skin with your own handcrafted creams and lotions. Donna Maria shares her simple five-step method for creating fragrant all-natural body rubs, facial creams, lip balms, moisturizers, and more. Explore how aromatic oils can effectively preserve and protect your skin, and learn how to craft products that target your skin's specific needs. You'll be amazed at how your products, which are both inexpensive and free of harsh chemicals, can help promote healthy and vibrant skin. This publication conforms to the EPUB Accessibility specification at WCAG 2.0 Level AA.

Gold of the Pharaohs

The Practice Of Aromatherapy

A clear, contemporary guide to the ritual use of smoke, and scents to cleanse the energies of our mind and body as well as our home. This book offers the essential tools creating a sacred space at home - a safe space free of negative energies - using herbs, incense, smoke, and other practices. In six practical and accessible user-friendly chapters, Amy Blackthorn covers all basics: What you need to know about a purification and cleansing practice The importance of self-care, starting with yourself before moving outward How to keep your home and family safe How to protect your home while you are away Adding crystals to your practice Essential herbs and recipes for creating cleansing smoke Sacred Smoke is an essential guide for anyone seeking to practice the ritual use of cleansing and clearing to protect and heal themselves, their home, and their family.

Perfumes

The complete wall decorations of 3 Theban tombs (No. 77, No. 175 and No. 249) are here published for the first time. The graves at Thebes in Egypt, belonged to a master builder of the Amon temple in the time of Thutmosis IV, a purveyor of sweets in Amenophis III's temple of the dead, and a man in the business of scented oils. To date, only individual scenes from these tombs have been published, but here the reader is presented with the decorations in their entirety, including black and white photographs and line drawings, together with transcriptions and translations of all of the related texts.

Making Aromatherapy Creams & Lotions

Chronicles Egyptian civilization from the Predynastic Period to the end of Roman rule, arranged thematically in chapters such as "Religion of the Living," "Architecture and Building," and "Everyday Life."

The Wall Decoration of Three Theban Tombs (TT 77, 175, and 249)

A sudden love affair with fragrance leads to sensual awakening, self-transformation, and an unexpected homecoming At thirty-six—earnest, bookish, terminally shopping averse—Alyssa Harad thinks she knows herself. Then one day she stumbles on a perfume review blog and, surprised by her seduction by such a girly extravagance, she reads in secret. But one trip to the mall and several dozen perfume samples later, she is happily obsessed with the seductive underworld of scent and the brilliant, quirky people she meets there. If only she could put off planning her wedding a little longer. . . . Thus begins a life-changing journey that takes Harad from a private perfume laboratory in Austin, Texas, to the glamorous fragrance showrooms of New York City and a homecoming in Boise, Idaho, with the women who watched her grow up. With warmth and humor, Harad traces the way her unexpected passion helps her open new frontiers and reclaim traditions she had rejected. Full of lush description, this intimate memoir celebrates the many ways there are to come to our senses.

The Perfume Handbook

"An overview of the aesthetic and ethical issues raised by the contemporary olfactory arts, which range from gallery and museum sculptures and installations, through the enhancement

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of theatre, film and music with scents, to the ambient scenting of stores and avant-garde chefs' use of scents in cuisine. Special attention is given to the aesthetics of perfume and incense and the question of their art status, as well as to the role of scent in the appreciation of nature and gardens. Ethical issues are discussed regarding ambient scenting, perfume wearing, and the use of smells in fast-food marketing. Because of the traditional neglect and denigration of the sense of smell and its aesthetic potential by philosophers from Kant and Hegel to the present, and by Darwin's and Freud's view of the human sense of smell as a near useless evolutionary vestige, the first parts of the book counter that tradition with both philosophical arguments and evidence from current evolutionary theory, neuroscience, psychology, anthropology, history, linguistics and literature. Although the focus is on Western olfactory arts, the book draws on non-Western examples throughout. The book is aimed at both philosophers and general readers interested in the arts, and develops positions that should stimulate further discussion"--

Aroma

Did you ever wonder why you are attracted to certain scents? Why you walk right up to someone to ask what they are wearing? This book will help you get a better idea why we use our nose and not our brain when choosing fragrance. We have smell memories and we are able to discern fragrances that we have encountered before. This favorable scent will unlock mysteries and keys to our growth and understanding of ourselves. Are you intrigued? Dive deeper into the world of fragrance as JoAnne takes you on an aromatic journey of the senses.

Sacred Luxuries

The ancient Egyptians burned incense three times a day in their temples: frankincense in the morning, myrrh at noon, and kyphi in the evening. For thousands of years the only description of kyphi came from Greek authors who had never seen kyphi made. But in 1865 a discovery by a young Egyptologist named Johannes D ü michen investigating the temple complex at Edfu changed all that. Underneath a thick coating of Nile mud was an entire room full of recipes, with explicit directions for preparation of the Egyptians' sacred incense. Two different recipes detailed the manufacture of kyphi. Karl Vermillion offers translations of the original German and French texts of these discoveries, beginning with D ü michen's announcement. D ü michen and his mentor, Henri Brugsch, wrote early reconstructions of these recipes, but their translations of the Egyptian hieroglyphics were flawed. 20 years later Victor Loret wrote a greatly improved translation, which has never before been available in English. Vermillion provides these new English translations along with commentary correlating the ancient ingredient names and their modern identities. Extensive appendices discuss all aspects of ingredient identification and preparation, including a summary of the latest scientific discoveries and literature. This book culminates in a recipe that can be prepared at home.

Coming to My Senses

Documents the treasures and ancient arts of pharaonic Egypt, with many of the underlying principles of past aromatherapy techniques still striking a chord today. Exquisite containers are pictured alongside recipes for scents most prized by the elite. Also included are details of fragrant remedies and the origins of aromatherapy, as well as a chapter on the art of ancient Egyptian cosmetics. All the objects in this volume were photographed from private collections and museums in 11 cities around the world.

The Ancient Egyptians

The Theban necropolis lies in strange contrast to the bustle of Luxor on the opposite bank of the Nile. Over 450 tombs spanning more than a thousand years, some fully excavated and recorded, others tantalisingly described by travellers but now lost, form a maze-like network of passages and caves. The decoration of many of the tombs, particularly those of the Eighteenth dynasty, provides some outstanding examples of ancient Egyptian painting and relief work and reveals fascinating details about the lives and beliefs of their owners. Some of the tombs were re-used and display contrasting styles of workmanship, while many were colonised in more recent centuries by peoples with scant respect for the tombs of their ancestors: many well-paintings are blackened and burnt beyond redemption. The author traces the history of the site discussing the more important tombs in some detail, and sheds new light on the symbolism used in painting to help the deceased in the Afterlife. She also surveys the role of the treasure hunters and travellers of the eighteenth and early nineteenth-centuries and the pioneer epigraphers who followed them and paved the way for the archeological investigation and research that continues today.

Fragrant

Kyphi

Revealing the sensual secrets of nature, "Scents and Sexuality" shows how the potent and pure essential oils of nature can heighten the pleasure of daily life or enrich a romantic evening. 25 photos. 10 tables.

The Bible Hand-book

"Ever since the creation of the world's first zoological and botanical gardens 5,000 years ago, people have collected, displayed, and depicted animals and plants from lands far beyond their everyday experience. Strange and Wonderful offers a richly illustrated journey across millennia and around the globe to explore the root of this phenomenon in art"--

Flavours and Fragrances

The study of Egypt as the fount of all wisdom and stronghold of hermetic lore, already strong in antiquity, Hornung (Egyptology, U. of Basel) calls Egyptosophy. Though it was soundly rebuffed by Egyptology, based on conventional science and history, he thinks its continuing impact on western culture deserves scholarly attention. He reviews the various occult traditions and their expression during various eras. The original *Esoterische Agypten* was published by C. H. Beck'sche Verlagsbuchhandlung, Munich, in 1999, and translated by David Lorton, who has also translated Hornung's earlier books for Cornell. Annotation copyrighted by Book News, Inc., Portland, OR.

The Cat in Ancient Egypt

First published in 1988. Routledge is an imprint of Taylor & Francis, an informa company.

Sacred Scents

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The extraordinary gold craftsmanship of the Egyptians is analyzed in this illustrated compendium of art work commissioned by the Pharaohs.

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