

Wellness Witch Healing Potions Soothing Spells And Empowering Rituals For Magical Self Care

The Mindful WitchSereKNITyHexing the PatriarchySpellwork for Self-CareThe Practical Witch's Spell BookThe Happy Hormone TrackerThe Modern Witch's Guide to HappinessEssential Oils for Witchcraft, Magic and SpellsThe House WitchWellness WitchThe Natural Witch's CookbookThe Junior Witch's HandbookPractical MagicThe Green WitchCrystalsYoga for WitchesInitiation Into WitchcraftThe Witch's Book of Self-CareThe Complete Book of Essential Oils and AromatherapyIntuitive WitchcraftMagical PlacesSex WitchWitching HourSuper-Easy Baby BlanketsThe Spells DeckThe Witchcraft HandbookThe Modern Witch's Guide to Magickal Self-CareItalian Folk MagicRevolutionary WitchcraftThe Way of the Hedge WitchPlant Magic for the Beginner WitchMagical Self-Care for Everyday LifeCreating SanctuaryLight Magic for Dark TimesCalming MagicNatural MagicMagical MeditationsSpells for Peace of MindThe Modern Witchcraft Book of Love Spells

The Mindful Witch

SereKNITy

This encyclopedic book contains, in practical and easy-to-understand form, every conceivable use for essential oils and aromatherapy in everyday life. The author, a practicing aromatherapist for more than twenty years, unlocks the power of essential oils in more than 600 original recipes, most needing only a few essential oils. Unlike over-the-counter products, the recipes you make yourself contain no harmful preservatives. Most basic needs can be covered with just ten essential oils.

Hexing the Patriarchy

From the author of the Modern Witchcraft series comes a new book on romantic spells to bring you love, companionship, and passion, with straightforward, accessible spell instructions. The Modern Witchcraft Book of Love Spells is a comprehensive collection that will help you get the love you want—from manifesting a mate, to blessing and helping new love, to helping you reconnect with a partner and stoking the flame to add fire to your romance. This book will guide you toward your romantic desires to find love—with the help of a little magic!

Spellwork for Self-Care

An enchanting, illustrated guide to the world's most magical places, from fairy tale forests to haunted houses, from the author of Practical

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Magic. *Magical Places* is for armchair-voyagers and pilgrimage-makers alike. This beautiful volume will take readers on a charmed journey around the world, dipping into some of the most storied destinations in the farthest flung corners of the globe. With chapters like *Places of Healing*, *Haunted Places*, *Magic in Nature*, *Fairy Tale Locales*, *The Past in the Present*, and *Ley Lines* -- the arcing lines that traverse the planet, where magical phenomena frequently occur -- wanderlust is sure to be stoked for frequent travelers and the magic curious alike. With an eye towards the mystical, *Magical Places* will explore well-known sites like Stonehenge and Uluru, as well as lesser-known destinations like The Knucker Hole in England, Angkor Wat in Cambodia, the Fairy Glen on the Isle of Skye, and the pink lakes Retba in Senegal and Hillier in Australia. Many of these sites will be accompanied by sacred rituals, mystical incantations, and more inspired by the energy and history of these magical locations. Featuring beautiful illustrations with a smattering of lush, full-color photography, this book will entice readers who long for adventure and enchantment in the world, who want to visit or at least learn about places where magic is real -- or once was.

The Practical Witch's Spell Book

A complete introduction to modern magic and witchcraft with spells and incantations for love, happiness, and success. *The Practical Witch's Spell Book* is an enchanting handbook for anyone with a penchant for the magical and who wants to add joy to their daily life. To practice witchcraft is to be purposeful whether it's to help heal, bring about prosperity, imbue your home with positivity, or even to fall in love. To be a practical witch is to tap into an inner place of intention, energy, and magic to bring about positive change in your life and those of your loved ones. With life's increasingly frenetic pace, a magical approach to living is more important now than ever. In this must-have guide for spell-casters of all levels you will find hundreds of spells, blessings, and incantations for love and romance, contentment and happiness, success and prosperity, health and healing, work and vocation, and money and wealth, all to enrich your mind and spirit, and to improve your life and the world around you. Also included are ritual resources, magical correspondences, lucky colors and numbers, moon spells, and all the essential tools you need for making magic.

The Happy Hormone Tracker

Witchcraft and yoga share many similarities that are, for the first time, explored in combination in this groundbreaking new title from Sarah Robinson, certified yoga instructor and experienced witch.

The Modern Witch's Guide to Happiness

Embrace your inner witch. Packed with spells, potions and witchy wisdom, use this magickal guide to enhance every aspect of your life. From the effects of the moon to the use of candles to enhance spells, learn how to protect your home, fulfill your dreams, boost your love life, banish ill chance and secure your future. Isn't it time you unleashed the power of magick?

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Essential Oils for Witchcraft, Magic and Spells

7 sweet and simple blankets for your baby! These pretty designs are all made using half double crochet stitches. The different looks are created by simply changing where the hook is inserted, taking this super easy stitch into a realm of endless possibilities. Photo steps are included in the written patterns. Each design is stitched using Red Heart Soft #4 worsted-weight yarn. Page Count: 20 Skill Level: Easy

The House Witch

Track your hormonal patterns and get to know your menstrual cycle in a more intimate way using this stylish and functional personal wellness planner for women. This first-of-its-kind 90-day hormone tracker journal gives women the guidance and space they need to track their monthly cycles and monitor how diet, exercise, moods, sleep, supplements, and more impact their hormonal fluctuations. On a basic level, natural hormone tracking is incredibly helpful for knowing when your period will come and end, when you should use protection or avoid sex to prevent pregnancy, and for gaining a fundamental connection to your flow. And if you're trying to conceive, it's essential for fertility tracking and fertility health. On a deeper level, tracking can strengthen your body awareness (physically and emotionally) and connection to nature. After 90 days of tracking, you'll have a strong foundational knowledge of your personal cycle patterns and how your hormones affect your mood, motivation levels, cravings, and more. The Happy Hormone Tracker includes: * Health primer explaining the four phases of a woman's cycle and what to expect during those times of the month * 90 days of daily tracker pages for monitoring ovulation, overall mood, digestion, hours slept, food cravings, stress level, exercise, motivation level, and more. * Weekly reflections for keeping track of personal habits, self-care, and more. * Food charts to help you know the best foods to eat for each phase of the month * And other tips from Shannon Leparski, author of the 2019 bestselling book The Happy Hormone Guide

Wellness Witch

Here is your guide to creating rituals that not only nurture your mind and body but also nourish your intuition and your inner divinity with witchcraft, spellwork, the phases of the moon, and more. You'll build a spiritual self-care practice that is supportive and sustainable. Cottage witch Tenae Stewart guides readers through finding the forms of self-care that really resonate with them and discovering what kinds of nourishment are essential to fulfill everyone's unique needs. Learn how to create a self-care practice that honors the needs of your mind, body, and spirit as well as come to understand your unique self-care style through astrology! In The Modern Witch's Guide, you'll find nearly three dozen rituals to try, from a bewitching bubble bath to soothe the soul to an activism ritual to hex the patriarchy and more, including instructions on how to: Create your own rituals from scratch (no experience necessary!) Develop morning and evening rituals to start and end the day with self-care Learn how to adapt your rituals so they can sustain you through any of life's challenges and interruptions, like illness, vacation, or changes in schedules and the seasons Packed with practical tools and step-by-step guides that are easily adapted to your own practice, The Modern Witch's Guide is the perfect introduction to self-care witchcraft and astrology.

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Wellness Witch

This luxe deck makes it easy to bring a little magic to everyday life. Featuring charms, potions, natural remedies, and rituals for self-care, empowerment, love, and more, The Spells Deck is an enchanting, all-levels introduction to witchcraft. Each card features shimmering artwork on the front and simple instructions for a spell on the back. Delivered in a charming portable package with foil stamping, this deck is a beautiful accessory for modern mystics and spirituality seekers.

The Natural Witch's Cookbook

When the world around you turns dark, tap into the light. If you're having a hard time finding that light, facing trauma and division, or want to send healing vibes to a friend, the inspired, easy-to-do spells of Light Magic for Dark Times can assist. Luna Luna magazine's Lisa Marie Basile shares inspired spells, rituals, and practices, including: A new moon ritual for attracting a lover A spell to banish recurring nightmares A graveyard meditation for engaging with death A mermaid ritual for going with the flow A zodiac practice for tapping into celestial mojo A rose-quartz elixir for finding self-love A spell to recharge after a protest or social justice work These 100 spells are ideal for those inexperienced with self-care rituals, as well as experienced witches. They can be cast during a crisis or to help prevent one, to protect loved ones, to welcome new beginnings, to heal from grief, or to find strength. Whether you're working with the earth, performing a cleanse with water or smoke, healing with tinctures or crystals, meditating through grief, brewing, enchanting, or communing with your coven, Light Magic for Dark Times will help you tap into your inner witch in times of need.

The Junior Witch's Handbook

For those who want to infuse their self-care routine with a little magic, this mystical guidebook provides readers with simple spells to enhance their daily lives. Topics range from relationships and emotional health to self-love, work, school, and more. Spellwork for Self-Care takes an old-fashioned approach to the practice of self-soothing. As young people flock to the well-worn paths tread by the witches of yore by using tarot card readings, astrological sign analysis, and herbal home remedies for mental and physical ailments, the practice of witchcraft has morphed into a form of spirituality for millennials and Generation Z. This book of 40 spells combines witchy spiritual practices with our culture's hunger for self-care, creating a compact resource for those seeking alternate paths to better mental, spiritual, emotional, and physical health.

Practical Magic

Add a little magic to every element of your life—from food to beauty to healthcare. Respectful of natural elements and cycles, the modern witch (men included) makes every effort to find the benefits in each ingredient he or she uses. In this magical recipe book, you can find natural

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recipes for delicious foods, tonics, masks, and ointments. These recipes are not only fantastic and fun to eat and use, but also boost immunity, longevity, energy, and even fertility. Each ingredient is used to its full potential to help you achieve optimal health, prevent pains, fight blue days, boost energy, purify the body, cleanse skin, and more! Included are recipes such as: Mushroom Pie for Immunity Soothing Chicken with Sweet Potato Mash St. Jacques Scallops for Fertility Mini Beef Parmentiers for Anemia Moon Macarons for Dreaming Anti-Inflammatory Golden Milk Green Mask of Youth And more! This fantastical collection combines a respect for nature with indulgent (and healing) pleasures. With generous recipes, potion-drinks, body masks, and other beauty cares, you can learn about the witch's way of life in The Natural Witch's Cookbook!!

The Green Witch

A fiery, intersectional guide for activists and witches alike, *Revolutionary Witchcraft* is an empowered introduction to the history and practice of politically-motivated magic. From the politically charged origins of the word "witch" to the present-day magical resistance, this bold handbook explores the role of witchcraft in our modern world. Author, activist, and practicing witch Sarah Lyons takes readers on a journey through a leftist history of magic -- from the witch hunts of early modern England, through the Salem Witch Trials, and up to our present moment. Pairing mystical acts, including sigil magic and soul flight, with core organizing tactics, like power mapping and protests, *Revolutionary Witchcraft* offers a blueprint for building a politically grounded magical praxis. From social justice to environmental activism, this radical reimagining of political activism addresses today's most pressing problems with empowering, inclusive rituals and magical actions. Each chapter introduces a key concept, like dreaming big, experiencing magical initiation, and joining the revolution, supported by a surprising historical case study on the power of mystical action. Full of actionable ideas for magical organizing, and an appendix packed with customizable spells, *Revolutionary Witchcraft* is the perfect companion for the magical uprising.

Crystals

Discover the power of natural magic and healing through herbs, flowers, and essential oils in this new guide to green witchcraft. At her core, the green witch is a naturalist, an herbalist, a wise woman, and a healer. She embraces the power of nature; she draws energy from the Earth and the Universe; she relies on natural objects like stones and gems to commune with the land she lives off of; she uses plants, flowers, oils, and herbs for healing; she calls on nature for guidance; and she respects every living being no matter how small. In *The Green Witch*, you will learn the way of the green witch, from how to use herbs, plants, and flowers to make potions and oils for everyday healing as well as how crystals, gems, stones, and even twigs can help you find balance within. You'll discover how to find harmony in Earth's great elements and connect your soul to every living creature. This guide also contains directions for herbal blends and potions, ritual suggestions, recipes for sacred foods, and information on how to listen to and commune with nature. Embrace the world of the green witch and discover what the power of nature has in store for you.

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Yoga for Witches

An empowering guide for young witches about the kinds of magic they can create for themselves every day. Intended for children between the ages of eight and twelve, who are curious about the possibility of "something more" in their lives, this handbook focuses on three major areas of the witch's life: friendship, personal fulfillment, and family. Each section includes spells, rituals, potions, and other useful information, such as tables about crystals, chakras, and herbs.

Initiation Into Witchcraft

Add a touch of magic to your self-care practice with *Wellness Witch*, a beautifully illustrated guide to mystical rites, sacred rituals, and creative DIYs that will enhance your everyday. Filled with soothing rituals, healing potions, and empowering spells, the *Wellness Witch* brings a touch of magic to the everyday. Tapping into ancient traditions and feminine power, this enchanting book guides readers through the practices of mystical wellness, natural beauty, and personal creativity as they develop a true intuitive connection to the life-giving forces around us. Drawing on the transcendent power of intention, the *Wellness Witch* uses tinctures, tonics, mantras, and meditations to forge a magical connection between the body and the spirit. With chapters on the internal, the external, and the home, readers will learn to harness the power of healing herbs, charged crystals, and sacred spaces as they cultivate the art of mystical self-care. Accessible projects, from crafting aromatherapy blends to creating smudge sticks, are paired with calming rituals, yoga sequences, and simple spells to bring peace, power, and magic into our hectic lives.

The Witch's Book of Self-Care

Conjure calm and summon serenity with *Calming Magic*, a soothing introduction to the healing energy of mystical practices, aromatherapy blends, crystal rituals, and more. Use the power of intention, ritual, and spellwork to craft a more peaceful, connected life with *Calming Magic*. Harnessing ancient wisdom and profound magic, this enchanted guide pairs mindfulness with mysticism to help readers support the body, mind, and heart in times of stress. Organized into three sections -- Peace, Clarity and Creativity -- *Calming Magic* offers a pathway to tranquility, from quieting anxious thoughts and focusing the mind to cultivating the imagination. Each section incorporates magical practice that fortify the body (with teas, yoga practices and home remedies), the mind (with meditations, spells and feng shui), and the heart (with crystals, tarot readings and rituals). With primers on the foundations of mystical practices, and creative DIYs to customize rituals and spells, this beautiful volume brings magic and harmony into today's hectic world.

The Complete Book of Essential Oils and Aromatherapy

In today's fast-paced world everyone is looking for ways to slow down, recharge, and appreciate the small, meaningful details of everyday life.

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SereKNITy: Peaceful Projects to Soothe and Inspire gives readers the perfect outlet with a collection of more than twenty-five knitting and crocheting patterns united by one all-compassing idea: finding peace. The projects here are not the complicated sweater patterns found in traditional knitting guides, but simple, beautiful objects anyone can create. Practical crafts, like fingerless gloves and mug cozies, are featured alongside more meditative patterns, like granny squares and crocheted flowers. Each is paired with an inspirational, intention-setting prompt and falls under an overarching theme-Color, Texture, or Structure-that encourages knitters and crocheters of all skill levels to be fully present in the moment. Fiber artist Nikki Van De Car gently guides readers to look inward as they work, releasing their anxiety as they create something beautiful. For experienced knitters and novices alike, this is meditative crafting of the very best kind.

Intuitive Witchcraft

Magic is all around us - in stones, flowers, stars, the dawn wind and the sunset cloud. All we need is the ability to see it, understand it, and apply it. Natural Magic explains how to practise the age-old white magic that village wise women have used for centuries. It deals with the magic of herbs and flowers, of the four elements, of numbers and colours, amulets and talismans, how to read cards, how to interpret dreams, and much more. There are chapters on the secrets of sex magic, and on the use of traditional spells. If you want to learn to charm warts, to cast a love spell, or to plant a magical garden, this book will tell you how. An essentially practical treatise, which sets out to show how magic can be for everyone, and how, indeed, it has always been inherent in human life and nature. Both those who are new to the practice of magic and those with experience will find it delightful reading and an informative handbook for use in daily life.

Magical Places

Wellness Witch adds magic to your self-care practice, with sacred rituals, crystal spreads, aromatherapy blends, yoga sequences, and intention-setting spells. Filled with soothing rituals, healing potions, and empowering spells, the Wellness Witch brings a touch of magic to the everyday. Tapping into ancient traditions and feminine power, this enchanting book guides readers through the practices of mystical wellness, natural beauty, and personal creativity as they develop a true intuitive connection to the life-giving forces around us. Drawing on the transcendent power of intention, the Wellness Witch uses tinctures, tonics, mantras, and meditations to forge a magical connection between the body and the spirit. With chapters on the internal, the external, and the home, readers will learn to harness the power of healing herbs, charged crystals, and sacred spaces as they cultivate the art of mystical self-care. Accessible projects, from crafting aromatherapy blends to creating smudge sticks, are paired with calming rituals, yoga sequences, and simple spells to bring peace, power, and magic into our hectic lives.

Sex Witch

Manifest your most positive intentions of love, healing, protection and abundance with the magic of herbs and plants You don't need

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expensive tools or hours of study to live a more magical life. Ally Sands, master herbalist, green witch and founder of Aquarian Soul, teaches you how to use everyday herbs to cast easy but effective spells. Divided into chapters on protection, love, abundance, healing and personal power, this is the perfect guide for new witches or those looking to learn more about plant magic. Learn how to cleanse and heal your body with a lemon balm bath, ward your home with a wreath of bay laurel, open your heart with an herbal rose tea or foster abundance with a homemade amulet. With 70 spells and information on which herbs and plants are most effective, you can easily incorporate magic into your everyday, manifest good energy and harness your personal power.

Witching Hour

Follow Your Heart and Spirit as You Build Your Witchcraft and Intuition Skills Together Featuring extensive exercises, examples, and rituals, this amazing book reveals how to embrace the wisdom of your inner voice as you explore the endless possibilities of witchcraft. With Astrea Taylor's guidance, you can unlock your intuitive magical potential and celebrate the truth of who you are. Intuitive Witchcraft also offers insights from some of the best writers, thinkers, and leaders in their fields, helping you become your most empowered self. Discover how to work with energy, interact with deities and spirits, and create a personal practice that fits your beliefs and lifestyles. Learn to face your shadow side, make the mundane magical, use divination tools, and much more. Whether you're a beginner or advanced practitioner, this incredible book illuminates the path to manifesting your greatest desires in an intuitive way.

Super-Easy Baby Blankets

Discover the power of crystals, from common stones to sacred rituals, in this enchantingly illustrated mini guidebook. Whether rose quartz, lapis lazuli, or amethyst, crystals are a beautiful and magical addition to your life! Learn the ins and outs of these mystical tools, including choosing and activating a crystal, basic properties of the stones, and how to create a crystal grid. Gain inspiration as you uncover the secrets to creating a crystal grid and learn to perform a crystal chakra ritual with this full-color, illustrated mini-book.

The Spells Deck

Discover a set of soothing spells, restorative rituals and helpful hints to vanquish any worry heading your way. By applying the healing wisdom of our foremothers with their same understanding of plants, roots, teas, herbal cures, crystals and natural remedies, Cerridwen Greenleaf brings together the best of the old ways and the new. Spells for Peace of Mind is written with you in mind and includes dozens of inspired ideas for restoring serenity to your life. The easy practices and pagan prescriptions are the perfect antidote to the hurly-burly world of stress, anxiety, worry and constant bombardment of negative news. For anyone dealing with sleeplessness, bouts of the blues, angst and being over-busy, this book is the ideal combination of both mental and physical healing. These sacred self-care spells will take you from harried and hurried to contented and calm.

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The Witchcraft Handbook

Magic meets self-care in a feel-good guide that's both practical and mystical, exploring the different ways we can honour our body, mind and spirit to create personal wellness. Join well-being and nutrition expert Leah Vandervelt in a wellness practice that integrates centuries-old traditions and concepts into everyday modern living. With herbal infusions for calming and mood boosting, tarot cards to tune into intuition, moon rituals for setting aligned intentions and breath work for releasing stuck energy, Leah weaves together spirituality, high vibe meals, astrology, meditation, movement and more. Inspiring photographs accompany Leah's selection of magical tools as she shares her experience with them, including the benefits, and a few simple actions, rituals and recipes to do on your own. Setting up supportive routines is key for feeling good every day. This is wellness for the witchy — people craving a more playful, receptive and healthy approach for tangible transformation. Celebrate the power to make your life more amazing. It's where the magic's at!

The Modern Witch's Guide to Magickal Self-Care

A magical guide to subverting manboy power, one spell at a time Skeptics might think witchcraft is nothing more than a fad, but make no mistake: modern witches aren't playing around. Today's wizarding women are raising hell, exorcising haters, and revving up to fight fire with a fierce inferno of magical outrage. Magic has always been a weapon of the disenfranchised, and in *Hexing the Patriarchy*, author Ariel Gore offers a playbook for the feminist uprising. Full of incantations, enchantments, rituals, and witchy wisdom designed protect women and bring down The Man, readers will learn how to . . . Make salt scrubs to wash away patriarchal bullshit Mix potions to run abusive liars out of town Use their bare hands and feet to vanquish bro culture Conjure dead relatives to help smash the system . . . and more. From summoning Ancestors to leveraging the Zodiac, these twenty-six alphabetically inspired spells are ready-made recipes for toppling the patriarchy with a dangerously divine, they-never-saw-it-coming power.

Italian Folk Magic

“A shameless celebration of sexual freedom, *Sex Witch* encourages us to cultivate the potent, political powers we all possess within our hearts and minds and between our thighs.” -- Kristen J. Sollée, author of *Witch Hunt*, *Cat Call*, and *Witches, Sluts, Feminists* *Sex Witch* combines occult knowledge with tried-and-true relationship advice to provide spells for each stage of a relationship. Self-love, seduction, sex, love, protection, revenge, and healing are all covered. The spells, such as “A Tarot Spread to Find Which Relationship Format Is Right for You,” “No TERFS Allowed: Embrace Gender Identity,” and “Consecrate Sex Toys” use occult knowledge and Saint Thomas’s award-winning relationship writing to manifest a spell book that does something genuinely magickal: it works. *Sex Witch* is real. Love is not always fair. Sometimes we get hurt or hurt others. Using the magic inside, you’ll learn how to stay balanced during these ups and downs: “Break toxic cycles. “Use candle magic to summon the perfect partner. “Embrace and unleash your kinks. “Navigate relationships through rough patches. “Get over former lovers. “Practice self-forgiveness and self-kindness.

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Revolutionary Witchcraft

Italian Folk Magic is a fascinating journey through the magical, folkloric, and healing traditions of Italy with an emphasis on the practical. The reader learns uniquely Italian methods of magical protection and divination and spells for love, sex, control, and revenge. The book contains magical and religious rituals and prayers and explores divination techniques, crafting, blessing rituals, witchcraft, and, of course, the evil eye, known as malocchio in Italian—the author explains what it is, where it comes from, and, crucially, how to get rid of it. This book can help Italians regain their magical heritage, but Italian folk magic is a beautiful, powerful, and effective magical tradition that is accessible to anyone who wants to learn it.

The Way of the Hedge Witch

This book is about the religion of Witchcraft. It honors the old Gods, the ancient mysteries, and the secrets of magic. Witchcraft is personal empowerment magnified through a relationship with the old gods. Through it, you can find a path to your most powerful self. This book shall be your first signpost to guide your way!

Plant Magic for the Beginner Witch

"It's time to give your inner witch a voice. Unlock the magic of modern witchcraft and infuse your every day with happiness. This is your essential spiritual guide to happiness. Including everything you need to know to become a modern witch, from working with tarot cards and healing crystals, to taking direction from the stars, this book will teach you how to harness the power of the natural world, dispel toxic energy and develop your own psychic ability to find happiness. Illustrated throughout and containing simple yet effective practical tips and tricks, self-care rituals and cleansing spells for the everyday, this treasure chest of a book will empower you to live your life to the fullest"--

Magical Self-Care for Everyday Life

Essential Oils for Witchcraft, Magic and Spells provides powerful and usable information on how you can use essential oils to implement witchcraft, magic and spells in your life. Using this book, you can follow a journey of personal discovery in enlightenment and joy as you implement the natural powers stored within essential oils to improve each and every aspect of your life. Are you curious about: Which types of essential oils you should use for witchcraft? The powers of aromatherapy? Which carrier oils to use? What are planetary and zodiacal oils? And essential oil-based potions? If so, then this book delivers powerful and valuable advice and information on how to use Essential Oils for Witchcraft, Magic and Spells. Enabling you to improve each and every aspect of your life. Happy reading!

Creating Sanctuary

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"As every good hedge witch knows, the best magick is made right at home. This book shows them how to transform their homes into sacred spaces, where they can: Create magickal cookbooks of recipes, spells, and charms Prepare food that nourishes body and soul Perform rituals that protect and purify hearth and home Master the secrets of the cauldron and the sacred flame Call upon the kitchen gods and goddesses Produce hearth-based arts and crafts With this book, witches learn all they need to know to make home a magickal place to live, work, and play."

Light Magic for Dark Times

From Wiccan author Arin Murphy-Hiscock comes this fantastic guide to spiritual self-care with a witchy bent. The Witch's Guide to Self-Care contains recipes for products and spells for self-restoration. Bustle Worship yourself the witchy way! learn how to nourish your body and spirit with herbal remedies, spells, and rituals inspired by witchcraft in this unique, enchanted guide to self-care! Self-care is a necessity for any modern woman, and this book helps you prioritize #1 with a little help from the magic of witchcraft. The Witch's Book of Self-Care has advice for pampering your body, mind, and spirit with spells, meditations, mantras, and powerful activities to help you to keep healthy, soothe stress, relinquish sadness, channel joy, and embrace your strength. This book features such magical self-care remedies: -A Ritual to Release Guilt: Learn to burn whatever causes you pain and process painful memories or work through heavy emotions in this therapeutic ritual. -Green Space Meditation: Learn how to reconnect with the healing energies of nature, even in the middle of a bustling city, as part of a series of meditations based on the elements and your senses. -DIY Body Butter: Create your own custom soothing and smoothing body butter, powered by crystal and essential oils suited to your intention, and sanctified by a ritual. And much more! The Witch's Book of Self-Care shows you how easy it is to connect to the earth, harness your personal power, and add a little magic to your everyday life for a better you!

Calming Magic

The modern witch is empowered and determined, and she defies expectations at every turn. But even the most all-powerful sorceress sometimes needs a quiet moment to reflect, recharge, and maybe cast an enchantment or two. This guided journal encourages you to set aside time for your own personal "witching hour." Use the spells, charms, and incantations within its pages to conjure self-confidence, summon success, nourish friendships, banish negative thinking, and master the magic of self-love. It includes spells for productivity, career success, repairing relationships, attracting love, and tapping into your sense of purpose. Filled with mystical illustrations and plenty of witchy wisdom, this journal has everything you need to lead your best (and most magical) life.

Natural Magic

Practical Magic is a charmed introduction to the wonders of modern magic and mysticism, from crystals and astrology to chakras, dream interpretation, and, of course, a few spells! Focusing on three primary areas -- healing, magic, and fortunetelling -- this books provides the

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perfect primer for sophisticated dabblers, with inviting text and spell-binding illustrations. Clear introductions on trending topics, like herbal tonics and astrological charts, are paired with home remedies, hands-on instructions, and suggested rituals in a chic, stylish format that will capture the imaginations of good witches of all ages.

Magical Meditations

Everything you need to know to create your very own "sacred space"—perfect for practicing home-based witchcraft including spells, rituals, herbalism, and more!—from the author of *The Green Witch*. Your home is an important part of who you are—it makes sense to tie your practice of witchcraft closely to the place where you build your life. In *The House Witch*, you'll discover everything you need to live, work, and practice in your own magical space. Follow expert Arin Murphy-Hiscock on a journey to building and fortifying a sacred space in your own home, with essential information on how to:

- Create magical cookbooks of recipes, spells, and charms
- Prepare food that nourishes body and soul
- Perform rituals that protect and purify hearth and home
- Master the secrets of the cauldron and the sacred flame
- Call upon the kitchen gods and goddesses.
- Produce hearth-based arts and crafts. —and much more!

Learn how easy it is to transform your home into a magical place that enhances your practice and nurtures your spirit!

Spells for Peace of Mind

A guided journal for the growing number of witchcraft practitioners Witches can't control the world outside themselves without first mastering their own inner world. It takes steady devotion and courage to practice this ancient craft. *The Mindful Witch* is a meditative daily guide for witches of all levels to help them summon strength from within, focus their energy, and practice witchcraft in an empowering and effective way. Whether it's a crystal bath to restore their energy, a handmade tea to revive their passion, or a burning candle whose glow offers protection, each page offers tips and inspiration for everyday magick. Reflective witches will enjoy plenty of space to write the day's intentions and desires, craft spells, and track the phases of the moon so they can better harness its power and manifest their future. With *The Mindful Witch* to guide you, you can add a satisfying dose of self-nourishment and craft to your daily life and conjure your best self.

The Modern Witchcraft Book of Love Spells

"In this beautiful, inspiring, and practical book we are invited to look deeply at the landscape around us and create sacred respites from our busy worlds." —Rosemary Gladstar, herbalist and author

We all need a personal sanctuary. A place where we can be in harmony with the natural world and nurture our bodies, minds, and souls. And this sanctuary doesn't have to be a far-away destination—it can be in your own backyard. In *Creating Sanctuary*, natural living expert Jessi Bloom taps into multiple sources of traditional plant wisdom to help you find a deeper connection to the outdoor space you already have—no matter the size. You will learn how to design a healing space, how to harness the power of 50 sacred plants, and how to create recipes and rituals that soothe and calm. Hands-on, inspiring, and packed with gorgeous

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photography, Creating Sanctuary will help you find new ways to revitalize your life.

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