

Where Is The Mango Princess A Journey Back From Brain Injury

Silent Warrior a Journey of Hope! I'll Carry the Fork! Sylvester and the Magic Pebble A Mother's Nightmare Over My Head Asperger Syndrome The Second Mango Where Is the Mango Princess? The House on Mango Street A Mango for the Teacher He Never Liked Cake How Did You Get Here? A Mind of My Own Princess Daisy A Mango-Shaped Space A Journey Bite of the Mango Mango Delight Learning to Stay The Graveyard Book The Journey Back The House on Mango Street Living with Brain Injury Anatomy of a Soldier How the Homosexuals Saved Civilization Grit Head Cases The Social Determinants of Mental Health The Bob Love Story I Am the Central Park Jogger To Love What Is P. S. Julia The Last Book in the Universe Lucky Broken Girl Touching Distance Don't Leave Me This Way Raising David Again Left Neglected In an Instant The Gay Man's Guide To Heterosexuality

Silent Warrior a Journey of Hope

A timeless, "triumphant" (Entertainment Weekly) story of healing and recovery from the victim of a crime that shocked the nation: the Central Park Jogger. Shortly after 9:00 p.m. on April 19, 1989, a young woman jogs alone near 102nd Street in New York City's Central Park. She is attacked, raped, savagely beaten, and left for dead. Hours later she arrives at the emergency room—comatose—she has lost so much blood that her doctors believe it's a miracle she's still alive. Meet Trisha Meili, the Central Park Jogger. I Am the Central Park Jogger recounts the mesmerizing, inspiring, often wrenching story of human strength and transcendent recovery. Called "Hero of the Month" by Glamour magazine, Meili tells us who she was before the attack—a young Wall Street professional with a promising future—and who she has become: a woman who learned how to read, write, walk, talk, and love again and turn horrifying violence and certain death into extraordinary healing and victorious life. With "moments of unexpected grace and insights into life's challenges.... Meili's story—the story the public never knew—is unforgettable" (The Buffalo News).

I'll Carry the Fork!

A true story of a young woman's fight for her life and dignity, as she struggles to overcome the debilitating effects of a brain haemorrhage and stroke. She battles the medical community with wit and grit, challenging them to think beyond their medical textbooks. This book has drama, humour, sadness, frustration, resolve, and triumph.

Sylvester and the Magic Pebble

"Janna Leyde's coming-of-age memoir encompasses the acute and lasting effects of [traumatic brain injury] on both survivors and their loved ones."--Back cover.

A Mother's Nightmare

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Locked inside a brain-injured head looking out at a challenging world is the premise of this extraordinary autobiography. *Over My Head* is an inspiring story of how one woman comes to terms with the loss of her identity and the courageous steps (and hilarious missteps) she takes while learning to rebuild her life. The author, a 45-year-old doctor and clinical professor of medicine, describes the aftermath of a brain injury eleven years ago which stripped her of her beloved profession. For years she was deprived of her intellectual companionship and the ability to handle the simplest undertakings like shopping for groceries or sorting the mail. Her progression from confusion, dysfunction, and alienation to a full, happy life is told with restraint, great style, and considerable humor.

Over My Head

An award-winning book from the author of *Jeremy Fink and the Meaning of Life* and *The Candymakers* for fans of *Wonder* and *Counting by Sevens* Mia Winchell has synesthesia, the mingling of perceptions whereby a person can see sounds, smell colors, or taste shapes. Forced to reveal her condition, she must look to herself to develop an understanding and appreciation of her gift in this coming-of-age novel.

Asperger Syndrome

A dog named Jones helps a woman understand life's unexpected turns and to accept the changes in her marriage after her husband returns home with a traumatic brain injury from serving in Iraq. Original. 40,000 first printing.

The Second Mango

A personal story of crisis, commitment, and hope from the best-selling author of *Memoirs of An Ex-Prom Queen* One day it happens, the dreaded thing that will change your life forever, the more dreadful because, though you've half expected it, you don't know what form it will take or when it will come, and whether or not you will rise to the challenge. For Alix Kates Shulman, it happened on July 22, 2004, at two a.m. on a coastal Maine island in a remote seaside cabin with no electricity, running water, or road to reach it—where the very isolation that makes it a perfect artist's retreat renders it as risky as life itself. She woke to find that her beloved seventy-five-year-old husband had fallen the nine feet from their sleeping loft and was lying on the floor below, naked and deathly still. Though Scott would survive, he suffered an injury that left him seriously brain impaired. He was the same—but not the same. Each of us has imagined with dread the occurrence of just such an event outside our control that will permanently alter the course of our lives. In this elegant memoir, Shulman describes life on the other side: the ongoing anxieties and risks—and surprising rewards—she experiences as she reorganizes her world and her priorities to care for her husband and discovers that what might have seemed a grim life sentence to some has evolved into something unexpectedly rich.

Where Is the Mango Princess?

Double Olympic gold-medal winner, James Cracknell. His story before and after his

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life-changing accident. In October 2011 James Cracknell, two-time Olympic gold-medal rower and one of the greatest endurance athletes the world has ever known, suffered a seizure at home as his young son looked on in horror. A man who had known no limits, a man who had practically achieved the impossible, was now struggling to master life's simple challenges. A year earlier, as James undertook yet another endurance challenge in Arizona, he was knocked off his bike by the wing mirror of a petrol tanker. It had smashed into the back of his head at high speed, causing severe frontal lobe damage. The doctors weren't sure if he would recover and, if he did, whether he would ever be the same again. *Touching Distance* is an extraordinary, honest and powerful account as James and his wife Bev confront for the first time the lasting effects that the accident has had on their lives. It is the story of a marriage, of a family and of one man's fight back to be the best husband and father he can be.

The House on Mango Street

Queen Shulamit has inherited the throne at a young age and seeks a partner, a woman, to share life with. A warrior pretending to be a man comes into the picture and agrees to take her on a voyage on the back of her dragon to search for the appropriate match. In the course of the search, they discover a temple full of women turned to stone by an evil sorcerer. A rescue mission ensues.

A Mango for the Teacher

Humorist Cathy Crimmins has written a deeply personal, wrenching, and often hilarious account of the effects of traumatic brain injury, not only on the victim, in this case her husband, but on the family. When her husband Alan is injured in a speedboat accident, Cathy Crimmins reluctantly assumes the role of caregiver and learns to cope with the person he has become. No longer the man who loved obscure Japanese cinema and wry humor, Crimmins' husband has emerged from the accident a childlike and unpredictable replica of his former self with a short attention span and a penchant for inane cartoons. *Where Is the Mango Princess?* is a breathtaking account that explores the very nature of personality-and the complexities of the heart. Outstanding Book Award Winner from the American Society of Journalists and Authors

He Never Liked Cake

The Gay Man's Guide to Heterosexuality offers a humorous look at the strange and often inexplicable habits of heterosexuals. This book not only tells you everything you need to know about the straight world (and then some), but answers questions that have probably been plaguing you for years, like: - What are they carrying in all those minivans? - Why are their dogs so big? - Why are they afraid of bright colors? - Why do show tunes scare them? - How do you know when you're in one of their neighborhoods? As well as the perennial conversation stopper: - What do heterosexuals do in bed together? You never know when you're going to bump into a heterosexual--today they are everywhere--but with this handy guide, you'll be prepared for any encounter.

How Did You Get Here?

Chronicles the life and career of the Chicago Bulls star who overcame adversity after an injury cut short his basketball career

A Mind of My Own

In one of the most anticipated books of the year, Lee Woodruff, along with her husband, Bob Woodruff, share their never-before-told story of romance, resilience, and survival following the tragedy that transformed their lives and gripped a nation. In January 2006, the Woodruffs seemed to have it all—a happy marriage and four beautiful children. Lee was a public relations executive and Bob had just been named co-anchor of ABC's World News Tonight. Then, while Bob was embedded with the military in Iraq, an improvised explosive device went off near the tank he was riding in. He and his cameraman, Doug Vogt, were hit, and Bob suffered a traumatic brain injury that nearly killed him. In an Instant is the frank and compelling account of how Bob and Lee's lives came together, were blown apart, and then were miraculously put together again—and how they persevered, with grit but also with humor, through intense trauma and fear. Here are Lee's heartfelt memories of their courtship, their travels as Bob left a law practice behind and pursued his news career and Lee her freelance business, the glorious births of her children and the challenges of motherhood. Bob in turn recalls the moment he caught the journalism "bug" while covering Tiananmen Square for CBS News, his love of overseas assignments and his guilt about long separations from his family, and his pride at attaining the brass ring of television news—being chosen to fill the seat of the late Peter Jennings. And, for the first time, the Woodruffs reveal the agonizing details of Bob's terrible injuries and his remarkable recovery. We learn that Bob's return home was not an end to the journey but the first step into a future they have learned not to fear but to be grateful for. In an Instant is much more than the dual memoir of love and courage. It is an important, wise, and inspiring guide to coping with tragedy—and an extraordinary drama of marriage, family, war, and nation. A percentage of the proceeds from this book will be donated to the Bob Woodruff Family Fund for Traumatic Brain Injury. From the Hardcover edition.

Princess Daisy

A cultural history of the customs, fashions, and figures of gay life in the twentieth and the early twenty-first centuries—and how they have changed us for the better. How the Homosexuals Saved Civilization presents a broad yet incisive look at how an unusual "immigrant" group, homosexual men, has influenced mainstream American society and has, in many ways, become mainstream itself. From the way camp, irony, and the gay aesthetic have become part of our national sensibility to the undeniable effect the gay cognoscenti have had on media and the arts, Cathy Crimmins examines how gay men have changed the concepts of community, family, sex, and fashion.

A Mango-Shaped Space

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What happens when your BFF becomes your EFF . . . EX-Friend-Forever? Surviving seventh grade is tough-especially when your BFF dumps you, you lose your spot on the track team, and you cost your dad his job. That's the mess Mango's in. THEN her ex-bestie spitefully tricks Mango into auditioning for the school musical and the tables turn: Mango wins the lead role, becomes a YouTube sensation, and attracts the attention of the school's queen bee. But soon Mango is forced to make tough choices about the kind of friend she wants to have . . . and the kind she wants to be.

A Journey

Nature, As One Sees It is a collection of poems about nature in diverse environments. In part one, "A Celebration," the reader experiences some of the places and creatures in Florida and Philadelphia that inspired William Bartram's great nature work, Travels. Bennett translates poetically Bartram's observations into a contemporary two hundredth anniversary setting. "Tidemarks" lyrically transports the reader to Bennett's summer coastal haunts in Maine and Washington. Here the creatures and habitats are in sharp contrast to those that appear in the Florida settings. The natural history of north central Florida, in and around a swimming pool set in a mesic hammock, is the subject for "Aquarius." "At the Beach" gives Bennett's insights into the cultural and natural history of Florida's gulf coast. A native Floridian, Bennett has combined his scientific and museum experiences along with an appreciation of natural history in this four-part nature work. Mary Oliver has commented about the author: "Peter Bennett is an accomplished professional in the field of natural science. His poems primarily meditations upon this natural world are succinct and wry. Their intent is not to persuade through language but, through the imposition of informed fact upon our consciousness, to make the reader come to a necessary conclusion."

Bite of the Mango

'In my culture, every story is told with the purpose of either imparting knowledge, repairing a broken bond, or transforming the listener and the teller. Mariatu's story embodies all of these elements.' from the Introduction by Ishmael Beah Mariatu Kamara grew up in a small village in Sierra Leone, surrounded by family and friends. At first, rumours of the civil war were no more than a distant worry. But then the rebels attacked. Heavily armed soldiers, some no older than 12-year-old Mariatu herself, attacked her village, torturing her brutally and killing many of the people she loved. During this senseless violence, they cut off both her hands. Miraculously, Mariatu survived. Then began her journey of recovery, from the African bush to begging in the streets of Freetown, and ultimately to a new life in North America. 'A great read It's like a cross between Parvana and Memoirs of a Geisha.' Samantha, 16 It feels as if Mariatu Kamara is sitting in the room with you, telling her story real and honest. A really powerful book. I cried on several occasions.' Isabella, 19 'a powerful commentary on one of the many costs of wars. An essential purchase' Kirkus

Mango Delight

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Julia Fox Garrison refused to listen to the professionals she called Dr. Jerk and Dr. Panic, who—after she suffered a massive, debilitating stroke at age thirty-seven—told her she'd probably die, or to Nurse Doom, who ignored her emergency call button. Instead she heeded the advice of kind, gifted Dr. Neuro, who promised her he would "treat your mind as well as your body." Julia figured if she could somehow manage to get herself into a wheelchair, at least she'd always find parking. But after many, many months of hospitalization and rehab—with the help of family, friends, and her own indomitable spirit—Julia not only got into a wheelchair, but she got back out. *Don't Leave Me This Way* is the funny, inspiring, profoundly moving true story of a woman's fight for her life and dignity—and her determined quest to awaken an entrenched, unfeeling medical community to the fact that there's always a human being inside every patient.

Learning to Stay

Science and medicine are never static. There are always new treatments, new pharmaceuticals and new insights being discovered, exciting frontiers that take us deeper into the brain, our bodies and the way we live. *Living with Brain Injury: The Second Edition* was written with this in mind: To help people living with brain injured survivors- both families and professionals alike- keep up with the newest information available including experimental rehabilitation research and the process of plasticity, experimental rehabilitation research and the process of rehabilitation itself. Inside, you will find the resources and strategies to better cope with a world where the one you love has changed seemingly before your eyes. There is hope-and it is here.

The Graveyard Book

The bestselling coming-of-age classic, acclaimed by critics, beloved by readers of all ages, taught in schools and universities alike, and translated around the world from the winner of the 2018 PEN/Nabokov Award for Achievement in International Literature. *The House on Mango Street* is the remarkable story of Esperanza Cordero, a young Latina girl growing up in Chicago, inventing for herself who and what she will become. Told in a series of vignettes-sometimes heartbreaking, sometimes deeply joyous-Sandra Cisneros' masterpiece is a classic story of childhood and self-discovery. Few other books in our time have touched so many readers.

The Journey Back

Anatomy of a Soldier is a stunning first novel—of patriotism, heroism, and profound humanism—that will immediately take its place on the shelf of classics about what it truly means to be at war. Let's imagine a man called Captain Tom Barnes, aka BA5799, who's leading British troops in the war zone. And two boys growing up together there, sharing a prized bicycle and flying kites before finding themselves estranged once foreign soldiers appear in their countryside. And then there's the man who trains one of them to fight against the other's father and all these infidel invaders. Then imagine the family and friends who radiate out from these lives, people on all sides of this conflict where virtually everyone is caught up in the

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middle of something unthinkable. But then regard them not as they see themselves but as all the objects surrounding them do: shoes and boots, a helmet, a bag of fertilizer, a medal, a beer glass, a snowflake, dog tags, and a horrific improvised explosive device that binds them all together by blowing one of them apart—forty-five different narrators in all, including the multiple medical implements subsequently required to keep Captain Barnes alive. The result is a novel that reveals not only an author with a striking literary talent and intelligence but also the lives of people—whether husband or wife, father or mother, son or daughter—who are part of this same heart-stopping journey. A work of extraordinary humanity and hope, created out of something hopeless and dehumanizing, it makes art out of pain and suffering and takes its place in a long and rich line of novels that articulate the lives that soldiers lead. In the boom of an instant, and in decades of very different lives and experiences, we see things we've never understood so clearly before. From the Hardcover edition.

The House on Mango Street

LitPlan Teacher Packs have a foundation of materials for teaching works of literature. Over one hundred pages including short answer study questions, multiple choice quiz questions, discussion questions, writing assignments, vocabulary worksheets, daily lessons, unit tests, games, puzzles, review materials, bulletin board ideas, and much more.

Living with Brain Injury

One typical morning, Sarah Nickerson, a woman in her mid-thirties, is late for work, racing in her car after dropping her kids off at school and daycare. She tries to phone in to a meeting she should already be at when she takes her eye off the road for a second too long. In that blink of an eye, all the rapidly moving parts of her over-scheduled life come to a screeching halt. Sarah suffers a traumatic head injury. Her memory and intellect are intact, but she has lost all interest in, and the ability to perceive, information coming from the left side of space. The left side of her world has gone. Sarah only eats the food from the right side of her plate. She can't see her watch, or her engagement diamond or her wedding ring. She tries to use a wheel chair but can only spin in circles as her left arm dangles by her side.

Anatomy of a Soldier

Head Cases takes us into the dark side of the brain in an astonishing sequence of stories, at once true and strange, from the world of brain damage. Michael Paul Mason is one of an elite group of experts who coordinate care in the complicated aftermath of tragic injuries that can last a lifetime. On the road with Mason, we encounter survivors of brain injuries as they struggle to map and make sense of the new worlds they inhabit. Underlying each of these survivors' stories is an exploration of the brain and its mysteries. When injured, the brain must figure out how to heal itself, reorganizing its physiology in order to do the job. Mason gives us a series of vivid glimpses into brain science, the last frontier of medicine, and we come away in awe of the miracles of the brain's workings and astonished at the fragility of the brain and the sense of self, life, and order that resides there. Head

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Cases "[achieves] through sympathy and curiosity insight like that which pulses through genuine literature" (The New York Sun); it is at once illuminating and deeply affecting.

How the Homosexuals Saved Civilization

A teenage boy faces his past and seeks redemption in the gripping companion book to Red Kayak Nine months in a juvenile detention facility was the punishment for his crime. After just a month he makes a bold escape that nearly kills him and soon an angry fourteen-year-old Digger is on the run. When injuries stop him, Digger hides at a riverside campground, where he befriends a young boy and a girl his own age. New friends, a job caring for rescued horses, and risking his life to save another make Digger realize that the journey back is not just about getting home. But he come to terms with his troubled past and face what he's really running from?

Grit

David was an energetic man since birth, musically gifted and with a thriving career and family life. However, this all changed when he suffered a traumatic brain injury after an off-road vehicle accident in Florida and had to adjust to a new version of himself. He wasn't the only one to change; his mother, Marjorie Appleby, recounts the life-altering experiences of David's family in her caregiver journaling turned survival health guide, Raising David, Again. Marjorie's journal entries during David's hospitalization and rehabilitation present advice keys for recovery for brain injury survivors and caregivers to use during the process of recovery. David's left brain damage not only meant re-learning basic motor skills, but also changed behavior after injury, as Marjorie and David's father Dave cared for a different David. However, Raising David, Again describes God's purposes for injury and how their faith in God kept them going in the darkest hours.

Head Cases

Someone you love has been diagnosed with the neurological disorder Asperger Syndrome. You are already experiencing the social struggles, communication difficulties, and other challenges, but you are also looking for hope. Does the Bible speak to this struggle?

The Social Determinants of Mental Health

A cherished classic is brought to life with the audio stylings of renowned actor James Earl Jones. Sylvester can't believe his luck when he finds a magic pebble that can make wishes come true. But when a lion jumps out at him on his way home, Sylvester is shocked into making a wish that has unexpected consequences. After overcoming a series of obstacles, Sylvester is eventually reunited with his loving family. Illustrated with William Steig's glowing pictures, this winner of the Caldecott Medal is beloved by children everywhere. This package includes a paperback book along with a CD of this modern classic read by legendary actor James Earl Jones.

The Bob Love Story

The Social Determinants of Mental Health aims to fill the gap that exists in the psychiatric, scholarly, and policy-related literature on the social determinants of mental health: those factors stemming from where we learn, play, live, work, and age that impact our overall mental health and well-being. The editors and an impressive roster of chapter authors from diverse scholarly backgrounds provide detailed information on topics such as discrimination and social exclusion; adverse early life experiences; poor education; unemployment, underemployment, and job insecurity; income inequality, poverty, and neighborhood deprivation; food insecurity; poor housing quality and housing instability; adverse features of the built environment; and poor access to mental health care. This thought-provoking book offers many beneficial features for clinicians and public health professionals: Clinical vignettes are included, designed to make the content accessible to readers who are primarily clinicians and also to demonstrate the practical, individual-level applicability of the subject matter for those who typically work at the public health, population, and/or policy level. Policy implications are discussed throughout, designed to make the content accessible to readers who work primarily at the public health or population level and also to demonstrate the policy relevance of the subject matter for those who typically work at the clinical level. All chapters include five to six key points that focus on the most important content, helping to both prepare the reader with a brief overview of the chapter's main points and reinforce the "take-away" messages afterward. In addition to the main body of the book, which focuses on selected individual social determinants of mental health, the volume includes an in-depth overview that summarizes the editors' and their colleagues' conceptualization, as well as a final chapter coauthored by Dr. David Satcher, 16th Surgeon General of the United States, that serves as a "Call to Action," offering specific actions that can be taken by both clinicians and policymakers to address the social determinants of mental health. The editors have succeeded in the difficult task of balancing the individual/clinical/patient perspective and the population/public health/community point of view, while underscoring the need for both groups to work in a unified way to address the inequities in twenty-first century America. The Social Determinants of Mental Health gives readers the tools to understand and act to improve mental health and reduce risk for mental illnesses for individuals and communities. Students preparing for the Medical College Admission Test (MCAT) will also benefit from this book, as the MCAT in 2015 will test applicants' knowledge of social determinants of health. The social determinants of mental health are not distinct from the social determinants of physical health, although they deserve special emphasis given the prevalence and burden of poor mental health.

I Am the Central Park Jogger

How Did You Get Here? chronicles the educational experiences—from early childhood through college—of sixteen students with disabilities and their paths to personal and academic success at Harvard University.

To Love What Is

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This is the long-awaited 3rd Edition!! Long an industry standard, "I'll Carry the Fork! Recovering a Life After Brain Injury," has helped countless survivors, loved ones and professionals in the traumatic brain injury/stroke community. Kara Swanson's journey is one to learn from, to cheer and, even, to laugh with along the way. Her honesty and willingness to share her struggles and triumphs have been changing the lives of survivors and their loved ones for more than 20 years. This book has been named a suggested and must-read resource for survivors and professionals in every rehab and neurological field, and even in college TBI-related studies. It has been translated into Japanese and Kara has made her book available on Kindle and in an audio format. Her accompanying speeches and award-winning blog have circled the globe. This book enlightens with vital information from TBI professionals in medical, rehab and legal arenas. Kara's book is a wonderful inspiration and, with each edition, she has continued to mold it to help those in the TBI community. This new edition is brighter and cleaner. Kara has inserted more blank pages for notes and she has reduced the price so that more survivors can obtain all of the wonderful input from professionals throughout the book. The audio version of this book was completed by the author in order to offer a pace and cadence for those survivors struggling with audio processing speed and/or challenged by the written word.

P. S. Julia

June, 1975 - With New York City deep in budget crisis, Deborah, a spirited young teacher of English as a Second Language, receives her third pink slip in two years. Her strongest ties to New York were cut when cancer claimed her mother, uncle and aunt. With no prospect of work, she takes off for the glorious Mexican beach she had stumbled upon three years earlier. At that time, the only trace of human intrusion near the beach was a wooden bridge with a hand-painted sign reading "CAN-CUN." During Deborah's second trip to Mexico, hilarious experiences follow harrowing ones. Driving south, she encounters natural and human beauty all along the way. Once she reaches Cancun, it seems that everyone wants her as an English teacher-how could she say "No"? Deborah's life expands to include a school of more than four hundred students, an international circle of teachers and friends, an island, a husband, a son, a sailboat, sharks, a tarantula and muchas aventuras.

The Last Book in the Universe

One Christmas day, 1998, Kerri Oxoby had everything going for her-a new husband, a wonderful family, and the beginning of a career. All this changed with a snap decision to eat one bite of candy containing hazelnut extract, which brought on a life-threatening allergic reaction and a fight for her life. *Silent Warrior: A Journey of Hope* is the story of Kerri's heroic, almost three-year battle to overcome the challenges brought on by anaphylactic shock and brain injury, as told by her mother, Shirley Oxoby, a guidance counselor with 20 years' experience. From the first terrifying moments in the ICU to the daily struggles of in-home therapy and healing, the book chronicles Kerri's journey to recovery despite resistance from the health care system, ongoing medical emergencies, the failure of insurance to address basic patient needs, and the painful setbacks that seemed to lie around every turn. In a gripping memoir that is at once heartbreaking and uplifting, Shirley Oxoby recounts her warrior daughter's valiant struggle to return to her life, and

demonstrates that there truly are no small miracles. It is a nonpolitical statement on the power of love and family.

Lucky Broken Girl

In this instant New York Times bestseller, Angela Duckworth shows anyone striving to succeed that the secret to outstanding achievement is not talent, but a special blend of passion and persistence she calls “grit.” “Inspiration for non-genius everywhere” (People). The daughter of a scientist who frequently noted her lack of “genius,” Angela Duckworth is now a celebrated researcher and professor. It was her early eye-opening stints in teaching, business consulting, and neuroscience that led to her hypothesis about what really drives success: not genius, but a unique combination of passion and long-term perseverance. In *Grit*, she takes us into the field to visit cadets struggling through their first days at West Point, teachers working in some of the toughest schools, and young finalists in the National Spelling Bee. She also mines fascinating insights from history and shows what can be gleaned from modern experiments in peak performance. Finally, she shares what she’s learned from interviewing dozens of high achievers—from JP Morgan CEO Jamie Dimon to New Yorker cartoon editor Bob Mankoff to Seattle Seahawks Coach Pete Carroll. “Duckworth’s ideas about the cultivation of tenacity have clearly changed some lives for the better” (The New York Times Book Review). Among *Grit*’s most valuable insights: any effort you make ultimately counts twice toward your goal; grit can be learned, regardless of IQ or circumstances; when it comes to child-rearing, neither a warm embrace nor high standards will work by themselves; how to trigger lifelong interest; the magic of the Hard Thing Rule; and so much more. Winningly personal, insightful, and even life-changing, *Grit* is a book about what goes through your head when you fall down, and how that—not talent or luck—makes all the difference. This is “a fascinating tour of the psychological research on success” (The Wall Street Journal).

Touching Distance

She was born Princess Marguerite Alexandrovna Valensky. But everyone called her Daisy. She was a blonde beauty living in a world of aristocrats and countless wealthy. Her father was a prince, a Russian nobleman. Her mother was an American movie goddess. Men desired her. Women envied her. Daisy's life was a fairy tale filled with parties and balls, priceless jewels, money and love. Then, suddenly, the fairy tale ended. And Princess Daisy had to start again, with nothing--except the secret she guarded from the day she was born.

Don't Leave Me This Way

This fast-paced action novel is set in a future where the world has been almost destroyed. Like the award-winning novel *Freak the Mighty*, this is Philbrick at his very best. It's the story of an epileptic teenager nicknamed Spaz, who begins the heroic fight to bring human intelligence back to the planet. In a world where most people are plugged into brain-drain entertainment systems, Spaz is the rare human being who can see life as it really is. When he meets an old man called

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Ryter, he begins to learn about Earth and its past. With Ryter as his companion, Spaz sets off an unlikely quest to save his dying sister -- and in the process, perhaps the world.

Raising David Again

In 1960s New York, fifth-grader Ruthie, a Cuban-Jewish immigrant, must rely on books, art, her family, and friends in her multicultural neighborhood when an accident puts her in a body cast.

Left Neglected

A former prime minister of Great Britain describes the difficult choices he had to make, candidly revealing what it means to hold a position of great power in today's world, in an account full of surprising insights into a host of world leaders, including presidents George W. Bush and Bill Clinton. Reprint. A best-selling memoir.

In an Instant

In the tradition of *Lorenzo's Oil*, a brutally searing story of one mother's quest to save her child's life. One day Kelly Crimmins was a happy seemingly healthy twelve-year-old; the next she confessed to her mom that she'd had blood in her urine for months. After a series of tests, Kelly was diagnosed with a life-threatening, potentially terminal autoimmune disease. *A Mother's Nightmare* details Cathy and Kelly's three-year medical and emotional journey, which took them from Philadelphia to Minnesota's Mayo Clinic and back again. Cathy writes about the toll taken on a young girl who suddenly becomes a patient, and about a mom who in fighting for her little girl's life becomes sick herself with worry and fear. As she did in her award-winning *Where Is the Mango Princess?*, Cathy makes illness both personal and universal. It's an account all readers will find memorable and moving.

The Gay Man's Guide To Heterosexuality

From #1 New York Times bestselling author Neil Gaiman, an ingenious and captivating reimagining of Rudyard Kipling's adventure *The Jungle Book* that is a glorious meditation on love, loss, survival, sacrifice, and what it means to truly be alive—one of ten classic Gaiman works repackaged with elegant original watercolor art by acclaimed artist Henry Sene Yee Nobody Owens, known to his friends as Bod, is a normal boy. He would have been completely normal if he didn't live in a sprawling graveyard, being raised and educated by ghosts, with a solitary guardian who belongs to neither the world of the living nor of the dead. There are dangers and adventures in the graveyard for a boy--an ancient Indigo Man beneath the hill, a gateway to a desert leading to an abandoned city of ghouls, the strange and terrible menace of the Sleer. But if Bod leaves the graveyard, then he will come under attack from the man Jack--who has already killed Bod's family. . . . By turns macabre, uplifting, sinister, and heartwarming, Neil Gaiman's #1 national bestseller is an ingenious reimagining of Rudyard Kipling's classic adventure *The Jungle Book*. Called a "novel of wonder . . . a tale of unforgettable enchantment" by

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the New York Times Book Review, The Graveyard Book has captivated readers of all ages with its timeless meditation on love, loss, survival, and sacrifice . . . and what it means to truly be alive.

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