

The Herb Lovers Spa Book Create A Luxury Spa Experience At Home With Fragrant Herbs From Your Garden

The Bad Tempered Gardener Plant Spirit Medicine The Herbal Home Spa Circe Food Grown Right, In Your Backyard The Kosmic Kitchen Cookbook Neem Love Potions Working Days Quackery Culinary Herbs and Spices of the World Natural Baby Care The Year-Round Vegetable Gardener The Complete Book of Essential Oils and Aromatherapy Cordially Yours, Brother Cadfael The Discovery of Jeanne Baret The Green Witch Molly & Pim and the Millions of Stars The Everything Healthy Tea Book A Star Is Bored Ranch The Pig: Tales and Recipes from the Kitchen Garden and Beyond Grow Fruit & Vegetables in Pots The Book of Kitchen Witchery Making Herbal Dream Pillows A Killer Edition Complete Container Herb Gardening Simply Living Well The Cactus League Pele Naturally Healthy Skin Nicholas Culpeper This Is the Story of a Happy Marriage Floret Farm's Cut Flower Garden Simple Fruit An Aztec Herbal The Complete Spa Book for Massage Therapists Garden to Table Nature's Remedies A Taste for Herbs

The Bad Tempered Gardener

Some fruits are at their best when eaten fresh, while others reveal their truest and most delicious flavor when cooked. Understanding how to enjoy fruit at its peak of flavor--whether it's lightly sautéed, poached, baked, braised, or roasted--is the key, and this cookbook for home cooks shows you how. Simple Fruit inspires home cooks to explore and enhance the flavors of fruit throughout the year. Each recipe applies a cooking technique that wakes the senses with the distinct flavor characteristics of a fruit. Simple Fruit is a fresh way to approach fruit. The 50 recipes in this book are organized seasonally and by type of fruit, with a focus on bringing out the best flavor in fruit. Whether it's Vanilla-Roasted Rhubarb, Strawberry Pavlova, Cherry Hand Pies, or Grilled Apricots with Brown Butter and Maple-Tamari Glaze, Simple Fruit encourages and inspires readers to explore the unique flavors of cooked fruits, and gives them options to create a variety of seasonal desserts. Fruits include: □ Rhubarb □ Strawberries □ Cherries □ Raspberries □ Blueberries □ Blackberries, marionberries, tayberries □ Peaches and nectarines □ Apricots □ Plums □ Apples □ Pears □ Cranberries □ Citrus □ Dried fruits

Plant Spirit Medicine

An enticing and exciting collection of 64 easy recipes for herbal aphrodisiacs to eat, drink, and apply to the body from best-selling author Stephanie L. Tourles. Includes sensual body balms and oils as well as elixirs, cordials, teas, herbal tonics, and sweets.

The Herbal Home Spa

Are you seeking more contentment in your daily life? Could you use more money to improve home and hearth? Are you looking for ways to spice up your love life? This gorgeously illustrated book will greatly enhance your every day with secrets, spells, and witchy wisdom, passed down through many generations and collected in one place for the first time by bestselling author Cerridwen Greenleaf. Filled with recipes and rituals, The Book of Kitchen

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Witchery explores every aspect of "the good life," from how to create an altar as your personal power center to which herbs and plants have properties to heal and how to cook enchanting meals for all occasions, along with green Wicca ways to grow your own Garden of Eden. The kitchen of a witch is a thing to behold—a sacred space where good health, abundance, luck, and love can be conjured. Cerridwen Greenleaf has gathered her years of spellcraft in this vibrant volume containing everything you need to know to increase your bliss quotient. She includes meditations, charms, folk wisdom, and incantations along with instructive lore covering astrological aspects, phases of the moon, candle color alchemy, and exactly which domestic goddesses to invoke. The inspired ideas in this practical guide will empower you to create a happy home filled with the best kind of magic.

Circe

Even in winter's coldest months you can harvest fresh, delicious produce. Drawing on insights gained from years of growing vegetables in Nova Scotia, Niki Jabbour shares her simple techniques for gardening throughout the year. Learn how to select the best varieties for each season, the art of succession planting, and how to build inexpensive structures to protect your crops from the elements. No matter where you live, you'll soon enjoy a thriving vegetable garden year-round.

Food Grown Right, In Your Backyard

"A bold and subversive retelling of the goddess's story," this #1 New York Times bestseller is "both epic and intimate in its scope, recasting the most infamous female figure from the Odyssey as a hero in her own right" (Alexandra Alter, *The New York Times*). In the house of Helios, god of the sun and mightiest of the Titans, a daughter is born. But Circe is a strange child -- not powerful, like her father, nor viciously alluring like her mother. Turning to the world of mortals for companionship, she discovers that she does possess power -- the power of witchcraft, which can transform rivals into monsters and menace the gods themselves. Threatened, Zeus banishes her to a deserted island, where she hones her occult craft, tames wild beasts and crosses paths with many of the most famous figures in all of mythology, including the Minotaur, Daedalus and his doomed son Icarus, the murderous Medea, and, of course, wily Odysseus. But there is danger, too, for a woman who stands alone, and Circe unwittingly draws the wrath of both men and gods, ultimately finding herself pitted against one of the most terrifying and vengeful of the Olympians. To protect what she loves most, Circe must summon all her strength and choose, once and for all, whether she belongs with the gods she is born from, or the mortals she has come to love. With unforgettably vivid characters, mesmerizing language, and page-turning suspense, *Circe* is a triumph of storytelling, an intoxicating epic of family rivalry, palace intrigue, love and loss, as well as a celebration of indomitable female strength in a man's world. #1 New York Times Bestseller -- named one of the Best Books of the Year by NPR, the Washington Post, People, Time, Amazon, Entertainment Weekly, Bustle, Newsweek, the A.V. Club, Christian Science Monitor, Refinery 29, BuzzFeed, Paste, Audible, Kirkus, Publishers Weekly, Thrillist, NYPL, Self, Real Simple, Goodreads, Boston Globe, Electric Literature, BookPage, the Guardian, Book Riot, Seattle Times, and Business Insider.

The Kosmic Kitchen Cookbook

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Easy gardening instruction for saving money and eating better by growing your own food in the city

Neem

With over 75 nourishing recipes and herbal remedies, this cookbook and seasonal guide to wellness pays homage to the ancient wisdom of the elements. Turn your kitchen into a healing sanctuary! This cookbook will help you identify your unique constitution based on the five elements—earth, water, fire, wind, and ether. Use that insight to design an everyday wellness practice with nourishing meals, healing herbs, and self-care rituals. Tapping into these elements is at the heart of all traditional medicines—Ayurveda, Western Herbalism, and Chinese Medicine—and it is the key to discovering your most vibrant self. Discover the power of herbalism and the elements to feel balanced and well from season-to-season. With simple spices and healing herbs, you'll feel confident creating remedies that support mental clarity, enhanced digestion, a relaxed nervous system, and promote an overall radiance. From cleansing tonics like Roasted Dandelion Chai or Hibiscus Punch with Schisandra Salt to rejuvenating classics like Kitchari with Golden Ghee or Turmeric Congee, you'll find transformative recipes and uses for adaptogenic herbs to restore and find balance every day.

Love Potions

For fans of Katherine Rundell's *Roftoppers* comes a story about mothers and daughters and magical trees that Rebecca Stead calls "an utter delight." All Molly wants is to be normal like her friend Ellen Palmer. Ellen, with her neat braids and a tidy house and a mother and father who are home for dinner every night. But Molly's mom spends her mornings tramping through the woods, looking for ingredients for her potions. Their house is not neat, and their rooster, the Gentleman, runs wild in their yard. And it is the Gentleman that angers their grumpy neighbors, the Grimshaws. So Molly's mom makes a potion that will grow a tree between their houses. When Molly's mom accidentally drinks the potion and turns into the tree, Molly is determined to get her back. But with the Grimshaws planning to cut down the tree branches that reach onto their property, time is of the essence. With the help of her mysterious classmate Pim Wilder, Molly sets out to save her mother and discovers the wonder that lies in the ordinary. Praise for Molly & Pim and the Millions of Stars: "Open-hearted and magical—an utter delight." —Rebecca Stead, author of *When You Reach Me* and *Goodbye, Stranger* "A beautiful, magical story, full of surprises and brimming with wisdom." —Karen Foxlee, author of *Ophelia* and *the Marvelous Boy*

Working Days

This Is the Story of a Happy Marriage is an irresistible blend of literature and memoir revealing the big experiences and little moments that shaped Ann Patchett as a daughter, wife, friend and writer. Here, Ann Patchett shares entertaining and moving stories about her tumultuous childhood, her painful early divorce, the excitement of selling her first book, driving a Winnebago from Montana to Yellowstone Park, her joyous discovery of opera, scaling a six-foot wall in order to join the Los Angeles Police Department, the gradual loss of her beloved grandmother, starting her own bookshop in Nashville, her love for her very special dog and, of course, her eventual happy marriage. *This Is the Story of a Happy Marriage* is a memoir both wide ranging and deeply personal, overflowing with close observation and emotional wisdom, told with wit, honesty and irresistible warmth.

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Quackery

For centuries herbs and spices have been an integral part of many of the world's great cuisines. But spices have a history of doing much more than adding life to bland foods. They have been the inspiration for, among other things, trade, exploration, and poetry. Priests employed them in worship, incantations, and rituals, and shamans used them as charms to ward off evil spirits. Nations fought over access to and monopoly of certain spices, like cinnamon and nutmeg, when they were rare commodities. Not only were many men's fortunes made in the pursuit of spices, spices at many periods throughout history literally served as currency. In *Culinary Herbs and Spices of the World*, Ben-Erik van Wyk offers the first fully illustrated, scientific guide to nearly all commercial herbs and spices in existence. Van Wyk covers more than 150 species—from black pepper and blackcurrant to white mustard and white ginger—detailing the propagation, cultivation, and culinary uses of each. Introductory chapters capture the essence of culinary traditions, traditional herb and spice mixtures, preservation, presentation, and the chemistry of flavors, and individual entries include the chemical compounds and structures responsible for each spice or herb's characteristic flavor. Many of the herbs and spices van Wyk covers are familiar fixtures in our own spice racks, but a few—especially those from Africa and China—will be introduced for the first time to American audiences. Van Wyk also offers a global view of the most famous use or signature dish for each herb or spice, satisfying the gourmand's curiosity for more information about new dishes from little-known culinary traditions. People all over the world are becoming more sophisticated and demanding about what they eat and how it is prepared. *Culinary Herbs and Spices of the World* will appeal to those inquisitive foodies in addition to gardeners and botanists.

Culinary Herbs and Spices of the World

"A Star is Bored is an absolute knockout. Riotously funny and wickedly tender." — Taylor Jenkins Reid, New York Times bestselling author of *Daisy Jones and the Six* People Magazine Best Book of Summer 2020 - Named a Must-Read Summer book by *Town & Country* - Named One of the 14 Best Books of Summer 2020 by *Harper's Bazaar* - One of *Library Journal's* 2020 "Titles to Watch" - One of the 30 Best Beach Reads According to *Parade Magazine* *The Devil Wears Prada* meets *Postcards From the Edge* in a hilariously heartfelt novel influenced in part by the author's time assisting Carrie Fisher. Charlie Besson is tense and sweating as he prepares for an insane job interview. His car is idling, like his life, outside the Hollywood mansion of Kathi Kannon, star of stage and screen and *People* magazine's worst dressed list. She needs an assistant. He needs a hero. Kathi is an icon, bestselling author, and an award winning actress, most known for her role as Priestess Talara in a blockbuster sci-fi film. She's also known in another role: crazy. Admittedly so. Famously so. Fabulously so, as Charlie quickly discovers. Their three year odyssey is filled with late night shopping sprees, last minute trips to see the aurora borealis, and an initiation to that most sacred of Hollywood tribes: the personal assistant. But Kathi becomes much more than a boss, and as their friendship grows, Charlie must make a choice. Will he always be on the sidelines of life, assisting the great forces that be, or can he step into his own leading role? Laugh-out-loud funny, and searingly poignant, Byron Lane's *A Star is Bored* is a novel that, like the star at its center, is enchanting and joyous, heartbreaking and hopeful.

Natural BabyCare

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Easy recipes, DIY projects, and other ideas for living a beautiful and low-waste life, from the expert behind @simply.living.well on Instagram.

The Year-Round Vegetable Gardener

Discover the joys of naturally healthy and radiant skin. Stephanie Tourles offers easy-to-follow recipes for making your own all-natural skin care products from essential oils, fruits, herbs, and flowers. With a holistic approach that includes not only moisturizers and spa-quality masks, but also nutritional supplements and daily beauty rituals, Tourles addresses common skin problems like acne, rashes, dryness, eczema, psoriasis, and sunburn. Forget the harsh commercial chemicals, and be amazed at how good your naturally vibrant skin can feel.

The Complete Book of Essential Oils and Aromatherapy

Murder's in the mix for mystery bookstore owner and amateur sleuth Tricia Miles, in the latest entry to Lorna Barret's New York Times bestselling Booktown series. With her assistant, Pixie, picking up more responsibility around the shop, Tricia Miles suddenly has a lot more time on her hands. Tricia decides to join the local animal-rescue board and enter the Great Stoneham Bake-Off, but neither pans out as smoothly as she'd hoped. Balancing a bake-off that's heating up with a frosty reception from the board, Tricia stops by Joyce Whitman's romance bookstore looking for a book to get her fired up. She stumbles on something hot, but it's an argument between Joyce and her neighbor Vera Olson instead of a steamy read. When Vera turns up dead in Joyce's garden hours later, Tricia has to wonder—could Joyce be the killer? Or is the culprit still lurking in town? One thing is for sure, someone in Stoneham is stirring up something more sinister than sweet. Tricia is determined to win the cutthroat cooking contest, but first she will have to make sure no one else is in danger of getting burned.

Cordially Yours, Brother Cadfael

Throughout history, herbs have been used medicinally to promote healing and vitality. Think chamomile for enhanced sleep, milk thistle for detox, and elderberry for an immunity boost. Today, herbal remedies are more popular than ever, celebrated not just for their effectiveness but also as all-natural and affordable. This beginner-friendly guide welcomes a new generation to the trusted tradition. Engagingly written for a wide audience of homemakers, nature lovers, and fans of organic living, it presents richly detailed profiles of more than 65 herbs, including historical overviews, usages, how-to tips, and beautiful watercolor illustrations.

The Discovery of Jeanne Baret

Presents lore associated with that impetuous and unpredictable, yet gentle and loving personality, the Hawaiian goddess of volcanoes, Pele.

The Green Witch

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The Complete Spa Book for Massage Therapists is specifically for massage therapy students who want to succeed in the spa industry, whether as an employee or an owner of their own spa. It is the only book that includes extensive information about real-world working conditions in actual spas, with an enormous amount of feedback from working spa directors and owners regarding what they are looking for in employees. Beyond giving explanations and step-by-step instructions regarding a wide range of spa modalities, the book offers an in-depth look at topics that many other resources do not cover. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

Molly & Pim and the Millions of Stars

A collection of critical essays examine the Ellis Peters mystery series featuring the twelfth-century Benedictine monk and detective Brother Cadfael.

The Everything Healthy Tea Book

The novelist records his thoughts, feelings, and experiences during the writing of The grapes of wrath, in this diary of those years

A Star Is Bored

'Olav Thulesius sets out to resurrect the sullied reputation of one of the most prolific writers of medical works during the Interregnum. - Thulesius has given us a welcome beginning of a study of a fascinating and neglected figure who made serious contributions to mid-seventeenth-century medicine while always living on the fringes of the established and licensed medical community.' - Martha Baldwin, Journal of the History of Medicine Was Nicholas Culpeper (1616-54) the father of English herbal medicine or a quacksalver and charlatan astrologer? This first modern biography shows a more complex picture. For example during the Civil War the Puritan Culpeper was wounded while fighting on the Parliamentarian side, as a physician of the poor, he had a burning desire to explain the secrets of medicine to ordinary people, He was not only the author of the famous herbal The English Physician but he also wrote the first book on midwifery and childcare and translated The London Pharmacopoeia.

Ranch

Discover the power of natural magic and healing through herbs, flowers, and essential oils in this new guide to green witchcraft. At her core, the green witch is a naturalist, an herbalist, a wise woman, and a healer. She embraces the power of nature; she draws energy from the Earth and the Universe; she relies on natural objects like stones and gems to commune with the land she lives off of; she uses plants, flowers, oils, and herbs for healing; she calls on nature for guidance; and she respects every living being no matter how small. In The Green Witch, you will learn the way of the green witch, from how to use herbs, plants, and flowers to make potions and oils for everyday healing as well as how crystals, gems, stones, and even twigs can help you find balance within. You'll discover how to find harmony in Earth's great elements and connect your soul to every living creature. This guide also contains directions for herbal blends and potions, ritual suggestions, recipes for sacred foods, and information on how to listen to and commune with nature. Embrace the world

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of the green witch and discover what the power of nature has in store for you.

The Pig: Tales and Recipes from the Kitchen Garden and Beyond

This encyclopedic book contains, in practical and easy-to-understand form, every conceivable use for essential oils and aromatherapy in everyday life. The author, a practicing aromatherapist for more than twenty years, unlocks the power of essential oils in more than 600 original recipes, most needing only a few essential oils. Unlike over-the-counter products, the recipes you make yourself contain no harmful preservatives. Most basic needs can be covered with just ten essential oils.

Grow Fruit & Vegetables in Pots

Named a Best Book of 2020 by NPR and Lit Hub. A Los Angeles Times Bestseller. A New York Times Book Review Editors' Choice "In The Cactus League [Emily Nemens] provides her readers with what amounts to a miniature, self-enclosed world that is funny and poignant and lovingly observed." --Charles McGrath, The New York Times Book Review An explosive, character-driven odyssey through the world of baseball from Emily Nemens, the editor of The Paris Review Jason Goodyear is the star outfielder for the Los Angeles Lions, stationed with the rest of his team in the punishingly hot Arizona desert for their annual spring training. Handsome, famous, and talented, Goodyear is nonetheless coming apart at the seams. And the coaches, writers, wives, girlfriends, petty criminals, and diehard fans following his every move are eager to find out why—as they hide secrets of their own. Humming with the energy of a ballpark before the first pitch, Emily Nemens's The Cactus League unravels the tightly connected web of people behind a seemingly linear game. Narrated by a sportscaster, Goodyear's story is interspersed with tales of Michael Taylor, a batting coach trying to stay relevant; Tamara Rowland, a resourceful spring-training paramour, looking for one last catch; Herb Allison, a legendary sports agent grappling with his decline; and a plethora of other richly drawn characters, all striving to be seen as the season approaches. It's a journey that, like the Arizona desert, brims with both possibility and destruction. Anchored by an expert knowledge of baseball's inner workings, Emily Nemens's The Cactus League is a propulsive and deeply human debut that captures a strange desert world that is both exciting and unforgiving, where the most crucial games are the ones played off the field.

The Book of Kitchen Witchery

A lavish book offering step-by-step instructions for creating herbal-scented pillows for custom-made dreams.

Making Herbal Dream Pillows

Used in India for more than 4,000 years, neem is a powerful blood purifier, anti-viral agent, and immune system enhancer.

A Killer Edition

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In *Complete Container Herb Gardening*, herbal guru and certified horticulturist Sue Goetz walks you through the ins and outs of growing these fragrant and flavorful plant treasures in containers. Herbs are among the easiest edible plants to grow, and when you cultivate your own fresh herbs, you can enjoy their abundant flavors, healing properties, and uses for natural home and beauty every day--plus reap big savings at the grocery store or farmer's market. Whether you grow on a suburban patio, an urban rooftop, a condo balcony, or on the front porch of your duplex, discovering which herbs grow best in pots, how to select the ideal containers for the job, and how to tend your container herb garden to maximize production (and flavor!) is key to your success. Highlighted by gorgeous photography, Sue also presents over a dozen container "recipes" for mixing and matching your favorite herbs to create stunning and useful combinations. From the perfect culinary partnerships and natural aromatherapy combos to collections of herbs for natural beauty and chemical-free cleaning products, these herbal arrangements are no-fail and perfectly Instagram-worthy. *Complete Container Herb Gardening* is the ideal roadmap for success, even for brand-new gardeners. Learn how to: Grow fresh kitchen herbs in small spaces Choose the best containers, soil, and tools for herbal success Make more herb plants for free! Cultivate unique herbs and spices, like turmeric, saffron, and ginger Design herb containers that are both beautiful and highly productive Harvest armloads of herbs from a porch or patio Tend an indoor herb garden on a windowsill Friendly, accessible, and packed with practical information, growing herbs has never been easier--even if you have just a small corner of space to spare. Unleash your inner #herbnerd with *Complete Container Herb Gardening*!

Complete Container Herb Gardening

Garden to Table features 50+ recipes for sweet and savory recipes that transform fresh produce into delicious dishes—like whipped-cream cake with layers of berries; mini peach and cherry pies; pink-frosted strawberry cupcakes; sweet potato skins topped with melted cheese; tempura fried string beans with yummy dipping sauce. In addition to essential cooking tips and kitchen safety knowhow, discover fun skills like using a vegetable peeler to “shave” veggies and tips for creating an indoor kitchen herb garden. Whether you want to make the perfect after-school snack for yourself, a decadent dessert for a party with friends, or dinner for your family, this beautifully photographed collection of recipes will inspire you to cook your way through the seasons—and through each chapter, from the veggie garden and berry patch to the fruit orchard and citrus grove. With this garden-to-table adventure, become a pro at transforming beautiful fresh fruits and veggies into super-delicious baked treats and meals.

Simply Living Well

An introduction to the world's teas and their healing qualities! A relaxing cup of tea is a soothing way to improve your health, lighten your mood, increase your metabolism, or boost your energy. Tea has so many health benefits, from preventing cardiovascular disease to burning calories, it's no wonder so many people are choosing this classic beverage over coffee and carbonated soft drinks. If you'd like to experience the benefits and healing properties of drinking tea, here's all you need to know about: The many different types of tea, including green, black, white, oolong, and pu'erh teas. Herbal teas, kombucha, and other infusions. The use of tea as medicine throughout history. Buying and brewing the most healthful teas. Developing your own de-stressing tea traditions. Using tea in cooking and creating natural beauty products. With essential advice on brewing the perfect cup and storing your tea, *The Everything Healthy Tea Book* will be your go-to reference for all things tea!

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The Cactus League

Create naturally sumptuous personal-care products to pamper every part of your body. Master herbalist Greta Breedlove presents easy-to-follow recipes for making your own masks, rubs, and lotions that rival those found at high-end spas and specialty shops. Harness the properties of natural herbs to create unique products that soothe your body, smell lovely, and are free from any harsh ingredients.

Pele

Ranch dressing, America's beloved condiment, is celebrated in 60 recipes for ranch-centric dishes, as well as innovative ways to make ranch with alternative ingredients.

Naturally Healthy Skin

#1 Amazon Best Seller □ Welcome to the farm! The Cut Flower Garden: Erin Benzakein is a florist-farmer, leader in the locaflor farm-to-centerpiece movement, and owner of internationally renowned Floret Flower Farm in Washington's lush Skagit Valley. A stunning flower book: This beautiful guide to growing, harvesting, and arranging gorgeous blooms year-round provides readers with vital tools to nurture a stunning flower garden and use their blossoms to create show-stopping arrangements. Floret Farm's Cut Flower Garden: Cut Flower Garden is equal parts instruction and inspiration—a book overflowing with lush photography of magnificent flowers and breathtaking arrangements organized by season. Find inspiration in this lush flower book: Irresistible photos of Erin's flower farm that showcase exquisite blooms Tips for growing in a variety of spaces and climates Step-by-step instructions for lavish garlands, airy centerpieces, and romantic floral décor for every season If you liked Paris in Bloom, you'll love Floret Farm's Cut Flower Garden.

Nicholas Culpeper

Get your baby off to a great start with gentle and safe homemade lotions, powders, creams, and shampoos. In this informative guide to natural baby care, Colleen Dodt offers easy-to-follow aromatic recipes that make creative use of herbs and essential oils while avoiding harsh chemicals. With simple homeopathic remedies for a variety of ailments, Dodt provides plenty of suggestions for ensuring glowing health and creating a relaxing atmosphere that can enhance the magical bond between you and your baby.

This Is the Story of a Happy Marriage

Think of this book as your herb-seasoning master class, filled with simple secrets for capturing the power of flavor from your herb garden. Herbs are easy to grow anywhere, indoors or out, but do you know which ones do what in your foods and beverages or how flavors play off of each other? This book shows you how to become an herbal tastemaker, whether you're a home cook or a gourmet foodie. It all starts in the garden with fresh-picked herbs. Let dedicated

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herb lover Sue Goetz guide you into the delicious world of 20 essential, flavor-rich herbs and the pleasures they offer. With over 100 kitchen-tested herb recipes and full-color photographs throughout, you'll discover how to: grow and harvest the best flavor cultivars for culinary use preserve and package complement herbal flavors with spices, edible flowers, garlic, citrus, and other botanicals prepare easy recipes for mixes, salts, rubs, pestos, oils, vinegars, butters, sugars, dressings, teas, herb-infused beverages and much more!

Floret Farm's Cut Flower Garden

Seeing gardening as a serious and even outrageous art form has placed Anne Wareham well outside of what usually passes for discussion of gardens. Impatient with received ideas, eager to provoke, *The Bad-Tempered Gardener* is the story of her development as a thinking gardener and the creation with her husband, Charles Hawes, of their acclaimed garden in the Welsh borders, the Veddw. From the strange (plant obsessives, a bizarre debut as a television presenter) to the everyday (deadheading, sharing a garden), with frequent paeans to favourite plants and thoughtful pieces on show gardens and status, this is an intelligent, pugnacious and engaging book. It also unflinchingly conveys the challenges, the hard work, triumphs and failures behind the creation and development of a substantial contemporary garden.

Simple Fruit

Documents the pioneering round-the-world journey of adventurer Jeanne Baret, tracing how she disguised herself as a boy to accompany her lover, botanist Philibert Commerson, on his 18th-century voyage before her true gender was exposed. Reprint.

An Aztec Herbal

Explores an old way of healing through the spirit of plants.

The Complete Spa Book for Massage Therapists

Expert planting advice for growing fruit and vegetables in pots from the acclaimed English garden - with 50 delicious recipes Beautifully illustrated, *Grow Fruit & Vegetables in Pots* provides clear, practical information on growing fruit and vegetables in containers, whether that be a window box or a terracotta pot on a balcony. Aaron Bertelsen of the acclaimed English garden at Great Dixter will guide you through what to grow, which pots to use, give personal tips on varieties to choose, and advice on cultivation and care. Featuring more than 50 delicious recipes, Bertelsen shows that lack of space is no barrier to growing what you want to eat, and proves that harvesting and cooking food you have grown yourself is a total pleasure, with dishes that showcase a few perfectly chosen - and personally grown - ingredients.

Garden to Table

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The Pig is a collection of restaurants with rooms in Hampshire, Devon, Dorset and Somerset - and soon in Kent, West Sussex and Cornwall. Now, everyone can enjoy The Pig from the comfort of their own homes. Among the pages of The Pig you will find an idiosyncratic, seasonal approach to the good life, with delicious recipes, how-to guides, tips, tricks and stories. Inside the pages of The Pig you will find: Classic recipes from Nan's rice pudding to proper fish pie, porchetta, gammon with parsley sauce, devilish devilled kidneys on toast, a right old eton mess and even a pink blancmange bunny. The Pig's Guide to Pigs from identifying different breeds and selecting the best cuts of meat to making your own sausages, crackling and charcuterie. How to pickle, forage and identify edible flowers and suggestions on how to bring the weird and wonderful vegetables, fruits and salads from the garden into the kitchen. Noble wine, simple food from classic cocktails to modern twists and all the best accompaniments. Interior design recreating the comfort and elegance of The Pig at home. Setting the scene, The Pigs top tips on hosting your own festivals, summer feasts and winter gatherings, including creating the perfect playlist to the best recipes to cook outdoors. Praise for The Pigs: Rick Stein: 'Dinner, bed and breakfast at The Pig, any Pig, is a comforting thought of some lovely flavoured pork, a British abundance of vegetables and some fabulous red wine.' The Sunday Times: 'There isn't a trace of cynicism here - just enthusiasm, craft and people who love what they do, creating a place you really, really don't want to leave.' The Financial Times 'Some inherited memory of a weekend with grandparents I never had a little bohemian, and unbelievably good at cooking.' Tom Parker Bowles 'The Pig revolutionised the country house hotel, creating a true home away from home. No pomp or pretence, just beautiful rooms and magnificent food with produce from their own kitchen gardens. Where The Pig goes, the others follow.'

Nature's Remedies

16th-century codex was first herbal and medical text compiled in the New World, with ancient remedies for everything from hiccoughs to gout. Index. New Introduction. Over 180 black-and-white and 38 color illustrations.

A Taste for Herbs

What won't we try in our quest for perfect health, beauty, and the fountain of youth? Well, just imagine a time when doctors prescribed morphine for crying infants. When liquefied gold was touted as immortality in a glass. And when strychnine—yes, that strychnine, the one used in rat poison—was dosed like Viagra. Looking back with fascination, horror, and not a little dash of dark, knowing humor, Quackery recounts the lively, at times unbelievable, history of medical misfires and malpractices. Ranging from the merely weird to the outright dangerous, here are dozens of outlandish, morbidly hilarious treatments—conceived by doctors and scientists, by spiritualists and snake oil salesmen (yes, they literally tried to sell snake oil)—that were predicated on a range of cluelessness, trial and error, and straight-up scams. With vintage illustrations, photographs, and advertisements throughout, Quackery seamlessly combines macabre humor with science and storytelling to reveal an important and disturbing side of the ever-evolving field of medicine.

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