

The Asperkids Secret Book Of Social Rules The Handbook Of Not So Obvious Social Guidelines For Tweens And Teens With Asperger Syndrome

The Asperkid's Secret Book of Social Rules
The Guide to Dating for Teenagers with Asperger Syndrome
Take Control of Asperger's Syndrome
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The Asperkid's Secret Book of Social Rules

Life with Asperger's Syndrome can be a challenge at the best of times, and trials and tribulations that neurotypicals take in their stride can leave Aspies perplexed and unsure of how best to solve problems and keep themselves safe, both physically and emotionally. This book explores difficulties that those with AS may face, and suggests practical and helpful ways of overcoming them. Liane Holliday Willey's positive and encouraging advice teaches people with Asperger Syndrome how to appreciate their differences and work from their strengths, by being honest about and coping with challenges. By setting realistic expectations, she shows how it can be possible to live on your own and take care of yourself, touching upon everything from banking and housing to roommates, friendships, and relationships. Jobs and the workplace are explored as advice is given on interviewing, performance, and getting along with colleagues, and the importance of setting boundaries is explained. The focus throughout is on keeping yourself safe, and this extends to travel, cultural awareness, and generally organising yourself. Personal hygiene and the body are also covered, along with nutrition and illness. The advice all adds up to show that people with AS can safeguard themselves from emotional and physical harm and live happy and

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independent lives, as long as the right guidance is available. This book will be of interest to people with Asperger Syndrome, their friends and families, and professionals working alongside ASDs.

The Guide to Dating for Teenagers with Asperger Syndrome

One of the greatest gifts you can give your children is a strong sense of personal values. Helping your children develop values such as honesty, self-reliance, and dependability is as important a part of their education as teaching them to read or how to cross the street safely. The values you teach your children are their best protection from the influences of peer pressure and the temptations of consumer culture. With their own values clearly defined, your children can make their own decisions -- rather than imitate their friends or the latest fashions. In *Teaching Your Children Values* Linda and Richard Eyre present a practical, proven, month-by-month program of games, family activities, and value-building exercises for kids of all ages.

Take Control of Asperger's Syndrome

Dealing with the everyday realities facing teens with Asperger Syndrome, this book presents a toolkit of tried-and-trusted ideas to help them work through difficulties and find the solutions that work best for them. This book covers everything they need to know to thrive in their adolescent years, including how to hack your own internal alarm system to overcome anxiety and other difficult emotions. It also arms teenagers with everything they need to navigate sexuality and relationships, develop a healthy self-image, deal with bullies, be smart with money and stay savvy online. In short, no issue is left unexplored. Fun and informative, this is a must-read for teens with high-functioning autism, and for those who want to understand what adolescence is like on the spectrum.

The Growing Up Book for Boys

The Asperkid's (Secret) Book of Social Rules offers witty insights into baffling social codes such as making and keeping friends, and common conversation pitfalls. Ideal for all 10-17 year olds with Asperger syndrome, this book provides inside information on over thirty social rules helping Asperkids to navigate the mysterious world around them.

Destination Friendship

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Tony Attwood's guide will assist parents and professionals with the identification, treatment and care of both children and adults with Asperger's Syndrome. The book provides a description and analysis of the unusual characteristics of the syndrome and practical strategies to reduce those that are most conspicuous or debilitating. Beginning with a chapter on diagnosis, including an assessment test, the book covers all aspects of the syndrome from language to social behaviour and motor clumsiness, concluding with a chapter based on the questions most frequently asked by those who come into contact with individuals with this syndrome. Covering the available literature in full, this guide brings together the most relevant and useful information on Asperger's Syndrome, incorporating case studies from the author's own practical experience as a Clinical Psychologist, with examples of, and numerous quotations from people with Asperger's Syndrome.

Sisterhood of the Spectrum

"This book is going to change how we all view autism." Karla Fisher (Senior Program Manager/Engineering Manager at Intel, mentor for autistic youth) *I Love Being My Own Autistic Self* is a funny and upbeat book for autistic people, their families, and others who care about them. Author Landon Bryce uses a colorful cast of cartoon characters to gently introduce neurodiversity, the idea that neurological differences should be respected and valued. "This comic is BEAUTIFUL! I want to share it with everyone with any connection to autism. It's a great primer for novices, and an excellent reality check for almost everyone who thinks they understand autism." Noah Britton (public member of the the Interagency Autism Coordinating Committee, founding member of the comedy group Aspergers Are Us, Adjunct Professor of Psychology at Bunker Hill Community College in Boston, Massachusetts) Vector, our narrator, talks about the benefits and challenges that his autism gives him. His friends Ramikin, who has Asperger's syndrome, and Marko, who is nonverbal, show how different from each other autistic people can be. Vector also introduces readers to his friend Pang and his sister Manta, so they can see what it is like for him to interact with people who do not have autism. Researcher Dr. Chip is looking for a cure for autism, and Vector explains why that makes him sad. "This could be a helpful book for children and adults with autism, as well as our parents. Landon Bryce has filtered the voices of thousands on his website through his brain and found a simple way in doing so. It is easy to read, using colors and characters. It does not come across as a children's book, yet I think some children might understand these important points better, and reading with their parents, they BOTH might begin to understand how we feel about each other in this bag of human skin." Adam Bailey (father and creator of the autism comic strip OWL) "I hope everyone in our Community reads this -- every staff person at Autism Speaks, every teacher, every family

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member. I see my son in some of these pages, and I hope he loves being his own autistic self, too. " Jennifer Sheridan, mom to Charlie (autism, age 8) "I Love Being My Own Autistic Self is an honest and hopeful appeal for autism acceptance and understanding. The concept of neurodiversity and differing points of view are distilled down and personified as individual characters. Even as it acknowledges autism is hard to understand, the book sets out to help the reader do just that, most effectively through memorable sound bites voiced or thought by the characters. This is an essential pocket guide for anyone who wishes to better understand autism and the issues autistic people face." Matt Friedman, author of *Dude, I'm an Aspie*.

Science and an African Logic

The author describes his life and how he has coped living with Asperger's syndrome.

A Classical Storybook

Being a teen or tween isn't easy for anyone but it can be especially tough for Asperkids. Jennifer O'Toole knows; she was one! This book is a top secret guide to all of the hidden social rules in life that often seem strange and confusing to young people with Asperger syndrome. The Asperkid's (Secret) Book of Social Rules offers witty and wise insights into baffling social codes such as making and keeping friends, blending in versus standing out from the crowd, and common conversation pitfalls. Chock full of illustrations, logical explanations, and comic strip practice sessions, this is the handbook that every adult Aspie wishes they'd had growing up. Ideal for all 10-17 year olds with Asperger syndrome, this book provides inside information on over thirty social rules in bite-sized chunks that older children will enjoy, understand, and most importantly use daily to navigate the mysterious world around them.

Girls Growing Up on the Autism Spectrum

World-renowned experts join those with Asperger's Syndrome to resolve issues that girls and women face every day!

Different Like Me

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Lizzie is an Aspie Girl - she has Asperger's Syndrome, which means that her brain works differently to her friends, and even to boys with Asperger Syndrome. In this book, Lizzie explains what it's like to be an Aspie Girl, including how she has a special talent for blending in with her friends, how she gets really tired after being at school all day, how she worries about making mistakes, and how she finds it hard to understand how she is feeling. By simply, clearly and positively explaining the social differences associated with Asperger's Syndrome, or Autism Spectrum Disorder, in young girls, this book will help Aspie Girls aged 5 years and over to understand their diagnosis, recognise their unique strengths and celebrate their differences, and find ways of coping with difficulties. This positive and celebratory book also contains helpful discussion points for parents and professionals to explore further with the girls in their care.

The Unwritten Rules of Social Relationships

Gathering the artistic talents of children with Asperger syndrome and artists from around the world, as well as her own artwork, Jennifer O'Toole has created a one-of-a-kind coloring book. Full of Aspie special interests - mythology, science, math, and more - this cool coloring book is educational, fun, and above all a celebration of difference!

I Love Being My Own Autistic Self

Part of the Reading Well scheme. 35 books selected by young people and health professionals to provide 13 to 18 year olds with high-quality support, information and advice about common mental health issues and related conditions. Winner of the NASEN & TES Special Educational Needs Children's Book Award 2003 Have you ever been called a freak or a geek? Have you ever felt like one? Luke Jackson is 13 years old and has Asperger Syndrome. Over the years Luke has learned to laugh at such names but there are other aspects of life which are more difficult. Adolescence and the teenage years are a minefield of emotions, transitions and decisions and when a child has Asperger Syndrome, the result is often explosive. Luke has three sisters and one brother in various stages of their adolescent and teenage years but he is acutely aware of just how different he is and how little information is available for adolescents like himself. Drawing from his own experiences and gaining information from his teenage brother and sisters, he wrote this enlightening, honest and witty book in an attempt to address difficult topics such as bullying, friendships, when and how to tell others about AS, school problems, dating and relationships, and morality. Luke writes briefly about his younger autistic and AD/HD brothers, providing amusing

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insights into the antics of his younger years and advice for parents, carers and teachers of younger AS children. However, his main reason for writing was because "so many books are written about us, but none are written directly to adolescents with Asperger Syndrome. I thought I would write one in the hope that we could all learn together".

Very Late Diagnosis of Asperger Syndrome (Autism Spectrum Disorder)

The Asperkid's Game Plan looks from the inside at the learning style of children with Asperger syndrome and explains how to introduce structured play that engages Asperkids and explicitly addresses ASD weaknesses while reinforcing ASD strengths. Showing how just about anything can be turned into an opportunity for learning and growth, the book is full of go-to ideas for making simple play equipment in the home or classroom and using it to develop core skills that Asperkids struggle with, from fine motor and social skills, to planning and organization. Whether it's origami math, fried marbles, or a bug's eye view scavenger hunt, every game, project, and idea in the book is explained with clear directions and learning objectives and illustrated with color photographs. Jennifer O'Toole's enthusiastic approach and fun lessons, based on Montessori principles, will inspire and motivate parents, educators, and therapists to make purposeful play a part of every Asperkid's day.

Asperger Syndrome and Sensory Issues

Many people on the spectrum never get "the talk" from their parents, and therefore suffer from "information deficit." This book goes a long way toward filling in the gaps in their knowledge. It takes a candid look at aspects of sex and relationships as they apply to people on the autism spectrum: building self-confidence, dating, personal grooming, cleanliness, and explicit advice on how to initiate sex with a partner. Also covered: avoiding pregnancy and STDs, dealing with rejection, how to build a loving relationship that includes sexual intimacy, and more. This is an everything-you-ever-wanted-to-know kind of book!

Autism in Heels

Offers ways to engage with children with Asperger syndrome like concentrating on their need for concrete forms of communication.

The Asperger Children's Toolkit

This positive, straightforward book offers kids with autism spectrum disorders (ASDs) their own comprehensive resource for both understanding their condition and finding tools to cope with the challenges they face every day. Some children with ASDs are gifted; others struggle academically. Some are more introverted, while others try to be social. Some get "stuck" on things, have limited interests, or experience repeated motor movements like flapping or pacing ("stims"). The Survival Guide for Kids with Autism Spectrum Disorders covers all of these areas, with an emphasis on helping children gain new self-understanding and self-acceptance. Meant to be read with a parent, the book addresses questions ("What is ASD?" "Why me?") and provides strategies for communicating, making and keeping friends, and succeeding in school. Body and brain basics highlight symptom management, exercise, diet, hygiene, relaxation, sleep, and toileting. Emphasis is placed on helping kids handle intense emotions and behaviors and get support from family and their team of helpers when needed. The book includes stories from real kids, fact boxes, helpful checklists, and resources. Sections for parents offer additional information.

Asperkids

Does $2 + 2 = 4$? Ask almost anyone and they will unequivocally answer yes. A basic equation such as this seems the very definition of certainty, but is it? In this captivating book, Helen Verran addresses precisely that question by looking at how science, mathematics, and logic come to life in Yoruba primary schools. Drawing on her experience as a teacher in Nigeria, Verran describes how she went from the radical conclusion that logic and math are culturally relative, to determining what Westerners find so disconcerting about Yoruba logic, to a new understanding of all generalizing logic. She reveals that in contrast to the one-to-many model found in Western number systems, Yoruba thinking operates by figuring things as wholes and their parts. Quantity is not absolute but always relational. Certainty is derived not from abstract logic, but from cultural practices and associations. A powerful story of how one woman's investigation in this everyday situation led to extraordinary conclusions about the nature of numbers, generalization, and certainty, this book will be a signal contribution to philosophy, anthropology of science, and education.

Autism-Asperger's & Sexuality

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'This book is not only reassuring; it is inspiring, and bursting with ideas and achievable strategies. The authors write with authority and conviction, and tackle even the most difficult and delicate of topics. If ever you needed to be convinced that girls with ASD can overcome the difficulties and challenges of puberty and adolescence, have successful friendships and relationships and enjoy a healthy sexuality, then take the time to read this book - it is a must-have for families, teachers and therapists alike.' -Sarah Attwood, author of Making Sense of Sex: A Forthright Guide to Puberty, Sex and Relationships for People with Asperger's Syndrome Growing up isn't easy, and the trials and tribulations of being a teenager can be particularly confusing for girls with Autism Spectrum Disorders (ASDs). This book covers all the concerns commonly faced by girls with ASDs and their parents, from periods and puberty to worries over friendships and 'fitting in'. Taking a good look at these adolescent issues, and many more, within the context of specific areas of difficulty for girls with ASDs, the authors provide families with the knowledge and advice they need to help their daughters - and the whole family - through the teenage years. This book addresses core issues such as cognition, communication, behavior, sensory sensitivities, and social difficulties; it gives candid and realistic advice on a wide range of important teenage topics. Providing professional perspectives alongside personal experiences from mothers, daughters and educators, this is a unique and indispensable guide for families and their daughters with ASDs, as well as the teachers and professionals who work with them.

Asperger Syndrome, the Universe and Everything

Kenneth Hall was diagnosed with Asperger's Syndrome at the age of eight. Here he describes some of the inner experiences and perceptions of autism in childhood. He has a warm and positive attitude which other children will find inspiring. Insights, struggles and joys are recounted vividly in a frank and humorous way.

Asperger's and Girls

"Dating is difficult for everyone. For a teen with Asperger Syndrome, it can be overwhelming. Special education teacher Jeannie Uhlenkamp tackles some of the specific issues facing teens with AS. Written in a question-and-answer format, this much-needed book offers insight and practical advice on dating challenges. Each topic is followed by Discussion Questions (to get the conversation flowing between teens and parents/teachers) and a Main Idea (which succinctly wraps up the main point). Also included are special notes to define the more illusive vocabulary and concepts of today's dating world

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world."--Provided by publisher.

Exam Prep for: The Asperkids-Secret-Book of Social Rules

This book explores what it feels like to be a young person on the autism spectrum and looks at all the brilliant things people on the autism spectrum can do. Full of insights about being awesome and autistic, this book celebrates the strengths of understanding the world in a different way. It looks at all the reasons being you and thinking differently can be totally awesome! It also has tips for managing tricky situations such as meltdowns, sensory differences and anxiety. It includes fun activities and diary pages where you can write your thoughts and feelings to help you concentrate on your strengths and work on your challenges. This book helps you develop the confidence to be who you are and help you live life with as little stress and anxiety as possible.

Quirky, Yes---Hopeless, No

I am an Aspie Girl

In Quirky, Yes--Hopeless, No, Dr. Cynthia La Brie Norall and Beth Brust present short lessons, structured around specific topics from A-Z that address the social challenges faced by Asperger's children and teens. Since everyday "people skills" do not come naturally to children with Asperger's, they need training in such simple activities as: • How to greet others and make eye contact •How to let go and move on to new tasks • How to cooperate and ask for help •How to pay compliments •How to discern someone's true intentions • How to handle teasing and bullying • How not to be rude. Based on Dr. Norall's twenty years of experience diagnosing and treating thousands with Asperger's, this book will share her insights gained from helping so many friendless Asperger's children become more approachable, less stuck, and finally able to make, and keep, a friend or two.

Inside Asperger's Looking Out

The Survival Guide for Kids with Autism Spectrum Disorders (And Their Parents)

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This unique visually-led guide helps parents to prepare a home environment that supports the development of children with Asperger syndrome. Jennifer O'Toole gives readers a walk-through tour of the home, showing, room by room, how physical surroundings affect Asperkids and highlighting the learning opportunities in every space and object.

Aspergirls

Take Control of Asperger's Syndrome: The Official Strategy Guide for Kids With Asperger's Syndrome and Nonverbal Learning Disorders is a unique handbook for kids and teens on living successful lives with these disorders by taking control of their strengths to overcome their weaknesses. Drawing on their experiences as parents and teachers of kids with Asperger's syndrome (AS) and Nonverbal Learning Disorders (NLD), the authors provide tips on understanding the disorders, living with the symptoms, succeeding in school, completing homework, talking to others about strengths and needs, making friends and socializing, and using technology to connect with other kids with these disorders. By interviewing hundreds of kids who live with AS and NLD, the authors include ideas, information, and advice for kids, by kids just like them. This handy guidebook is sure to help any child or teen with AS or NLD navigate life's challenges with successful outcomes.

The Aspie Teen's Survival Guide

Ben finds an unusual old bottle buried in the school yard, and in a roundabout way it helps Ben and his family find out what is causing some of the persistent problems he has both at home and at school.

Blue Bottle Mystery

Designed for highschoolers with social communication problems, this book encourages students to examine photographs of social interactions and determine the most appropriate responses.

Finding Your Own Way to Grieve

The Growing Up Book for Boys explains the facts behind the growth spurts, body changes and mood swings of adolescence for boys aged 9-14 on the autism spectrum. The pre-teen and teenage years are a confusing time when bodies start acting with a will of their own, friendships change and crushes start to develop.

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Using direct literal language and cool colour illustrations, this book tells boys all they need to know about growing hair in new places, shaving, wet dreams and unexpected erections. It's full of great advice on what makes a real friend, how to keep spots away, and how to stay safe online. Most importantly, it explains that every body is amazing and unique and encourages young boys with autism to celebrate difference!

Teaching Your Children Values

Offers practical advice so readers can get the most out of middle and high school, both academically and socially, from sensory sensitivity to awkwardness, dating to driving.

The Asperger Teen's Toolkit

Jennifer Cook O'Toole provides girls on the autism spectrum with an inspiring guide to life in her new book, covering everything from friendship and accepting the unique 'you' to dating and body shapes. Full of inspirational advice, and with illustrations throughout, it will be the perfect companion for any Asperger chick on the road to womanhood.

Safety Skills for Asperger Women

As awareness and understanding of Asperger Syndrome and Autism Spectrum Disorder increases, more adults are identifying themselves as being on the spectrum and seeking formal diagnosis. This book discusses the process, the pros and cons, and the after-effects of receiving an autism diagnosis in adulthood. Outlining the likely stages of the journey to diagnosis, this book looks at what the individual may go through as they become aware of their Asperger characteristics and as they seek pre-assessment and diagnosis, as well as common reactions upon receiving a diagnosis - from depression and anger to relief and self-acceptance. Combining practical guidance with advice from personal experience and interviews and correspondence with specialists in the field, the book discusses if and when to disclose to family, friends and employers, how to seek appropriate support services, and how to use the self-knowledge gained through diagnosis to live well in the future.

Asperger's Syndrome

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Profiles twenty famous individuals who may have been autistic, including Albert Einstein, Andy Warhol, Dian Fossey, and Glen Gould.

The Asperkid's Game Plan

Developed specifically for children with Asperger Syndrome (AS) to use with a parent or carer, the Asperger Children's Toolkit is full of accessible information and snippets of wisdom about AS to promote mutual understanding. Likeable characters such as the Brain Guru, the Sensory Detective and the Social Scientist guide children through games and exercises designed to help them deal with particular areas of difficulty, including anxiety, social skills and emotional intelligence. A section is also devoted to the increasingly important issue of staying safe in the digital world, and provides children with the knowledge and skills they need to use the internet, social networking and text messaging safely. Original and highly interactive, with attractive color illustrations and cut-out-and-keep activities throughout, this is an essential toolkit for any family with a child with Asperger Syndrome.

The Awesome Autistic Go-To Guide

Children and teenagers with autism can struggle to cope with the loss of a loved one, and the complicated and painful emotions of bereavement. This book explains death in concrete terms that the child with autism will understand, explores feelings that the child may encounter as a part of bereavement, and offers creative and expressive activities that facilitate healing. With illustrations throughout, this interactive book begins with a simple story about what happens when people die. Each chapter then expands on the issues that have been raised in the story and offers a variety of coping skills exercises including writing, art and craft, cooking, movement, relaxation, and remembrance activities. Encouraging children with autism to express their loss through discussion, personal reflection, and creative activity, the book is ideal for children and teens to work through by themselves, or with the support of a family member or professional.

Freaks, Geeks and Asperger Syndrome

A curriculum for teaching friendship skills using a fun group format. Participants take part in hands-on activities that are geared to their strengths and preferred learning styles.

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The Asperkid's Launch Pad

Inside Asperger's Looking Out follows in the best-selling footsteps of Kathy Hoopmann's All Cats Have Asperger Syndrome and All Dogs Have ADHD. Through engaging text and full-color photographs, this book shows neurotypicals how Aspies see and experience the world. Each page brings to light traits that many Aspies have in common, from sensitive hearing and an aversion to bright lights and strong smells, to literal thinking and difficulty understanding social rules and reading body language and facial expressions. At the same time, the book highlights and celebrates the unique characteristics that make those with Asperger's Syndrome special. This is the perfect introduction to the world of Aspies, told from their own perspective, for the people in their lives: including family, friends, and classmates. Those with Asperger's Syndrome will also appreciate this book for the way it shares their own singular perspectives on life.

The Asperkid's Not-Your-Average-Coloring-Book

The authors share what they have learned about social relationships over the course of years struggling with the effects of autism, identifying Ten Unwritten Rules as general guidelines for handling social situations.

The Social Skills Picture Book

The face of autism is changing. And more often than we realize, that face is wearing lipstick. Autism in Heels, an intimate memoir, reveals the woman inside one of autism's most prominent figures, Jennifer O'Toole. At the age of thirty-five, Jennifer was diagnosed with Asperger's syndrome, and for the first time in her life, things made sense. Now, Jennifer exposes the constant struggle between carefully crafted persona and authentic existence, editing the autism script with wit, candor, passion, and power. Her journey is one of reverse-self-discovery not only as an Aspie but--more importantly--as a thoroughly modern woman. Beyond being a memoir, Autism in Heels is a love letter to all women. It's a conversation starter. A game changer. And a firsthand account of what it is to walk in Jennifer's shoes (especially those iconic red stilettos). Whether it's bad perms or body image, sexuality or self-esteem, Jennifer's is as much a human journey as one on the spectrum. Because autism "looks a bit different in pink," most girls and women who fit the profile are not identified, facing years of avoidable anxiety, eating disorders, volatile relationships, self-harm, and stunted independence. Jennifer has been there, too.

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Autism in Heels takes that message to the mainstream. From her own struggles and self-discovery, she has built an empire of empowerment, inspiring women the world over to realize they aren't mistakes. They are misunderstood miracles.

The Asperkid's (Secret) Book of Social Rules

Subject: Girls with Asperger's Syndrome are less frequently diagnosed than boys, & even once symptoms have been recognized, help is often not readily available. The image of coping well presented by AS females can often mask difficulties, deficits, challenges, & loneliness.

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